

JUST A NOTION

RELEASED:
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50TH ECTA ROUND
DANCE FESTIVAL

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MUSIC: Just a notion by ABBA, CD: Voyage, DM speed 42.5, fade out at 3:10
RHYTHM: Jive **Degree of Difficulty:** Above average
PHASE (+): V+2 (Rolling off the Arm, Turkish Towel) +3 (Stop & Go w/double stop action, Neckslide w/Lady inside trn & glide, Shuffling Doors)
FOOTWORK: Opposite unless indicated (W's footwork in parentheses)
SEQUENCE: **INTRO - A - B - B MOD - A - B - C - END**

MEAS.

INTRODUCTION

- 1-4** **WAIT 2;; TRAVELING SANDSTEPS 2X;;**
1-2 In BFLY pos w/lead ft free fc WALL wait 2 meas;;
3-4 Swiv RF on R tch L toe to R instp, swiv LF on R sd L, swiv RF on L tch R heel to L instp, swiv LF on L XRIFL; Repeat meas 3 of INTRO;
- 5-6** **CHASSE L & R; DOUBLE ROCK BACK;**
5 Sd L/cl R, sd L, sd R/cl L, sd R;
6 Blend to SCP LOD rk bk L, rec R, bk L, rec R; into

PART A

- 1-4** **CHASSE ROLL ROCK REC;; CHASSE R; CHG PLACES R TO L fc LOD;**
1 Trn to fc ptrn sd L/cl R sd L trng ½ RF into bk to bk pos release hands, sd R/cl L, sd R trng ½ RF;
2 Sd L/cl R, sd L, blend to L ½ OP RLOD rk bk R, rec L;
3 Trn to fc ptrn in CP sd R/cl L, sd R, blend to SCP rk bk L, rec R;
4 In plc L/R, L lead W to turn under lead hands, slightly apt R/L, R (W fwd twd DC R/L, R comm ¾ RF trn under lead hands, slightly bk L, R, L); fc LOD
- 5-8** **NECKSLIDE;; ROLLING OFF THE ARM;;**
5 Rk apt L, rec R, raise hands over each ptrns head fwd L/cl R, fwd L to R sds tog, release hands to place R hnd on ptrns R shldr;
6 Wheel RF ½ R, L sliding R hnds down ptrns arm, cont trn 1/4 fwd R/cl L, fc ptrn small sd R COH;
7 Rk apt L, rec R, fwd L/R, L slight ¼ RF trn wrapping W into M's R arm (W rk apt R, rec L, fwd R/L, R wrapping LF);
8 Wheel RF ½ R, L, cont wheel ¼ unwrap W R/L, R (W trng RF bk L, R comm RF ¾ unwrap, L/R, L); fc COH
- 9-12.5** **CHASSE ROLL TO RLOD;; CHASSE R; CHG PLACES R TO L fc RLOD;;**
9-10 Rk apt L, rec R, trn to fc ptrn sd L/cl R sd L trng ½ RF into bk to bk pos release hands; sd R/cl L, sd R trng ½ RF, sd L/cl R, sd L blend to L ½ OP RLOD;
11 Rk bk R, rec L, trn to fc ptrn in CP sd R/cl L, sd R; blend to SCP rk bk L, rec R,
12.5 In plc L/R, L lead W to turn under lead hands; slightly apt R/L, R (W fwd twd DC R/L, R comm ¾ RF trn under lead hands, slightly apt L, R, L) fc RLOD,

- 12.5-16 NECKSLIDE;; AMERICAN SPIN TO HDSHK,;**
 12.5-14 Repeat meas 5-6 of Part A to fc WALL;;
 15-16 Rk apt L, rec R, Sd L/cl R, sd L; sd R/cl L, sd R, (W rk apt R, rec L, sd R/cl L sd R spinning RF full trn; sd L/cl R sd L,) to HDSHK fc WALL,;

