

YOU NEEDED ME

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MUSIC: CD - Anne Murray Fifteen of the Best - "You Needed Me" Track #2

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SEQUENCE: Intro, A, B, Bridge, C, A, B, Ending **FOOTWORK:** Described for M - W opp (or as noted)

RHYTHM: Slow Two-Step **PHASE:** V+2

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INTRO

1 - 4 WAIT; WAIT; 2 SHADOW RIGHT TURNS;

- 1-2 - Wait 2 measures in SHADOW POS FCING LOD R foot free for both pointed back twd RLOD L hands joined in front of M w/M's R hand on W's R shoulder blade & W's R arm extended out to side twd WALL;
- 3 - Fwd R,-, fwd L comm RF trn loop L arms over W's head, cont slight RF trn bk R lower L hands in front of W;
- 4 - Bk L joining R hands behind M's back & releasing L hands,-, trng RF sd R taking R arms over W's head, cont slight RF trn fwd L joining L hands and releasing R hands;

5 - 8 FWD 3 FC WALL; LUNGE BASIC; ROLL R TO FC M 2 SLOW; SD DRAW TCH TO LOW BFLY;

- 5 - Fwd R,-, fwd L, fwd R trng slightly RF;
- 6 - Sd L to fc WALL flexing knee as you place hands on W's waist,-, rec R, fwd & across L twd RLOD;
- SS 7 - Comm RF trn fwd R,-, fwd L trng $\frac{3}{4}$ RF to fc ptr & WALL (comm RF trn fwd R,-, fwd L trng $\frac{3}{4}$ RF, cont RF trn
- (SQQ) fwd R to fc ptr & COH) to end M FCING ptr & WALL;
- S- 8 - Sd R twd LOD,-, draw L to R & touch to LOW BFLY POS FCING WALL,-;

PART A

1 - 4 TWISTY BASIC; TRAVELING CROSS CHASSE; ALTERNATING PASSES 3;

- 1 - Trng slightly RF sd L,-, XRIB of L, rec L (trng slightly RF sd R,-, XLIF of R, rec R) to end low BFLY fcng DRW;
- 2 - Trng LF sd R,-, XLIF of R, rec R (trng LF sd L,-, XRIF of L, rec L) to end low BFLY M fcng DLW;
- 3 - Trng LF fwd L LOD,-, cont LF trn sd & fwd R twd DLW, XLIF of R (trng LF bk R LOD,-, cont LF trn sd & bk L twd DLW, XRIF of L) to end low BFLY M FCING DLC;
- 4 - Trng RF fwd R LOD,-, fwd & sd L cont RF trn, XRIF of L (trng RF sd & slightly bk L twd WALL,-, cont RF trn small sd & fwd R, cl L to R) to end low BFLY M fcng DRW;

5 - 8 (CONT PASSES); 2 BACK TRAVELING CROSS CHASSES; TO FACE WALL;

- 5 - Trng RF sd & slightly bk L twd WALL leading W to pass by,-, cont RF trn sd & fwd R, cl L to R (trng RF fwd R LOD,-, fwd & sd L cont RF trn, XRIF of L) to end low BFLY M fcng DLC;
- 6 - Trng RF fwd R LOD,-, fwd & sd L cont RF trn, XRIF of L (trng RF sd & slightly bk L twd WALL,-, cont RF trn small sd & fwd R, cl L to R) to end low BFLY fcng DRW;
- 7 - Sd & bk L trng RF,-, cont slight RF trn sd & bk R twd DLC, XLIF of R (trng RF fwd R,-, cont slight RF trn sd & fwd L twd DLC, XRIF of L) to end M FCING DRC;
- 8 - Sd & bk R trng LF,-, cont LF trn to fc WALL sd & bk L, XRIF of L (trng LF fwd L,-, cont LF trn sd & fwd R, XLIF of R) to end BFLY WALL;

9-12 UNDERARM TURN TO HANDSHAKE; OPEN BREAK TO STACK HANDS;

CROSS HAND UNDERARM TURN TO; OPEN RONDE LADY LARIAT;

