

Change Partners

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MUSIC: REXL Record (out of print) or VIC DAMONE or
CASA Musica BEST OF PART 3 (Vol. 8) Track 11 or
Linger Awhile w/ Vic Damone / My Baby Loves to Swing Track 4
RHYTHM: Slow Foxtrot **TIME @ BPM:**
PHASE (+): VI
FOOTWORK: Opposite unless indicated
SEQUENCE: **Introduction A A B A (1-10) Ending**

Introduction

1 – 8 Raise Arms; ; Lower L Arms; Lower R Arms; Slow Rocks L & R; Rock QOS; Rock R, -, Chasse Transition (Lady Rolls LF); Feather Ending;

- 1 - 2 [Raise Arms (SS; SS)] Standing in Shadow Position facing WALL Man behind and slightly to L of Woman, Woman with hands at her sides and Man lightly touching Woman's hands, on the first beat of music slowly raise arms to shoulder height over two measures; ;
- 3 – 4 [Lower Arms (SS; SS)] Lower L arms gently folding L arms around Woman's waist; Repeat with R;
- 5 - 6 [Slow Rocks; Quick Rocks (SS; QOS)] Rock L, -, rock R, -; Rock L, rock R, rock L and hold;
- 7 [Rock and Chasse Roll Transition (SQ&Q)] Rock R checking, -, releasing W side L towards LOD / close R to L, side L preparing for SCP facing LOD;
[W: Rock R checking, -, roll LF stepping L then R turning either 3/8 to face LOD preparing for SCP, or turning one full turn (side L turn LF 1/4, side R spiral LF 3/4);]
- 8 [Feather Ending (SQQ)] Thru R do NOT grab Woman, -, side L with left side leading, blending to Banjo forward R outside partner;
[W: Forward L turning LF and present R hand to Man, -, side and back R with right side leading, back L in Banjo;]

Part A

1 – 8 Closed Hover; Tumble Turn; Feather Finish; Double Reverse Spin; Reverse Wave; Check, -, Weave 2; Reverse Turning Swivel, -, Pickup, Close; Right Lunge, -, Recover, Slip;

- 1 [Hover (SQQ)] In CP \ DW forward L, -, side and slightly forward R rising [W: brushes R to L], side and slightly back L towards COH \ CP
- 2 [Tumble Turn (SQ&Q)] Back R toward COH commence LF turn, -, back and slightly forward L pointing DC / forward R in Banjo on toes with knees soft then rise with L leg held back, diagonally forward L wide step then pivot LF on ball of L lowering at end of turn in CP backing LOD;
[W: Forward L, -, side and slightly back R / back L in Banjo on toes with knees soft then rise allowing R to brush to L, side and slightly back R pivot LF on ball of R lowering at end of turn;]
- 3 [Feather Finish (SQQ)] Back R toward LOD commence LF turn, -, side L towards DW, forward R in Banjo;
- 4 [Double Reverse Spin (SQQ&)] Forward L towards DW and blending to CP rising commence LF turn, -, side around partner R [W: heel turn] now backing DW, spin LF on ball of R / lowering at end of turn to end in CP facing DW;
[W: (SQQ&) Back R toe to heel and nearly straighten legs leaving feet flat, -, close L to R and turn on heel of R to face DW then transfer weight to the flat of the L foot, continue LF turn side R toe pointing DC body tracking Man's turn /continue LF turn step L XIF of R toe heel;]

- 5 - 6 [Reverse Wave; Check & Weave 2 (SQQ; SQQ)] Forward L toward DW rising commence LF turn, -, side and around partner R [W: heel turn], back L towards DW; Check back R, -, forward L, side R towards DC body backing LOD and preparing to step back with partner outside;
- 7 [Reverse Turning Swivel, Pickup, Close (QQS; QQS)] Commence to swivel LF on ball on R then step back L in Banjo towards DC and continue LF swivel on ball of L and turning to SCP facing LOD, -, thru R rising with strong L sway, close L nearly to R lowering in CP \ LOD with sway to L; [W: Allow man to commence LF swivel then step forward R in Banjo towards DC and keep foot still turn the body LF to SCP facing LOD, -, thru L rising and leaving R leg back and head to R, turning LF to a closed body position with head still to R step side and back R to end in CP with head to R;]
- 8 [Right Lunge, Recover, Slip (SQQ)] Lowering into L knee lunge side & forward R toward DW leaving L extended and sharply change sway to R and look at partner, - recover L rising, slip R back small step to CP \ DC;

9 - 16 Reverse Turn; ; Three Step; Natural Turn; Hesitation Change; Open Telemark; Natural Weave; ;

- 9 - 10 [Reverse Turn (SQQ; SQQ)] Forward L toward DC and blending to CP rising commence LF turn, -, side and around partner R [W: heel turn], back L towards LOD; Back R commence LF turn, -, side and forward L pointing DW body turns less, forward R left side leading and outside partner in Banjo;
- 11 [Three Step (SQQ)] Forward L towards DW, -, forward R between partner's feet with slight right side leading heel lead and then rising to toe, forward L;
- 12 [Natural Turn (SQQ)] Forward R between partner's feet rising commence RF turn, -, side and around partner L [W: heel turn], back R down LOD in CP;
- 13 [Hesitation Change (SS)] Back L commence RF turn no rise, -, side R turning to face DC, draw L to R;
- 14 [Open Telemark (SQQ)] Forward L rising commence LF turn, -, side and around partner R [W: heel turn] now backing LOD, continue LF turn side and forward L toward DW left side leading turning to SCP
- 15 - 16 [Natural Weave (SQQ; QQQQ)] Thru R commence RF turn, -, side and back L blending to CP backing LOD, diagonally back R with right side leading toward DC; Back L in Banjo, back R down LOD and blending to CP, side and forward L pointing DW body turns less, forward R left side leading and outside partner in Banjo \ DW;

