

NEW CREATION

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CD Music: New Creation™ by Mac Powell, Album New Creation
MP3 Download: Available through Amazon:
https://amazon.com/music/player/albums/B09B4G934R?marketplaceId=ATVPDKIKX0DER&musicTerritory=US&ref=dm_sh_usMMQpWiI0uLCHDUW6a1LQtxc&trackAsin=B09B4H7GB2
YouTube Audio: <https://youtu.be/K2q-j0L9mMc>
Video: <https://youtu.be/3h3ofShQuQk>
Rhythm/Phase: West Coast Swing. ROUNDALAB Phase V+0+3 Unph (Sugar Push w/ Lady's Inside Out Turn, Scissor Breaks, Slingshot w/ Lady's Inside Trn)
Footwork: Opposite, directions for M (except where noted) **Difficulty:** Average
Download Time: 3:03 @ 100% Download Speed **Released:** November 2022, Rev 02 3/21/23
Sequence: Intro, A, B, C, Amod, C, D, B, Brk, C, C, D, B

INTRO

[R HND LOD] WAIT; WAIT;

1-2 Wait 4 pickup notes in RT HND SHK FCG LOD;

PART A

[R HND LOD] SUGAR PUSH w/ Lady's INSIDE OUT TURN;; WRAPPED WHIP;;

1 12-4 {**Sugar Push w/ Lady's Inside Out Turn**} Bk L, bk R, tap L slightly fwd of R raising joined R hnds to trn W LF Placing L hnd on W's L shldr, fwd & sd L out of slot (*W fwd R, fwd L comm 1/2 LF trn, tch R to L comp trn, fwd R*) to TANDEM LOD;
2 123&4 Fwd R, fwd L ckg, anchor bk R/rec L, bk R (*W fwd L comm RF trn under joined R hnds, fwd R cont RF trn, comp 1-1/2 RF trn to fc M anchor bk L/rec R, bk L*) join lead hnds fc LOD;
3-4 123&4 {**Wrapped Whip**} Bk L to dbl handhold raising joined lead hnds and leading W fwd, XRIF moving twd W's right sd, swvl 1/4 RF on R ft sd L/rec R trn 1/4 RF, fwd L lowering joined lead hnds to end wrapped pos on W's left sd; XRIB comm RF trn, sd & fwd L comp 1/2 RF trn to fc ptr in LOP, anchor bk R/rec L, bk R (*W fwd R, fwd L, fwd R passing under joined lead hands/cl L, bk R to end in WRAP POS; Bk L, bk R, anchor bk L/rec R, bk L*) to LOP LOD;

[LOP LOD] EXTENDED UNDERARM TRN to fc RLOD;;

5-6 123&4 {**Extended Underarm Trn to fc RLOD**} Bk L raising joined lead hands and leading W to pass M's right side, 123&4 XRIF to W's right side comm RF trn, sd L/rec R, sd & fwd L comp 1/2 RF trn; Fwd R, fwd L ckg, anchor bk R/rec L, bk R (*W fwd R, fwd L comm LF trn, sd R cont trn /XLIF cont trn, bk R comp 1/2 LF trn to fc ptr; bk L, bk R, anchor bk L/rec R, bk L*) to LOP RLOD;

PART B

[LOP RLOD] LT SD PASS w/ Man's SPIN;; UNDERARM TRN w/ Man's HOOK TRN to TANDEM LOD ~ Lady's HAND on SHLDR;; WALK AROUND in 4 to RT HND SHAKE;

1-3 123&4;5&6 {**Left Side Pass w/ Man's Spin**} Bk L comm LF trn, sml bk R out of slot comp 1/4 LF trn leading W to pass M's left side, sd L/rec R, fwd L trng 1/4 LF; Fwd R comm LF trn/fwd L cont LF spin, bk R comp LF spin fc LOD (*W fwd R, fwd L comm LF trn, sd R cont turn/XLIF cont trn, bk R comp 1/2 LF trn to fc ptr; Anchor bk L/rec R, bk L*),
12;3&45&6 {**Underarm Trn w/ Man's Hook Trn to Tandem LOD ~ Lady's Hnd on Shldr**} Bk L raising joined lead hnds and leading W to pass M's right sd, XRIF to W's right sd comm RF trn; Sd L/rec R, sd & fwd L comp trn, hook R beh L comm RF trn placing W's left hnd on M's left shldr/in pl L comp 1/2 RF trn, sd R slightly to right of W (*W fwd R, fwd L comm LF trn; Sd R cont trn, /XLIF cont trn, bk R comp 1/2 RF trn, sml bk L/rec R bk L placing R hnd on M's left shldr*) to TANDEM LOD;
4 1234 {**Walk Around in 4 to RT Hndshake**} Fwd L comm LF trn, fwd R cont LF trn, fwd L cont LF trn, fwd R comp full LF trn (*W fwd R fwd L comm LF trn, fwd R comp 1/2 LF trn to FC ptr, in place L*) to LOP LOD in RT HND SHAKE;

