

Hey Ho

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Artist: Freddy Kalas
Music: Hey Ho - Single, 2:54, speed up +3%,
Listen to full song on YouTube
<https://www.youtube.com/watch?v=joWd2P-6keM>
Sample and buy from iTunes
<https://music.apple.com/de/album/hey-ho/1444442223?i=1444442431&l=en>
Rhythm/Phase: Two Step Phase II
Footwork: opposite except where indicated (W footwork in parentheses)
Difficulty: Easy
Sequence: Intro-ABCDE-A*BCC-DC-End
Version: 1.0, December 2021

Intro

1-10 WAIT; WAIT; BROKEN BOX;;; TRAVELING BOX;;;
{Wait; Wait;} CP WALL ld ft free wait 2 measures;;
{Broken box} Sd L, cl R, fwd L, -; rk fwd R, -, rec L, -; sd R, cl L, bk R, -; rk bk L, -, rec R, -;
{Traveling box} Sd L, cl R, fwd L to RSCP RLOD, -; fwd R, -, thru L to CP WALL, -;
sd R, cl L, bk R to SCP LOD, -; fwd L, -, thru R to CP WALL, -;

Part A

1-4 FACE TO FACE; BACK TO BACK; FACE TO FACE; BACK TO BACK TO OP;
{Face to face} Sd L, cl R, sd L trng ½ LF (W RF) to BK TO BK tr hnds jnd, -;
{Back to back} Sd R, cl L, sd R trng ½ RF (W LF) to fc, -;
{Face to face} Repeat Part A measure 1;
{Back to back to OP} Sd R, cl L, sd R trng ¼ RF (W LF) to OP LOD, -;

5-8 DOUBLE HITCH;; STRUT 2; RUN 4 TO FC;
{Double hitch} Fwd L, cl R, bk L, -; Bk R, cl L, fwd R, -;
{Strut 2} Fwd L, -, fwd R, -;
{Run 4 to FC} Fwd L, fwd R, fwd L, fwd R to fc;

9-12 FACE TO FACE; BACK TO BACK; FACE TO FACE; BACK TO BACK TO OP;
Repeat Part A measures 1-4;;;;

13-16 DOUBLE HITCH TO FC;; VINE 4; SIDE DRAW CLOSE;
{Double hitch} Fwd L, cl R, bk L, -; Bk R, cl L, fwd R to fc, -;
{Vine 4} Sd L, XRib, sd L, XRif;
{Side draw close} Sd L, draw R to L, cl R, -;

Part B

1-4 LACE UP;;;;
{Lace up} Passing beh W w/ ld hnds jnd (W in frnt of M under jnd ld hnds)
diag across fwd L, cl R, fwd L to LOP LOD, -; fwd R, cl L, fwd R release ld hnds & join tr hnds, -;
passing beh W w/ tr hnds jnd (W in frnt of M under jnd tr hnds)
diag across fwd L, cl R, fwd L to OP LOD, -; fwd R, cl L, fwd R, -;

5-8 CIRCLE AWAY 2 TWO STEPS;; STRUT TOGETHER 4 TO OP;;
{Circle away 2 two steps} Trng LF (W RF) away from ptr fwd L, cl R, fwd L, -;
fwd R, cl L, trng LF (W RF) fwd R;
{Strut together 4 to OP} Fwd L, -, fwd R, -; fwd L, -, fwd R to OP LOD, -;

Part C

- 1-4 **STRUT 2; FORWARD TWO STEP; STRUT 2; FORWARD TWO STEP;**
{Strut 2} Repeat Part A measure 7;
{Forward two step} Fwd L, cl R, fwd L, -;
{Strut 2} Fwd R, -, fwd L, -;
{Forward two step} Fwd R, cl L, fwd R, -;
- 5-8 **LACE ACROSS 2; FORWARD TWO STEP;**
LACE BACK 2; FORWARD TWO STEP TO SCP;
{Lace across 2} Passing beh W w/ ld hnds jnd (W in frnt of M under jnd ld hnds)
diag across fwd L, -, fwd R to LOP LOD, -;
{Forward two step} Repeat Part C measure 2 release ld hnds & join tr hnds;
{Lace back 2} Passing beh W w/ tr hnds jnd (W in frnt of M under jnd tr hnds)
diag across fwd R, -, fwd L to OP LOD, -;
{Forward two step to SCP} Repeat Part C measure 4 to SCP;

