

# Hallelujah Foxtrot

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Music: Hallelujah – Ken Turner & His Orchestra  
Avail for download from casa-musica.com  
Rhythm/Phase Foxtrot Phase 4+1 (Check & Weave) Speed 45 rpm (29 mpm)  
Sequence: Intro – A – B – A – B(Mod) – A(Mod) Release 1.2 November 2021

## INTRO

### **1-4 WAIT : ROLL ACROSS 3 ; SWAY TOG & APT ; TOG LADY PICK UP TO CP ;**

-- 1 In LOP both fc DW lead foot free wait 1 measure ;  
SQQ 2 Roll LF beh W L, - R, L to OP(W roll RF R, -, L, R);  
SS 3 Step sd together R sweep lead arms in, -, step apt L to OP, -;  
S- 4 Sd R, -, hold to CP, -(W fwd L DC trng LF, -, take CP with M, -);

## PART A

### **1-4 3 STEP ; RIGHT LUNGE REC SLIP ; TELEMARK SCP ; CROSS PIVOT SCAR ;**

SQQ 1 (3 Step) Fwd L CP, -, fwd R heel to toe slight LF trn, fwd L(W bk R, -, bk L, bk R);  
SQQ 2 (Rt Lunge Rec Slip) Lunge fwd & sd R, - rec L trng LF, bk R CP DC  
(W lunge bk L keep head well to left, -, rec R trng LF, fwd L to CP);  
SQQ 3 (Telemark SCP) Fwd L CP comm LF turn, -, fwd & sd R cont turn, fwd L SCP DW  
(W bk R, -, draw L heel past R turning LF cl L to R, fwd R);  
SQQ 4 (Cross Pivot) Thru R comm RF trn, -,sd & fwd L trng RF, fwd R LOD in SCAR  
(W thru L, -, fwd R between M's feet trng RF, bk L DC);

### **5-8 CROSS HOVER SCP ; PROMENADE WEAVE ; ; CHANGE OF DIRECTION ;**

SQQ 5 (Cross Hover Scp) Fwd L in SCAR, -, blend to CP sd & fwd R, slight trn RF fwd L in SCP DC  
(W bk R in SCAR, sd & bk L to CP, trng RF fwd R to SCP);  
SQQ 6 (Promenade Weave) Thru R, -, fwd L trng LF, sd & bk R  
(W thru L comm LF trn, -, sd & bk R to CP trn LF, sd & fwd L);  
QQQQ 7 XLIB, trng LF bk R, trng LF sd & fwd L, fwd R CBJO DW  
(W XRIF, fwd L to CP, trng LF sd & bk R, bk L CBJO DW);  
SS 8 (Change Of Direction) Fwd L to CP, -,fwd R trng LF to fc DC, draw L to R no weight  
(W bk R, -, trng LF sd L, draw R to L);

### **9-12 REVERSE WAVE ; ; BACK FEATHER ; BACK 3 STEP ;**

SQQ 9 (Reverse Wave) Fwd L comm LF trn, -, sd & fwd R cont trn fc DRC, bk L  
(W bk R, -, pull L heel to R turn LF on R heel cl L, fwd R);  
SQQ 10 Bk R, -, bk L slight LF body trn, bk R to LOD  
(W fwd L, -, fwd R heel to toe slight trn LF, fwd L LOD);  
SQQ 11 (Bk Feather) Bk L, -, bk R with right sd lead, bk L CBJO(W fwd R, - fwd L, fwd R CBJO);  
SQQ 12 (Bk 3 Step) Bk R to CP, -, bk L slight LF body trn, bk R to LOD  
(W fwd L to CP, -, fwd R heel to toe slight trn LF, fwd L LOD);