Part B

1 – 15 Change of Direction; Traveling Contra Check; Big Top; Reverse Wave; ; Heel Pull, Curved Father; Back Feather; Feather Finish;

- 1 [Change of Direction (SS)] Blending to CP forward L commence LF turn, -, side R turning to CP facing DC, -;
[W: may open head after the first step and leave it open until after the first step of next figure.]
- 2 [Traveling Contra Check (SQQ)] Forward L bringing left side forward and sway to right, -, close R to L then rise, turning to SCP facing DC side and forward L;
- 3 [Big Top (SQQ)] Thru R toward DCR commence LF turn, -, rising quickly to ball of R and leaving L leg trailing spin LF to face WALL then back L toward COH, back and side R to end in CP facing DW;
[W: Thru L commence strong LF turn, -, rising over L and closing to partner back and around R then spinning on ball of R to face LOD brush L to R and come to CP, forward and side L to end in CP backing DW;]
- 4 - 5 [Reverse Wave (SQQ; SQQ)] Forward L toward DW and blending to CP rising commence LF turn, -, side and around partner R [W: heel turn], back L towards DW; Back R commence slight LF turn, -, back L down LOD with slight left side leading, back R;

- 6 [Heel Pull, Curved Feather (QQQQ)] Back L commence strong RF turn, pull R foot toward then past L foot to step side R facing nearly LOD and correcting sway, swinging L side strongly forward step forward L with a strong turn to the R toward WALL, continue RF turn to step forward R outside partner to end in Banjo facing DWR;;
- 7 [Back Feather (SQQ)] Back L, -, back R with right side leading, back L in Banjo \ DC;
- 8 [Feather Finish (SQQ)] Blending to CP back R commence LF turn, -, side and forward L pointing DW body turns less, forward R left side leading and outside partner in Banjo;

Ending

1 - 13 Left Feather; -, -, Hover Corte; -. -. Heel Pull Sidecar; Inverted Swivel, -, Link to SCP; Reverse Twirl Vine SQQ; Forward, -, Thru, -; Face, -, Explode LOP, -, Lunge Apart, -; Roll Transition to Shadow; Slow Rocks L & R; Rock OOS; Rock R, -, Woman Rolls LF to Shadow; Walk Off (L, R, L, R....).

- 1 - + [Left Feather (SQQ; QQ)] Blending to CP \ DW forward L, -, diagonally forward R with right side leading, forward L in Sidecar; Side and back R with right side leading toward DW, back L in Banjo,
- 2 - + [Hover Corte (S; QQ)] Back R toward LOD wide step and blending to CP, -; Side and forward L pointing DW rising leaving R leg extended back, recover diagonally back R toward DCR;
[W: Forward L toward LOD wide step blending to CP, -; Side and back R rising brush L to R, side and slightly forward L with left side leading toward DCR;]
- 3 [Heel Pull (QQ)] Back L in Banjo, side and slightly forward R toward DWR preparing to step in Sidecar;
- 4 [Inverted Swivel, Link to SCP (SQQ)] Forward L in Sidecar then swivel LF to Banjo, -, forward R toward DW in Banjo rising on R leaving L extended behind, forward L in SCP \ LOD;
[W: Back L in Sidecar then swivel LF to Banjo, -, back L in Banjo rising on L and swiveling RF on L brush R to L, forward R in SCP;]
- 5 [Reverse Twirl 3 (SQQ)] Thru R releasing R arm from Woman's back and raising L hand, -, side L turning body RF, back R XIB of L;
[W: Thru L, -, side R down LOD then spiral LF 7/8, continue LF turn forward L down LOD;]
- 6 - 7 [Forward, Thru; Face; Explode (SS; SS)] Forward L in SCP, -, thru R, -; Turning partner to face you close L to R, -, releasing R hand from woman's back explode side R toward RLOD in LOP, -;
[W: Forward R, -, thru L, -; Turning LF to face man small step side R, -, continue LF turn to face WALL then explode side L toward LOD in LOP, -;]
- 8 [Roll Transition to Shadow (SS)] Recover L, -, Rock side R in Shadow WALL, -;
[W: (QOS) Recover side R commence RF roll, side L toward RLOD, roll RF side R in Shadow WALL, -;]
- 9 - 10 [Slow Rocks; Quick Rocks (SS; QOS)] Repeat measure 5 & 6 from Introduction.
- 11 [Rock & Roll (SQQ)] Rock R checking, -, side L releasing Woman, forward R toward LOD;
[W: Rock R checking, -, side L commence LF turn, side R down LOD spiral LF 7/8;]
- 12 - 13 [Walks (SS; SS)] Blending to Shadow DW walk forward L, -, R, -; L, -, R, -; as music fades.