- 9 - Sd L,-, bk R, rec L (sd R,-, fwd & across L trng RF under joined R hands, fwd R cont RF trn to fc M);
- 10 - Joining R hands sd R,-, apart L extending L arm out to sd, rec R;
- 11 - Sd L raising R hands & joining L hands low,-, bk R taking R arm over W's head, rec L taking L arm over W's head (sd R,-, fwd & across L trng RF first under joined R hands, then L hands fwd R cont RF trn);
- S- 12 - Sd & fwd R soften knee & lead W w/R hand low to turn & ronde,-, hold while leading W to lariat around you
- (SQQ) taking L arm over head (sd & fwd L trng $\frac{1}{2}$ RF as you ronde R ft CW to fc WALL,-, XRIB of L, sd L behind M);

13-18 M RISE & CLOSE; SLOW FWD 2 LADY SPIRAL; $\frac{1}{2}$ OPEN LUNGE BASIC w/M'S HEAD LOOP; SIDE PROMENADE SWAY; SLOW CHANGE TO OVERSWAY; FALLAWAY RONDE & SLIP;

- Q 13 - Comm to rise straightening R leg taking R arm over head,-, drawing L to R, cl L to R (fwd & across R,-, fwd L,
- (SQQ) fwd R) to end M fcng WALL w/W in front of M fcng RLOD;
- SS 14 - Sd & fwd R leading W under R hands,-, fwd & across L twd RLOD (fwd L, spiral $\frac{7}{8}$ RF, cont RF trn fwd R,-;
- 15 - Sd R to fc WALL flexing knee scooping ptr up w/R arm while taking L arm over head & release,-, rec L, fwd & across R twd LOD to end $\frac{1}{2}$ OPEN FCING LOD;
- S- 16 - Sd & fwd L joining lead hands,-, lift body upward & stretch R sd to look over joined lead hands to SCP LOD,-;
- 17 - Relax L knee keeping R leg extended with slight LF upper body rotation,-, stretch L sd swiveling W's R ft to CP look twd & over W (head well to L) now in CP DLW,-;

- 18 - Sd & bk R trng slightly RF leading W to ronde as you ronde L ft CCW,-, XLIB of R underneath body rising and trng LF to trn W square (trn LF on R toe to CP), bk R (fwd L) to CP DLC;

PART B

1 - 4 START TRIPLE TRAVELER;; BOTH ROLL IN; RONDE OPEN VINE;

- 1 - Trng LF sd & fwd L LOD,-, cont LF trn fwd & sd R raise joined lead hands & release ptr from trailing arm, fwd & across L (trng LF sd & bk R,-, cont LF trn fwd & sd L, fwd R cont trng LF under joined lead hands to fc M);
- 2 - Fwd & sd R, spiral 7/8 LF under joined lead hands, fwd L comm to bring lead hands down, fwd R cont to sweep lead hands down & back (fwd & sd L shaping RF to M,-, fwd & across R, fwd & sd L);
- 3 - Fwd L,-, fwd R trng LF, cont LF trn fwd L;
- 4 - Fwd R LOD trng ½ LF releasing lead hands to join trailing hands as you ronde L ft CCW (R ft CW) to brief OPEN POS FCING RLOD,-, bk L, trng RF sd & fwd R releasing trailing hands;

5 - 8 SPIRAL & ROLL TO FACE SHAKE HANDS; OPEN BREAK; TRADE PLACES 3 TIMES;;

- 5 - Fwd L, spiral 7/8 RF, fwd R comm RF trn, fwd L trng ¾ RF to fc ptr & COH;
NOTE: Spiral action can be omitted making this measure an easier ¾ RF roll to fc ptr.
- 6 - Joining R hands sd R,-, apart L extending L arm out to sd, rec R;
- 7 - Pull by ptr releasing R hand hold passing R shoulders fwd L trng ½ RF,-, join L hands apart R extending R arm out to sd, rec L;
- 8 - Pull by ptr releasing L hand hold passing L shoulders fwd R trng ½ LF,-, join R hands apart L extending L arm out to sd, rec R;

9 - 12 ON THE 3RD HANG ON w/LADY INSIDE TURN; SHADOW BREAK 3 TIMES;; ON THE 3RD TO VARSOUVIENNE LINE;

- 9 - Pull by ptr raising joined R hands to lead W under fwd L trng ½ RF,-, sd & slightly fwd R twd RLOD, XLIF of R;
- 10 - Trng slightly LF sd R,-, XLIB of R, rec R to OPEN "V" POS w/handshake FCING LOD;
- 11 - Trng slightly RF sd L,-, XRIB of L, rec L to OPEN "V" POS w/handshake FCING RLOD;
- 12 - Trng LF sd R raising joined R hands over W's head,-, joining L hands XLIB of R, rec R to VARSOUVIENNE POS FCING LOD;