### **13-16 OPEN IMPETUS ; FEATHER ; TELEMARK SCP ; CHAIR & SLIP ; (A MOD – THRU OVERSWAY) ;**

SQQ 13 (Open Impetus) Bk L comm RF trn, -, cl R to L cont trn, sd & fwd L SCP DC  
(W fwd R trng RF, -, sd & fwd L past M cont trn brush R to L, fwd R SCP);  
SQQ 14 (Feather) Thru R, -, fwd L, fwd R CBJO(W thru L comm LF trn, -, sd & bk R, bk L CBJO);  
SQQ 15 (Telemark SCP) Repeat Measure 3:  
SQQ 16 (Chair & Slip) Lunge thru R, -, rec L trng LF, bk R CP DC  
(W lunge thru L, -, rec R trng LF, fwd L to CP);  
SQQ 16Mod (Thru Oversway) Third time through Part A thru R, -, fwd & sd L, lower & rotate body LF  
(W thru L, -, fwd & sd R, lower & trn LF look well to left);

**PART B****1-4 DIAMOND TURN ; ; ;**

- SQQ 1     (Diamond Turn) Fwd L comm LF trn, -, cont trn sd & bk R, bk L CBJO DRC  
              (W bk R trng LF, -, cont trn sd & fwd L, fwd R CBJO);  
 SQQ 2     Bk R to CP trng LF, -, cont trn sd & fwd L, fwd R CBJO DRW  
              (W fwd L trng LF, -, cont trn sd & bk R, bk L CBJO);  
 SQQ 3     Repeat measure 1 to DW;  
 SQQ 4     Repeat measure 2 to DC;

**5-8 TURN LEFT CHASSE BJO ; OUTSIDE CHANGE SCP ; IN & OUT RUNS ; ;**

- SQ&Q 5     (Trn & Chasse BJO) Fwd L, -, trng LF sd R/cl L, sd R to BJO(W bk R, -, trng LF sd L/cl R, sd L);  
 SQQ 6     (Outside Change Scp) Bk L CBJO, -, bk R to CP comm LF trn, fwd L SCP DW  
              (W fwd R CBJO, -, fwd L to CP, fwd R SCP DW);  
 SQQ 7     (In & Out Runs) Fwd R comm RF trn, -, sd & bk L cont trn, bk R to BJO right sd lead  
              (W fwd L, -, fwd R between M's feet, fwd L);  
 SQQ 8     Bk L comm RF trn, -, fwd R between W's feet, fwd L SCP LOD  
              (W fwd R trng RF, -, sd & bk L cont RF trn, fwd R SCP LOD);

**9-12 LEFT WHISK ; LADY UNWIND 4 TO BJO ; BK TWISTY VINE 4 ; BACK WHISK ;**

- SQQ 9     (Left Whisk) Thru R trng to CP, -, sd L, XLIB no rise keep body to W end RSCP  
              (W thru L trng LF to CP, -, sd & bk R, XLIB to RSCP);  
 --- 10     (Unwind 4 BJO) Unwind RF on heel of left & toe of right to fc LOD keeping weight on R foot, -, -,  
 (QQQQ)     (W circling tightly around M fwd R, fwd L, fwd R, fwd L to BJO);  
 QQQQ 11     (Bk Twisty Vine 4) Bk L trn RF, sd R cont trn, fwd L SCAR trn LF, sd R cont LF trn to BJO  
              (W fwd R trng RF, sd L cont trn, bk R trng LF, sd L cont trn to BJO);  
 SQQ 12     (Bk Whisk) Bk L in CBJO, -, trng RF sd R, XLIB to SCP  
              (W fwd R trng RF, -, sd L cont trn, XLIB to SCP);

**13-16 FEATHER ; REVERSE WAVE 3 ; CHECK & WEAVE ; ;**

- SQQ 13     (Feather) Thru R, -, fwd L, fwd R CBJO(W thru L comm LF trn, -, sd & bk R, bk L CBJO);  
 SQQ 14     (Reverse Wave 3) Fwd L comm LF trn, -, sd & fwd R cont trn fc DRC, bk L  
              (W bk R, -, pull L heel to R turn LF on R heel cl L, fwd R);  
 SQQ 15     (Check & Weave) Chk bk R with left sd lead, -, rec L slight LF trn, sd & bk R DC  
              (W chk fwd L with right sd lead, -, rec R slight LF trn, sd & fwd L DC);  
 QQQQ 16     XLIB, trng LF bk R, trng LF sd & fwd L, fwd R CBJO DW  
              (W Xrif, fwd L to CP, trng LF sd & bk R, bk L CBJO DW);