NEW CREATION

Dance by Dawn Mee

PART C

[R HND LOD] START LEFT SD PASS ~ Man in 4 to SCISSOR BREAKS;; WALK AROUND HALF in 4 to FC LOD;

SCISSOR BREAKS;

- 1-2 1234 {**Start Left Sd Pass ~ Man in 4 to Scissor Breaks**} Bk L comm trng LF, bk R trng LF step out of slot, sd L, (123&4) fwd R with trail hnd lead W LF 1 full turn to VARS (*W fwd R, fwd L comm LF trn, cont LF trn fwd R/fwd L, 1&2 3&4 fwd R*) end VARS LOD both L ft free; Fwd L/swvl cl R to L to fc LOD, fwd L, fwd R/swvl cl L to R to fc RLOD, fwd R to end VARS RLOD both L ft free;
- 3 1234 {**Walk Around in Half in 4 to LOD**} Fwd L comm LF trn fwd R cont LF trn, fwd L cont LF trn, fwd R comp 1/2 LF trn to fc LOD;
- 4 {**Scissor Breaks**} Fwd L/swvl cl R to L to fc RLOD, fwd L, fwd R/swvl cl L to R to fc LOD, fwd R to end VARS LOD both L ft free;

[VAR LOD] TRIPLE UNDER to RT HND STAR ~ LADY in 2 to 2 FWD TRIPLES w/ RK REC;;

2 BK TRIPLES w/ RK REC & ANCHOR to RT HND SHAKE;;

- 5-6 1&2 3&4 {**Triple Under to RT Hnd Star ~ Lady in 2 to 2 Fwd Triples w/ Rk Rec**} In place L leading W to comm RF trn under L hnds to fc ptr/in place R, in place L to right hnd star fcg COH, sd R/cl L, sd R trn 1/2 RF to left hnd star fcg WALL (*W fwd L comm LF trn under M's R hnd, bk R comp 1/2 LF trn to right hnd star fcg WALL, sd L/cl R, sd L trn 1/2 RF to left hnd star fcg COH*);
- 1&2 34 Sd L/cl R, sd L trn 1/2 LF to right hnd star fcg COH, rk sd R, rec bk L comm RF trn (*W sd R/cl L, sd R trn 1/2 LF to, right hnd star fc WALL, rk sd L, rec fwd R comm RF trn*) in RT HAND STAR;
- 7-8 1&2 3&4 {**2 Bk Triples w/ Rk Rec & Anchor to RT Hndshake**} comp RF trn to left hnd star fcg WALL sd R/cl L, 12 3&4 sd R trn 1/2 LF to right hnd star fc COH, sd L/cl R, sd L trn 1/2 RF to left hnd star fcg WALL; Rk sd R, rec fwd L to fc ptr, anchor bk R/rec L, bk R (*W comp RF trn to left hnd star fcg COH fwd L/cl R, fwd L trn 1/2 LF to right hnd star fcg WALL, sd R/cl L, sd R trn 1/2 RF to left hnd star fcg WALL; Rk sd L, rec bk R to fc ptr, anchor bk L/rec R, bk L*) to RT HND SHAKE LOD;

AMOD

[R HND LOD] SUGAR PUSH w/ Lady's INSIDE OUT TURN;; WRAPPED WHIP;;

- 1-4 Repeat PART A Meas 1-4;;;

[LOP LOD] TUCK & SPIN;;, KICK, BALL CHG; WHIP TRN to RT HND SHAKE;;

- 5-6 12-4;1&2 {**Tuck & Spin**} Bk L, bk R bring right hnd to center leading W to right sd lead, tap L to R with L shldr, fwd L to lead W to spin RF; Anchor bk R/rec L, bk R (*W fwd R, fwd L slight trn LF to tight LOP, tch R to L trn 1/2 RF, fwd R spin 1/2 RF to fc ptr; Anchor bk L/rec R, bk L*) to LOP LOD,
- 1a2 {**Kick Ball Chg**} Kick L foot fwd, cl L on ball to R/cl R to L in place;
- 7-8 123&4 {**Whip Trn**} Bk L, XRIF moving twd W's right sd into loose CP, swvl 1/4 RF on R ft sd L/rec R trn 1/4 RF, 123&4 fwd L to CP; XRIB comm RF trn, sd & fwd L comp 1/2 RF trn to fc ptr in LOP, anchor bk R/rec L, bk R (*W fwd R, fwd L trn 1/2 RF, bk R/cl L, fwd R between M's feet to CP; Swvl 1/2 RF on supporting foot bk L, bk R, anchor bk L/rec R, bk L*) in RT HND SHAKE;

Repeat Part C Join Both Hnds

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PART D

[R HND LOD] SLINGSHOT w/ Lady's INSIDE TRN:: SHADOW TUCK & SPIN EXTENDED to RLOD::