Part D

- 1-4 **2 FORWARD TWO STEPS;; 2 TURNING TWO STEPS;;**
{Forward two step} Repeat Part C measure 2;
{Forward two step} Fwd R, cl L, fwd R to fc, -;
{Turning two step} Sd L, cl R, sd & bk L (W fwd & sd R) trng ½ RF to CP COH, -;
{Turning two step} Sd R, cl L, sd & fwd R (W sd & bk L) trng ½ RF to SCP LOD, -;
- 5-8 **2 FORWARD TWO STEPS TO FC;; 2 SIDE TWO STEPS;;**
{Forward two step} Repeat Part C measure 2;
{Forward two step} Repeat Part D measure 2;
{Side two step} Sd L, cl R, sd L, -;
{Side two step} Sd R, cl L, sd R, -;

Part E

- 1-8 **BROKEN BOX;;; TRAVELING BOX;;;;**
Repeat Intro measures 3-10;;; ;;;;

Part A*

- 1-4 **FACE TO FACE; BACK TO BACK; FACE TO FACE; BACK TO BACK TO OP;**
Repeat Part A measures 1-4;;;;
- 5-8 **DOUBLE HITCH TO FC;; VINE 8;;**
{Double hitch} Repeat Part A measures 5-6 to fc;
{Vine 8} Sd L, XRib, sd L, XRif; sd L, XRib, sd L, XRif;
- 9-12 **FACE TO FACE; BACK TO BACK; FACE TO FACE; BACK TO BACK TO OP;**
Repeat Part A measures 1-4;;;;
- 13-16 **DOUBLE HITCH TO FC;; VINE 4; SIDE DRAW CLOSE;**
Repeat Part A measures 13-16;;;;

Part B

Part C

Part C

Part D

Part C

End

- 1- **RUN 5;**
{Run 5} Fwd L, fwd R, fwd L, fwd R; fwd L,

Suggested Head Cues

Intro	CP WALL - wait 2;; broken box;;; travlg box;;;
A	fc to fc; bk to bk; fc to fc; bk to bk (OP); dbl hitch;; strut 2; run 4 (FC); fc to fc; bk to bk; fc to fc; bk to bk (OP); dbl hitch; (FC); vine 4; sd draw cl;
B	lace up;;; circle away 2 2s;; strut tog 4; (OP);
C	strut 2; fwd 2stp; strut 2; fwd 2stp; lace X in 2; fwd 2stp; lace bk in 2; fwd 2stp (SCP);
D	2 fwd 2s;; 2 trng 2s;; 2 fwd 2s; (FC); sd 2stp L&R;;
E	broken box;;; travlg box;;;
A*	fc to fc; bk to bk; fc to fc; bk to bk (OP); dbl hitch; (FC); vine 8;; fc to fc; bk to bk; fc to fc; bk to bk (OP); dbl hitch; (FC); vine 4; sd draw cl;
B	lace up;;; circle away 2 2s;; strut tog 4; (OP);
C	strut 2; fwd 2stp; strut 2; fwd 2stp; lace X in 2; fwd 2stp; lace bk in 2; fwd 2stp;
C	strut 2; fwd 2stp; strut 2; fwd 2stp; lace X in 2; fwd 2stp; lace bk in 2; fwd 2stp (SCP);
D	2 fwd 2s;; 2 trng 2s;; 2 fwd 2s; (FC); sd 2stp L&R; (OP);
C	strut 2; fwd 2stp; strut 2; fwd 2stp; lace X in 2; fwd 2stp; lace bk in 2; fwd 2stp;
End	run 5,;