

Moon Ray

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Artist: Laura Ellis
Music: CD: The Latin Mix 9, Track 21, 2:37
Sample and buy from Casa Musica
<https://casa-musica.com/de/single-tracks/35941-moon-ray-rumba-23.html>
Rhythm: Bolero
Phase: V+0+1 (romantic sways)
Difficulty: Easy
Sequence: Intro-A-B-A(1-8)-C-A(1-8)-End Version: 1.0, June 2023

Intro

1-4 WAIT; SHOULDER TO SHOULDER; SYNCOPATED HIP ROCKS TO HANDSHAKE; CONTRA BREAK;

{Wait} BFLY Id ft free wait 1 measure;
{Shoulder to shoulder} Sd L w/ bdy rise, -, XRif (W XLib) lowering to BFLY BJO, bk L trng to fc ptr;
{Sync Hip rocks} Sd R rollg R hip sd & bk, -, rec L rollg L hip/rec R rollg R hip,
rec L rollg L hip to HNDSHK;
{Contra Break} Sd & fwd R w/ R sd stretch, -, sm fwd L w/ R shldr Id, rec R
(W sd & bk L w/ L sd stretch, -, sm bk R w/ L sd Id, rec fwd L);

PART A

1-4 ALTERNATING X-BODY 3x;;; SHADOW NEW YORKER;

{Alternating x-body} Sd & bk L start LF trn, -, bk R cont LF trn, rec L cont LF trn to fc DLC; fwd R, -,
fwd L trn LF, fwd R trn LF to fc WALL; sd & bk L start LF trn, -, bk R cont LF trn, rec L cont LF trn
to fc DLC (W fwd & sd R, -, fwd L trn LF, fwd R trn LF to fc WALL; sd & bk L start LF trn, -, bk R cont LF
trn, rec L cont LF trn to fc DLC; fwd R, -, fwd L trn LF, fwd R trn LF to fc WALL);
{Shadow New Yorker} Still in HNDSHK sd R w/ bdy rise, -, trn ¼ RF (W LF) slp fwd L to LOD lowering,
bk R trn ¼ LF (W RF) to fc COH;

5-8 X-BODY; SHADOW NEW YORKER TO LOP FCG; UNDERARM TURN; REVERSE UNDERARM TURN;

{X-Body} Sd L & bk start LF trn, -, bk R cont LF trn, rec L cont LF trn to fc WALL
(W sd & fwd R, -, fwd L trn LF, fwd R trn LF);
{Shadow New Yorker} Repeat Part A measure 4 to LOP FCG WALL;
{Underarm turn} Sd L w/ bdy rise raise Id hnd, -, XRib lowering, fwd L (W sd R w/ bdy rise comm RF trn
undr jnd Id hnds, -, XLif lowering cont trn ½ RF, fwd R compl RF trn) to LOP FCG WALL;
{Reverse underarm turn} Sd R w/ bdy rise raise Id hnd, -, XLif lowering, bk R
(W sd L w/ bdy rise comm LF trn undr jnd Id hnds, -, XRif lowering cont trn ½ LF, fwd L compl LF trn)
to LOP FCG WALL;

9-12 BASIC;; SPOT TURN; FENCE LINE;

{Basic} Sd L w/ bdy rise, -, slp bk R, fwd L; sd R w/ bdy rise, -, slp fwd L, bk R;
{Spot turn} Sd L w/ bdy rise comm LF (W RF) trn, -, XRif (W XLif) lowering cont trn ½,
fwd L compl trn to fc ptr;
{Fence line} Sd R w/ bdy rise, -, X lun thru L w/ bent knee looking RLOD, bk R to BFLY WALL;

13-16 TIME STEP 2x;; BASIC;;

{Time step} Release hnds sd L w/ bdy rise, -, XRib (W XLib) lowering, fwd L;
{Time step} Sd R w/ bdy rise, -, XLib (W XRib) lowering, fwd R;
{Basic} Repeat Part A measures 9-10;;

PART B

1-4 LEFT PASS; ROMANTIC SWAYS;; START HORSESHOE TURN;

{Left pass} Sm sd L to shape body R, -, bk R start LF trn, fwd L cont LF trn (W sd & fwd R trn upper
body up to ½ RF, sd & fwd L trn LF, bk R to fc ptr) to LOP FCG COH;

{Romantic sways} Sd R & swiv RF (W LF) to BK TO BK sweep trail hds up & around to end stretched out to sd at shldr level, -, sd L, rec R; sd L and swiv LF (W RF) to fc bring trl hds between partners up & dwn & sd in a circle, -, sd R, rec L;
{Start horseshoe turn} Sd & fwd R to V POS, -, thru L, rec R raise ld hnds;

- 5-8 END HORSESHOE TURN; HIP LIFT; SHOULDER TO HANDSHAKE; CONTRA BREAK;**
{End horseshoe turn} Fwd L comm LF circ arnd W, -, fwd R cont circ, fwd L comp circ to fc ptr (W fwd R comm RF trn, -, fwd L cont RF circ under jnd ld hnds, fwd R circ to fc ptr) to LOP FCG WALL;
{Hip lift} Sd R bring ld ft along sd tr ft, -, w/ pressure on L toe lift L hip, lower hip;
{Shoulder to shoulder to HNDSHK} Repeat Intro measure 2 to HNDSHK;
{Contra break} Repeat Intro measure 4:

PART A*

- 1-8 ALTERNATING X-BODY 3x;;; SHADOW NEW YORKER; X-BODY; SHADOW NEW YORKER TO LOP; UNDERARM TURN; REVERSE UNDERARM TURN;**
 Repeat Part A measures 1-8;;; ;;;

PART C

- 1-4 BASIC;; FENCE LINE 2x;;**
{Basic} Repeat Part A measures 9-10;;
{Fence line} Sd L w/ bdy rise, -, X lun thru R w/ bent knee looking LOD, bk L to BFLY WALL;
{Fence line} Repeat Part A measure 12;
- 5-8 TIME STEP 2x;; SHOULDER TO HANDSHAKE; CONTRA BREAK;**
{Time step} Repeat Part A measure 13;
{Time step} Repeat Part A measure 14;
{Shoulder to shoulder to HNDSHK} Repeat Intro measure 2 to HNDSHK;
{Contra break} Repeat Intro measure 4:

PART A*

End

- 1-4 LEFT PASS; ROMANTIC SWAYS;; START HORSESHOE TURN;**
 Repeat Part B measures 1-4;;; ;;;
- 5-6 FINISH HORSESHOE; STEP SIDE W WRAP;**
{End horseshoe turn} Repeat Part B measure 5;
{Step side W wrap} Jn trl hnds sd R & circ ld hnds ovr Ws hd, -, (W sd L trn LF & wrp into jnd trl hnds, -) to WRP WALL

Suggested Head Cues

Intro	BFLY WALL - wait 1; shldr to shldr; sync hip rks (HNDSHK); contra brk;
A	alternating X body 3x;;; shad NY; X body; shad NY (LOP); u/a trn; rev u/a trn; bas;; spt trn; fence; time stp 2x;; bas;;
B	L pass; romantic sways;; horseshoe trn;; hip lift; shldr to shldr (HNDSHK); contra brk;
A*	alternating X body 3x;;; shad NY; X body; shad NY (LOP); u/a trn; rev u/a trn;
C	bas;; fence 2x;; time stp 2x;; shldr to shldr (HNDSHK); contra brk;
A*	alternating X body 3x;;; shad NY; X body; shad NY (LOP); u/a trn; rev u/a trn;
End	L pass; romantic sways;; horseshoe trn;; stp sd W wrap,,