PART B

- 1-5 CHG PLACES L TO R TO TANDEM;;, TURKISH BREAKS 2X – CATAPULT;;,;**
 1.5 Rk apt L, rec R, raise R arm to lead W into a ½ LF U/A trn fwd & sd L/cl R, fwd L; in plc R/cl L, R (W rk apt R, rec L, fwd & trn ½ LF U/A R/cl L, R behind M; L/cl R, L),
 1.5-3.5 Rk bk L, rec R; sd L/cl R, sd L, rk bk R, rec L; sd R/cl L, sd R (W rk fwd R, rec L, sd R/cl L sd R; rk fwd L, rec R, sd L/cl R sd L),
 3.5-5 Rk fwd L, rec R; in plc L/R L, in plc R/L R (W rk bk R, rec L; fwd R/cl L fwd R spin, sd L/cl R sd L);
- 6-8 START A NECKSLIDE W/WOMANS INSIDE TRN AND GLIDE TO HDSHK WALL;;;**
 6 Rk apt L, rec R, raise hands over each ptnrs head fwd L/cl R, fwd L to R sds tog, release hands to place R hnd on ptnrs R shldr;
 7 Wheel ½ RF 2 R, L sliding R hnds down ptnrs arm, raise joined R hands to lead W into inside trn while cont trn 1/4 fwd R L(W wheel ½ RF 2 L, R, sliding R hnds down ptnrs arm, raise joined R hands trng ½ LF L R U/A cont trng);
 8 Trng to fc ptnr sd R XLif, sd R/cl L sd R (W sd L, XRif, sd L/cl R sd L); stay in R hdshk
- 9-11 MIAMI SPECIAL – SOLE TAP;;;**
 9.5 R-hand shake - rk apt L, rec R, raise joined R hands and lead W into a ¾ LF U/A trn while M is doing a ¾ RF U/A trn on the triple fwd L/ cl R, fwd & trn L ending in L OP position; sd R/ cl L, sd R,
 9.5-11 Rk apt L, rec R; fwd & trn ¼ RF, Sd L twd ptr, swing Rt foot (W Lt foot) up behind L knee to tap sole of foot to W's foot, sd R/cl L, sd R;
- 12-15,5 SHUFFLING DOOR;; SHUFFLING DOOR W/PASSING AMERICAN SPIN - RK REC;;**
 12-13 XLIB, rec RIF, sd L/cl R, sd L slide across beh W to OP Wall;
 XRIB, rec LIF, sd R/cl L, sd R slid across in front of W to LOP Wall;
 14-15.5 XLIB, rec RIF, sd L/cl R, sd L slide across beh W to OP Wall;
 XRIB rec L, in plc R/L R trng RF ¼ to fc WALL; - rk bk L, rec R,

PART B MOD

- 1-5 CHG PLACES L TO R TO TANDEM;;, TURKISH BREAKS 2X;; CATAPULT,;**
6-8 START A NECKSLIDE W/WOMANS INSIDE TRN AND GLIDE TO HDSHK WALL;;;
9-12 MIAMI SPECIAL;;, LINK TO WHIP TURN FC WALL - RK REC;;;
 1-9.5 *Repeat meas 1 – 9,5 of Part A,,,,, ;;;, ;,*
 9.5-12 Rk apt L, rec R; fwd L/ cl R, fwd L to CP fc COH, commence RF trn XRiB, continue RF trn sd & fwd L to CP/ WALL; sd R/ cl L, sd R, rk bk L, rec R;
 (fwd L to Ms R sd, step fwd R between Ms feet, sd L/ cl R, sd L, rk bk R, rec L);

REPEAT PART A & B

PART C

- 1-4 FALLAWAY RT FC TRNG W/GLIDE – TWICE;;;**
 1-4 Sd L/cl R, sd L & trn RF ½, sd R, XLif; sd R/cl L, sd R to CP COH, rk bk L, rec R;
Optional: (W rev twirl 2 on glide)
Repeat meas 1-2 of Part C to fc WALL;;;