13-16 FWD LADY ROLL OUT; FWD LADY FREE ROLL IN; OPEN BASICS;;

- 13 - Fwd L,-, release L hands leading W w/R hand to roll RF fwd R, fwd L (fwd R,-, fwd L/spiral 7/8 RF, cont RF trn fwd L) to end w/R hands joined in front of W fcng LOD;
- 14 - Fwd R,-, leading W w/R hand to roll LF & then release fwd L, fwd R (fwd L,-, fwd R/spiral 7/8 LF, cont LF trn fwd L) to end nothing touching in OPEN "V" POS FCING LOD;
- 15 - Trng RF sd L scooping ptr up w/L arm to V-shape LEFT ½ OPEN POS FCING RLOD,-, XRIB of L, rec L;
- 16 - Trng LF sd R release ptr from lead arm & scooping ptr up w/R arm to V-shape ½ OPEN POS FCING LOD,-, XLIB of R, rec R comm RF trn;

17-18 2 SWITCHES;;

- 17 - Fwd L DLW changing sides & sharply trng RF scooping ptr up w/L arm,-, fwd & sd R, fwd & across L (fwd R,-, fwd & sd L, fwd & across R) to end in V-shape LEFT ½ OPEN POS FCING LOD;
- 18 - Fwd R leading W across & scooping ptr up w/R arm,-, fwd & sd L, fwd & across R (fwd L DLW changing sides & sharply trng RF,-, fwd & sd R, fwd & across L) to end in V-shape ½ OPEN POS FCING LOD;

BRIDGE

1 - 2 BASIC TO BFLY; REVERSE UNDERARM TO WRAP LINE M IN 2 (R FOOT);

- 1 - Trng slightly RF sd L,-, XRIB of L, rec L to end BFLY WALL;
 - 2 - Sd R,-, lead W to trn under lead hands tch L to R maintain trailing hands, trng slightly LF sd & fwd L (sd L,-, fwd & across R trng LF under joined lead hands, cont LF trn sd & fwd L) to end in WRAP POS FCING DLW;
- NOTE:** Next 16 measures of Part C are danced with same footwork.

PART C

1 - 4 FORWARD 3; 2 SWEETHEART BREAKS;; WALK 2 (PREPARE FOR);

- 1 - Fwd R,-, fwd L, fwd R;
 - 2 - Fwd & sd L LOD trn ¼ RF,-, XRIB of L, rec L to end in LEFT WRAP POS FCING DRW;
 - 3 - Fwd & sd R RLOD trn ¼ LF,-, XLIB of R, rec R to end in WRAP POS FCING DLW;
- SS** 4 - Fwd L,-, fwd R toeing out starting to move in front of W,-;

5 - 8 SWEETHEART SWITCH; LADY ACROSS M (FC WALL); 2 LUNGE BASICS; TO FACE LINE;

- 5 - Fwd L twd DLW trn sharply RF to L wrap pos fcng COH,-, cont RF trn small sd R twd LOD leading W to step further sd, cont RF trn small fwd & across L completing $\frac{3}{4}$ RF trn allowing W in front of you to end having changed sides in LEFT WRAP POS FCING DLC;
- 6 - Cont slight RF trn fwd R leading W in front,-, sd & fwd L, fwd R comm RF trn (cont slight RF trn sd & fwd R in front of M,-, fwd L, fwd R comm RF trn) to WRAP POS FCING DLW;
- 7 - Cont RF trn sd L to fc WALL flexing knee as you place hands on W's waist,-, rec R, fwd & across L;
- 8 - Trng slightly LF sd R to fc WALL flexing knee,-, rec L, fwd & across R twd LOD releas hands from W's waist;

9 - 13 SOLO ROLL 6;; FWD 3 TO SHADOW; 2 SHADOW RIGHT TURNS;;

