

UNA AVENTURA MAS

Choreographers: Michael & Regina Schmidt, Lebensbaumweg 21, 50767 Köln, Germany,
Tel.: 0049 – 221 – 7125029 e-mail: rumsdance@gmx.de

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web: www.rumsdance.de

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Rhythm & Phase: Rumba V +2 (Curl, Rope Spin)

Timing: Q,Q,S except where noted

Sequence: INTRO - A - B - C - A - B - C - A - END

INTRO

1 - 4 WAIT 2;; HIP ROCKS 4Q: SD, CLOSE;

1-4 In tight cuddle pos wait 2 meas;; Rk sd L, rec R, rk sd L, rec R; Sm sd L with strong hip action, -, cl R, - ;

PART A

1 - 4 CURL: FAN: START ALEMANA: AIDA:

1-2 Sm rk fwd L push ptr gently apt, rec R, cl L, - ; Rk bk R, rec L, sd R, - ;

[W (1-2): Big rk bk R to gain distance btw ptrs, rec L, sm fwd R sprl ¾ LF, - ;

Fwd L dwn LOD, fwd R swvl ½ LF, bk L, - ;]

3-4 Rk fwd L, rec R, cl L swvl 1/8 LF, - ; Thru R dwn LOD, fwd L swvl 3/8 RF, bk R, - ;

[W (3-4): Cl R to L, fwd L, fwd R swvl ½ RF, - ; Thru L, fwd R swvl 3/8 LF, bk L, - ;]

5 - 8 ROLL 3: AIDA CHECKIT: FWD TO THE SERPIENTE::*

5-6 Comm LF roll sd L, XRIFL cont LF roll, sd & fwd L twd LOD, - ; Thru R dwn LOD, fwd L swvl 3/8 RF, bk R ck motion, - ;

7-8 Fwd L swvl ¼ LF to FC ptr & WALL take BFLY, sd R, XLib of R, flare RIBL; PI RIBL, sd L, thru R, swvl to FC;

* 3rd time thru omit swvl to FC leaving L in bhnd R for the ending.

PART B

1 - 4 ALEMANA:: ROPE SPIN::

1-2 Rk fwd L, rec R, cl L raise ld hnds, - ; Rk bk R (ld W trn RF udr jnd ld hnds), rec L, cl R, - ;

[W (1-2): Prep trn uder jnd ld hnds swvl 1/8 RF on R step fwd L, swvl RF ½ on L fwd R, trn to fc M sm fwd L to his R sd, sprl RF;]

3-4 Push sd L, rec R, cl L, - ; Rk bk R, rec L, sm sd R, - ;

[W (3-4): Fwd L, fwd R, fwd L, - ; Fwd R, fwd L, fwd R, -; all stps are taken on a CW circ arnd man]

5 - 8 BACK BREAK TO OP BOTH SPRL: AIDA: SWITCH CROSS: SD WALK:

5-6 Swvl ¼ LF bk L, rec R, fwd L, sprl RF; Fwd R, fwd L swvl ½ RF, bk R, - ;

7-8 Swvl ¼ LF step sd L, rec R to BFLY, XLIFR, - ; Sd R, cl L, sd R to CP, - ;

PART C

1 - 4 CUDDLES TWICE::* CUDDLE LADY SPRL: FAN:

1-2 Push sd L, rec R, cl L, plcg L hnd on W R shldr blade; Push sd R, rec L, cl R, plcg R hnd on W L shldr blade;

[W (1-2): Swvl ¼ RF bk R, rec L swvl to FC, sm sd R, - ; Swvl ¼ LF bk L, rec R swvl to FC, sm sd L, - ;]

3-4 Push sd L, rec R offer L hnd over hd level, cl L, - ; Rk bk R, rec L, sd R, - ;

[W (3-4): Swvl ¼ RF bk R, rec L fc LOD, fwd R, sprl LF; Fwd L dwn LOD, fwd R swvl ½ LF, bk L, - ;]

*We prefer the Cuddles opng only ¼ (not more than 3/8) leaving ptrs in an angle slightly shaped twd each other. However, RAL suggests ½ trns for the lady.

PART C CONT.

5 - 8 ALEMANA OVERTURNED TO SHDW:: FWD BREAK: CUCARACHA CROSS:

5-6 Rk fwd L, rec R, sm sd L, - ; Rk bk R, rec L, sm fwd R take L hnds, - ;
[W (5-6): Cl R, fwd L, fwd R trn ¼ RF to FC, - ; Thru L swvl RF, fwd R swvl RF to fc ptr, fwd L swvl ½ RF to SHDW
slightly offset to the R, - ;]

7-8 In SHDW L hnds jnd R hnd on ptrs shldr rk fwd L trn upper body slightly RF, rec R, XLib of R, - ; Push sd R, rec L,
XRIFL to SHDW POS, - ;
[W (7-8): Rk bk R, rec L, XRIFL, - ; Push sd L, rec R, XLib of R to SHDW POS, - ;]

9 SLOW FWD BREAK:

9 (ss) In SHDW L hnds jnd R hnd on ptrs shldr rk fwd L trn upper body slightly RF, -, rec R, - ;
[W (9): Rk bk R, -, rec sd & fwd L swvl ½ LF to fc ptr, - ;]

END*

1 - 4 RONDE; CURL TO SDHW; CUCARACHA; LUNGE APART:

1-2 Ronde L slowly from bhnd udrneath body and swvl to FC & low BFLY; Rk fwd L, rec R, cl L, - ;
[W(1-2): Ronde R slowly from bhnd udrneath body and swvl to FC & low BFLY; Rk bk R, rec L, sm fwd R swvl ½ LF to
SDHW, - ;]
3-4 Let go of hnds push sd R look at ptr, rec L, cl R, - ; Lunge sd & bk L twd LOD trn upper body RF twd ptr offer ld hnd to
stabalize pos, extend - - -;
[W (3-4): Let go of hnds push sd R look at ptr, rec L, cl R, - ; Lunge sd & bk R twd RLOD trn upper body LF twd ptr take
ld hnd to stabalize pos, extend - - -;]

*Describing the ending we stayed in measures although the music slows down considerably. See head cues.

Suggested Head Cues

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Sequence: INTRO A B C A B C A END

INTRO (tight Cuddle Pos) Wait 2;; Hip Rks 4q; Slow SD & Close;

PART A Curl; Fan; Start the Alemana into; Aida;

Roll 3; Aida Checkit; Fwd to a Serpiente;;

PART B Alemana;; Rope Spin;;

Back Break Both Spiral into; Aida; Switch Cross; SD Walk to CP;

PART C Cuddles 3;; Lady Spiral to Fan;

Alemana Overturned to SHDW;; Fwd Break; Cucaracha Cross;

Slow Fwd Break Lady Trns to FC;

END Slow Ronde – Very Slow Curl to SHDW – Very Slow Cucaracha – SD Lunge