- 1 1-34 {Slingshot w/ Lady's Inside Trn} Bk L trg 1/4 LF, -, sd & bk R soften right knee as you stop W w/right hnd, (1234) rec L (*W fwd R, fwd L comm 1/4 LF trn, cont LF trn sd R soften R knee into lunge line, rec L comm LF trn*);
- 2 12 3&4 Sd & fwd R trng RF to fc LOD releasing trail hnds leading W under joined hnds LF, fwd L, anchor bk R/rec L, (1&2 3&4) bk R (*W fwd R comm LF trn under lead hnds/fwd L cont LF trn, fwd R comp 1-1/2 trn, bk L/cl R, bk L*) to LOP LOD;
- 3-4 12-4 {Shadow Tuck & Spin Extended} Bk L leading W to start LF trn to fc wall taking W's right wrist in right hnd, 123&4 fwd R trng to fc wall, in momentary shadow pos pts sd L, cont trn sml fwd L; Fwd R, fwd L, anchor bk R/rec L, bk R (*W fwd R, fwd L trng LF to fc wall, tch R to L, fwd R comm RF spin twd RLOD; Fwd L comm full RF trn, fwd R comp RF trn, anchor bk L/rec R, bk L*) to fc RLOD;

Repeat Part B LOP LOD

BRK

[LOP LOD] SUGAR KNEE LIFT & PT to RT HND SHAKE:

- 1 12-- {Sugar Knee Lift & Pt} Bk L, bk R, bring L up to right knee chg to RT HND SHAKE, pt L out to sd;

Repeat Part C

Repeat Part C Join Both Hnds

Repeat Part D

Repeat Part B

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HEAD CUES

Intro, A, B, C, Amod, C, D, B, Brk, C, C, D, B

INTRO

[R HND LOD] WAIT; WAIT;

PART A

[R HND LOD] SUGAR PUSH w/ Lady's INSIDE OUT TURN:: WRAPPED WHIP:: EXTENDED UNDERARM TRN to FC RLOD::

PART B

[LOP RLOD] LT SD PASS w/ Man's SPIN:: UNDERARM TRN w/ Man's HOOK TRN to TANDEM LOD ~ Lady's HAND on SHLDR:: WALK AROUND in 4 to RT HND SHAKE;

NEW CREATION

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HEAD CUES (Cont.)

PART C

[R HND LOD] START LEFT SD PASS, Man in 4 to SCISSOR BREAKS;; WALK AROUND HALF in 4 to FC LOD;
SCISSOR BREAKS; TRIPLE UNDER to RT HND STAR ~ LADY in 2 to 2 FWD TRIPLES w/ RK REC;;
2 BK TRIPLES w/ RK REC & ANCHOR to RT HND SHAKE;;

AMOD

[R HND LOD] SUGAR PUSH w/ Lady's INSIDE OUT TURN;; WRAPPED WHIP;; TUCK & SPIN;; KICK, BALL CHG;
WHIP TRN to RT HND SHAKE;;

PART C

[R HND LOD] START LEFT SD PASS, Man in 4 to SCISSOR BREAKS;; WALK AROUND HALF in 4 to FC LOD;
SCISSOR BREAKS; TRIPLE UNDER to RT HND STAR ~ LADY in 2 to 2 FWD TRIPLES w/ RK REC;;
2 BK TRIPLES w/ RK REC & ANCHOR to RT HND SHAKE;;

PART D

[R HND LOD] SLINGSHOT w/ Lady's INSIDE TRN;; SHADOW TUCK & SPIN EXTENDED to RLOD;;

PART B

[LOP RLOD] LT SD PASS w/ Man's SPIN;; UNDERARM TRN w/ Man's HOOK TRN to TANDEM LOD ~ Lady's HAND on SHLDR;;
WALK AROUND in 4 to RT HND SHAKE;

BRK

[LOP LOD] SUGAR KNEE LIFT & PT to RT HND SHAKE;

PART C

[R HND LOD] START LEFT SD PASS, Man in 4 to SCISSOR BREAKS;; WALK AROUND HALF in 4 to FC LOD;
SCISSOR BREAKS; TRIPLE UNDER to RT HND STAR ~ LADY in 2 to 2 FWD TRIPLES w/ RK REC;;
2 BK TRIPLES w/ RK REC & ANCHOR to RT HND SHAKE;;

PART C

[R HND LOD] START LEFT SD PASS, Man in 4 to SCISSOR BREAKS;; WALK AROUND HALF in 4 to FC LOD;
SCISSOR BREAKS; TRIPLE UNDER to RT HND STAR ~ LADY in 2 to 2 FWD TRIPLES w/ RK REC;;
2 BK TRIPLES w/ RK REC & ANCHOR to RT HND SHAKE;;

PART D

[R HND LOD] SLINGSHOT w/ Lady's INSIDE TRN;; SHADOW TUCK & SPIN EXTENDED to RLOD;;

PART B

[LOP RLOD] LT SD PASS w/ Man's SPIN;; UNDERARM TRN w/ Man's HOOK TRN ~ Lady's HAND on SHLDR;
WALK AROUND in 4;