- 5-8 SHE GO, HE GO,, LINK TO WHIPTURN FC WALL - RK REC;;**
 5-5.5 Rk apt L, rec R, fwd L/ cl R, fwd & trn 1/8 RF L; (W rk apt R, rec L, fwd & trn 1/2 LF under joined lead hands R cl L, sd R; as M trns sd L/cl R, sd L,) fwd & trn 5/8 LF under joined lead hands after the W trnd R/cl L, sd R, to LOP fc COH,
 5.5-8 Repeat meas 9,5 – 12 of Part B MOD to fc WALL;;
- 9-11 JIVE WALKS; SWIVEL 4; INTO THROWAWAY;**
 9 Fwd L/ cl R, fwd L to SCP, fwd R/ cl L, fwd R;
 10 Swiveling fwd L, R, L, R;
 11 Fwd & sd L/cl R, sd L trng 1/4 LF and leading W to trn to PU, in plc R/cl L, sd R to LOP fc LOD (W from SCP fwd & sd R/cl L, bk R trng LF to PU, bk & sd L/ cl R, bk L);
- 12-15 STOP & GO W/DOUBLE STOP ACTION – RK REC;;;**
 12-15 Rk apt L, rec R, fwd & trn 1/4 RF L/cl R, sd L, - keep lead hands throughout the whole figure / M leads W to a 1/2 LF U/A trn during 1st triple - Ms R hand is placed on Ws L lower shoulder blade at the triple step (W rk apt R, rec L, comm trng 1/2 U/A LF R/cl L, sd R); Rk fwd R, rec L, rk bk R, rec L (W rk bk L, rec R, rk fwd L, rec R); Rk fwd R, rec L, sd R – lead W into a RF U/A trn/ cl L, sd R (W rk bk L, rec R, sd & fwd L trng 1/2 RF /cl R, sd L to fc partner); rk bk L, rec R,
- END**
- 1-4 CHANGE PLACES L TO R W/GLIDE;; START A MOOCH;;**
 1-2 Fwd & trn 1/4 RF L/ cl R, sd L, sd R, XLif, sd R/cl L, sd R;;
 3-4 Trn to half OP LOD rk bk L, rec R, kick L, cl L to R; kick R, cl R to L, rk bk L, rec R to trn fc partner;;
- 5-8 CHASSE ROLL;; FINISH MOOCH;;**
 5-6 *Repeat meas 1-2 of Part A;*
 7-8 Kick R, cl R to L, kick L, cl L to R; rk bk R, rec L trn fc partner, chasse R;
- 9-13 STOP & GO FC WALL;; RK REC 3 POINT STEPS;; POINT & HOLD;**
 9-10 Rk apt L, rec R, fwd & trn 1/4 RF L/cl R, sd L, - keep lead hands throughout the whole figure / M leads W to a 1/2 LF U/A trn during 1st triple - Ms R hand is placed on Ws L lower shoulder blade at the triple step (W rk apt R, rec L, comm trng 1/2 U/A LF R/cl L, sd R); Rk fwd R, rec L, sd R – lead W into a RF U/A trn/ cl L, sd R (W rk bk L, rec R, sd & fwd L trng 1/2 RF /cl R, sd L to fc partner); *go to loose CP*
 11-12 Rk bk L, rec R, point fwd with outside edge of L foot, small step fwd L, point forward with outside edge of R foot, step fwd R, point forward with outside edge of L foot, step fwd L;
 13 Point forward with outside edge of R foot – hold & look at partner (w/smiles);

JUST A NOTION JV PH V+2(Rolling off the Arm, Turkish Towel) **+3 unph**(Stop & Go w/double stop action, Neckslide w/Lady inside trn & glide, Shuffling Doors)
SEQUENCE: Intro – A – B - B MOD – A – B – C - End

SHORT CUES

INTRO

**WAIT 2;; TRAVELING SANDSTEPS 2X;;
CHASSE L & R; DOUBLE ROCK BACK;**

PART A

**CHASSE ROLL ROCK REC;; CHASSE R; CHG PLACES R TO L fc LOD;
NECKSLIDE;; ROLLING OFF THE ARM;;
CHASSE ROLL TO RLOD;; CHASSE R; CHG PLACES R TO L fc RLOD;;
NECKSLIDE;; AMERICAN SPIN TO HDSHK;;**

PART B

**CHG PLACES L TO R TO TANDEM;;, TURKISH BREAKS 2X – CATAPULT;;,;
START A NECKSLIDE W/WOMANS INSIDE TRN AND GLIDE TO HDSHK WALL;;;
MIAMI SPECIAL – SOLE TAP;;;
SHUFFLING DOOR;; SHUFFLING DOOR W/PASSING AMERICAN SPIN - RK REC;;**

PART B MOD

**CHG PLACES L TO R TO TANDEM;;, TURKISH BREAKS 2X;; CATAPULT;;
START A NECKSLIDE W/WOMANS INSIDE TRN AND GLIDE TO HDSHK WALL;;;
MIAMI SPECIAL;;, LINK TO WHIP TURN FC WALL - RK REC;;**

PART A

**CHASSE ROLL ROCK REC;; CHASSE R; CHG PLACES R TO L fc LOD;
NECKSLIDE;; ROLLING OFF THE ARM;;
CHASSE ROLL TO RLOD;; CHASSE R; CHG PLACES R TO L fc RLOD;;
NECKSLIDE;; AMERICAN SPIN TO HDSHK;;**

PART B

**CHG PLACES L TO R TO TANDEM;;, TURKISH BREAKS 2X – CATAPULT;;,;
START A NECKSLIDE W/WOMANS INSIDE TRN AND GLIDE TO HDSHK WALL;;;
MIAMI SPECIAL – SOLE TAP;;;
SHUFFLING DOOR;; SHUFFLING DOOR W/PASSING AMERICAN SPIN - RK REC;;**

PART C

**FALLAWAY RT FC TRNG W/GLIDE – TWICE;;,; *Optional: (W rev twirl 2 on glide)*
SHE GO, HE GO;;, LINK TO WHIPTURN FC WALL - RK REC;;
JIVE WALKS; SWIVEL 4; INTO THROWAWAY;
STOP & GO W/DOUBLE STOP ACTION – RK REC;;,;**

END

**CHANGE PLACES L TO R W/GLIDE;;; START A MOOCH;;
CHASSE ROLL;;; FINISH MOOCH;;
STOP & GO FC WALL;;; RK REC 3 POINT STEPS;;; POINT & HOLD;**