- 9 - Comm LF trn fwd L,-, fwd R cont LF trn, cont slight LF trn bk L to fc RLOD;
- 10 - Bk R LOD,-, trng LF sd L, cont slight LF trn fwd R starting to blend to SHADOW POS LOD;
- 11 - Fwd L,-, fwd R, fwd L now in SHADOW POS FCING LOD as in start of dance;
- 12 - Fwd R,-, fwd L comm RF trn loop L arms over W's head, cont slight RF trn bk R lower L hands in front of W;
- 13 - Bk L joining R hands behind M's back & releasing L hands,-, trng RF sd R taking R arms over W's head, cont slight RF trn fwd L joining L hands and releasing R hands;

14-18 UNDERARM ROLL R; SLOW X LUNGE & EXTEND;; SLOW REC & FACE LADY RIFF TURN; BASIC ENDING TO LOW BFLY;

- 14 - Fwd R,-, fwd L trng $\frac{1}{2}$ RF as L arm loops over W's head, cont RF trn sd & fwd R taking joined L hands down behind M's back;
- S-** 15 - Lower well in R knee fwd & across L LOD,-, comm to extend R arm out to sd toward LOD,-;
- 16 - Cont to raise R arm up to shoulder level and on the last slow push hips forward to get further extension;
- SS** 17 - Rec R,-, sd & bk L toe pointing DRC and swivel $\frac{1}{2}$ LF as L arm swings up and over W's head again & release (rec R,-, sd & bk L toe pointing DRC/spin LF 1 full trn, cl R to L);
- (SQQ)** 18 - Sd R,-, XLIB of R, rec R to low BFLY POS WALL;

PART A**PART B****ENDING****1 - 4 SQUARE $\frac{1}{2}$;; 2 SWITCHES;;**

- 1 - Fwd L trng RF moving in front of W,-, sd R twd COH, XLIF of R (fwd R,-, sd L twd COH, XRIF of L) to end in V-shape LEFT $\frac{1}{2}$ OPEN POS FCING COH;
- 2 - Fwd R,-, sd L twd RLOD, XRIF of L (fwd L trng RF,-, moving in front of M,-, sd R twd RLOD, XLIF of R) to end in V-shape $\frac{1}{2}$ OPEN POS FCING RLOD;
- 3 - Fwd L DRC changing sides & sharply trng RF scooping ptr up w/L arm,-, fwd & sd R, fwd & across L (fwd R,-, fwd & sd L, fwd & across R) to end in V-shape LEFT $\frac{1}{2}$ OPEN POS FCING RLOD;
- 4 - Fwd R leading W across & scooping ptr up w/R arm,-, fwd L & sd, fwd & across R (fwd L DRC changing sides & sharply trng RF,-, fwd & sd R, fwd & across L) to end in V-shape $\frac{1}{2}$ OPEN POS FCING RLOD;

5 - 8 SQUARE $\frac{1}{2}$;; START TRIPLE TRAVELER; M OVERTURN IN FRONT TO;

- 5 - Fwd L trng RF moving in front of W,-, sd R twd WALL, XLIF of R (fwd R,-, sd L twd WALL, XRIF of L) to end in V-shape LEFT $\frac{1}{2}$ OPEN POS FCING WALL;
- 6 - Fwd R,-, sd L twd LOD, XRIF of L (fwd L trng RF moving in front of M,-, sd R twd LOD, XLIF of R) to end in V-shape $\frac{1}{2}$ OPEN POS FCING LOD;
- 7 - Trng LF sd & fwd L LOD,-, cont LF trn fwd & sd R raise joined lead hands & release ptr from trailing arm, fwd & across L (trng LF sd & bk R,-, cont LF trn fwd & sd L, fwd R cont trng LF under joined lead hands to fc M);
- 8 - Fwd & sd R, spiral $\frac{7}{8}$ LF under joined lead hands, fwd L comm to bring lead hands down, cont to sweep hands bk & up fwd R trng LF in front of W (fwd & sd L shaping RF to M,-, fwd & across R, fwd L) to CP RLOD;

9 - 11 THROWAWAY OVERSWAY;;

- S-** 9 - Bk & sd L lead W to step fwd,-, swvl LF on L staying low in L knee w/upper body trng W to CP LOD (strong step fwd & sd R,-, swiveling LF to CP allowing L foot to touch R foot),-;
- 10-11 - Develop the throwaway oversway by trng slightly LF and extend line over next 2 measures by bringing R sd thru to W leaving R ft bk to RLOD (keeping L toe on floor extend L ft bk towards LOD trng head well to L);;

NOTE: Timing is standard SQQ unless noted by side of measure and is reflective of actual weight changes.