**B (MOD Revises only measures 3 & 4)****1-4 DIAMOND TURN 1/2 ; ; QUICK DIAMOND 4 ; DIP BK & REC;**

- SQQ 1     (Diamond Turn 1/2) Fwd L comm LF trn, -, cont trn sd & bk R, bk L CBJO DRC  
              (W bk R trng LF, -, cont trn sd & fwd L, fwd R CBJO);  
 SQQ 2     Bk R to CP trng LF, -, cont trn sd & fwd L, fwd R CBJO DRW  
              (W fwd L trng LF, -, cont trn sd & bk R, bk L CBJO);  
 QQQQ 3     (Quick Diamond 4) Fwd L comm LF trn, sd & bk R, bk L, bk R CP  
              (W bk R trng LF, sd & fwd L, fwd R, fwd L);

- SS 4     (Dip Bk & Rec) Dip bk on soft L, -, rec R CP LOD, -;

**5-8 TURN LEFT CHASSE BJO ; OUTSIDE CHANGE SCP ; IN & OUT RUNS ; ;****9-12 LEFT WHISK ; LADY UNWIND 4 TO BJO ; BK TWISTY VINE 4 ; BACK WHISK ;****13-16 FEATHER ; REVERSE WAVE 3 ; CHECK & WEAVE ; ;**

# **HALLELUJAH FOXTROT – HEAD CUES**

IN LOP FC DLW WAIT 1 MEASURE

- I: WAIT ; ROLL ACROSS 3 ; SWAY TOG & APT ; TOG LADY PICK UP TO CP ;
- A: 3 STEP ; RIGHT LUNGE REC SLIP ; TELEMARK SCP ; CROSS PIVOT SCAR ;  
CROSS HOVER SCP ; PROMENADE WEAVE ; ; CHANGE OF DIRECTION ;  
REVERSE WAVE ; ; BACK FEATHER ; BACK 3 STEP ;  
OPEN IMPETUS ; FEATHER ; TELEMARK SCP ; CHAIR & SLIP ;
- B: DIAMOND TURN ; ; ;  
TURN LEFT CHASSE BJO ; OUTSIDE CHANGE SCP ; IN & OUT RUNS ; ;  
LEFT WHISK ; LADY UNWIND 4 TO BJO ; BK TWISTY VINE 4 ; BACK WHISK ;  
FEATHER ; REVERSE WAVE 3 ; CHECK & WEAVE ; ;
- A: 3 STEP ; RIGHT LUNGE REC SLIP ; TELEMARK SCP ; CROSS PIVOT SCAR ;  
CROSS HOVER SCP ; PROMENADE WEAVE ; ; CHANGE OF DIRECTION ;  
REVERSE WAVE ; ; BACK FEATHER ; BACK 3 STEP ;  
OPEN IMPETUS ; FEATHER ; TELEMARK SCP ; CHAIR & SLIP ;
- B(m) DIAMOND TURN ½ ; ; QUICK DIAMOND 4 ; DIP BK & REC;  
TURN LEFT CHASSE BJO ; OUTSIDE CHANGE SCP ; IN & OUT RUNS ; ;  
LEFT WHISK ; LADY UNWIND 4 TO BJO ; BK TWISTY VINE 4 ; BACK WHISK ;  
FEATHER ; REVERSE WAVE 3 ; CHECK & WEAVE ; ;
- A(m): 3 STEP ; RIGHT LUNGE REC SLIP ; TELEMARK SCP ; CROSS PIVOT SCAR ;  
CROSS HOVER SCP ; PROMENADE WEAVE ; ; CHANGE OF DIRECTION ;  
REVERSE WAVE ; ; BACK FEATHER ; BACK 3 STEP ;  
OPEN IMPETUS ; FEATHER ; TELEMARK SCP ; THRU OVERSWAY ;