

GO BEYOND

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Record: CD, The Latin Mix 5, CD2, Track 9, “To Go Beyond”, Artist: Aidana or Download Casa Musica, 2:41 min
Rhythm & Phase: RB, IV +2 (Natural Top, Spiral) +2 (Alternative Basic, Double Spot Turn)
Timing: Q,Q,S except where noted Footwork: Opposite, exceptions noted in [...]
Sequence: INTRO - A - B - C - INTER - A(1-15) - TAG

INTRO

1 - 4 WAIT 2;; ALTERNATIVE BASICS;;

1-4 Wait in BFLY POS fc WALL ld feet ptd sd;; Cl L, sip R, sd L, -; Cl R, sip L, sd R, -;

PART A

1 - 4 NEW YORKER TO SKATERS LOD; PROGRESSIVE WALK 6;; M SPOT TURN, W OUT TO FAN;

1-4 Swvl ¼ RF to RLOD rk fwd L, rec R trn LF to fc, sd L trn ¼ to SKATERS LOD, -; Fwd R, fwd L, fwd R, -; Fwd L, fwd R, fwd L, -; Fwd R comm LF trn, rec L compl LF trn to fc WALL, sd R to FAN POS, -;
[W (4): Fwd L, fwd R trn 3/8 LF, trn 1/8 LF bk L, -;]

5 - 8 ALEMANA;; LARIAT ½ M TURN TO FACE COH; FENCE LINE;

5-8 Rk fwd L, rec R, cl L, -; Rk bk R, rec L, sd R, -; Rk sd L, rec R, cl L trn ½ LF to LOP COH, -; Flare R from bhnd & rk thru with R arm sweep, rec L, sd R to LOP COH, -;
[W (5-7): Cl R, fwd L, fwd R trn 1/8 RF, -; Delayed fwd L trn RF undr jnd ld hnds, fwd R cont RF trn to fc ptr, fwd L to M's R sd, -; Circ cw around M fwd R, fwd L, fwd R to LOP, -;]

9 - 12 OPEN BREAK; SPOT TURN TO CP; CROSS BODY;;

9-12 Rk apt L raise trl arm, rec R, sd L, -; Thru R comm LF trn, rec L compl LF trn to fc ptr, sd R to CP COH, -; Rk fwd L, rec R, sd L trn ¼ LF to L-shaped POS RLOD, -; Rk bk R, rec L trn 1/4 LF to CP WALL, sd R, -;
[W (11-12): Rk bk R, rec L, fwd R, -; Fwd L, fwd R trn ½ LF, sd L, -;]

13 - 16 REVERSE UNDERARM TURN INTO; NATURAL TOP; CUCARACHA; REV TWIRL 3;

13-16 Rk fwd L outsd ptr, rec R, sd L trn ¼ RF to CP RLOD, -; XRIB L cont RF trn, sd L cont RF trn, cont RF trn sd R to CP WALL, -; Rk sd L, rec R, cl L, -; Sd R, cl L, sd R LOP feg ptr & WALL, -;
[W (13-16): Thru R comm LF trn undr jnd ld hnds, rec L cont trn, sm fwd R to CP, -; Narrow circ fwd L, fwd R, sd & fwd L, -; Rk sd R, rec L, cl R, -; Sd L comm LF trn undr jnd ld hnds, fwd R cont LF trn, sd L to LOP fc ptr, -;]

PART B

1 - 4 NEW YORKER IN 4; NEW YORKER; AIDA; SLOW SWITCH & REC;

1-4 Swvl ¼ RF to RLOD rk fwd L, rec R, rk sd L trn to fc ptr, rec R; Swvl ¼ RF to RLOD rk fwd L, rec R, sd L trn to fc ptr, -; Thru R twd LOD, sd & bk L trn RF away from ptr, bk R to AIDA POS RLOD, -; Trn ¼ LF to fc ptr rk sd L, -, rec R to LOP WALL, -;

5 - 8 REVERSE UNDERARM TURN TO R HNDSHK; SHADOW WHIP; FLIRT TO FACING FAN R HNDSHK RLOD;;

5-8 Rk fwd L outsd ptr, rec R, sd L to R HNDSHK WALL, -; Rk bk R, rec L trn ½ LF to COH, sd R, -; Rk fwd L, rec R, sd L, -; Rk bk R, rec L, fwd & sd R trn ¼ LF to R HNDSHK POS RLOD, -;
[W (5-8): Thru R comm LF trn, rec L cont LF trn to fc ptr, sd R, -; Fwd L outsd ptr, fwd R trn ½ LF, sd L fc ptr, -; Rk bk R, rec L, fwd R trn ½ LF to VARS POS, -; Rk bk L, rec R, sd L trn ¼ RF, -;]

PART C

- 1 - 4 TRADE PLACES TWICE;; OPEN BREAK W SPIRAL M HEAD LOOP L 1/2 OP LOD; PROGRESSIVE WALK 3;
- 1-4 Rk apt L, rec R, fwd L pass ptr on her R sd & trn ½ RF to L HND SHK FC LOD, -; Rk apt R, rec L, fwd R pass ptr on her L sd & trn ½ LF to R HND SHK FC RLOD, -; Rk apt L, rec R, fwd L trn ½ RF ld W to spiral undr jnd R hnds and plc hnds in own neck then release R hnds to L ½ OP LOD, -; Fwd R, fwd L, fwd R, -; [W (1-3): Rk apt R, rec L, fwd R trn ½ LF, -; Rk apt L, rec R, fwd L trn ½ RF, -; Rk apt R, rec L, fwd R spiral LF, -;]
- 5 - 8 W ROLL ACROSS; MANUEVER, PIVOT 2, W RONDE; BACK, SIDE, CLOSE; SIDE WALK 3 BFLY SCAR;
- 5-8 Fwd L, fwd R, fwd L to ½ OP LOD, -; Fwd R comm RF trn to CP RLOD, bk L pivt ½ RF, fwd R keep L anchored and rotate upper body RF to ld W to Ronde, -; Bk L, bk & sd R trn to fc ptr, cl L, -; Sd R, cl L, sd R to BFLY SCAR DRW, -; [W (5-8): Fwd R comm RF trn, fwd L roll over to ptrs R sd, fwd R, -; Fwd L, fwd R pvt ½ RF, bk L cont RF trn, ronde R cw; XRiB L, sd L to fc ptr, cl R, -; Sd L, cl R, sd L trn 1/8 RF to BFLY SCAR, -;]
- 9 - 11 CHECK FORWARD W DEVELOPE; AIDA M BACKING UP; SWITCH ROCK;
- 9-11 Ck fwd L, hld, hld, -; Rec R, bk L, bk R to AIDA POS, -; Swvl ¼ LF to fc ptr rk sd L, rec R, sd L, -; [W (9-10): Bk R, develop L leg, -, -; Fwd L, fwd R trn ½ LF, bk R, -;]
- 12-13 DOUBLE SPOT TURN TO LEFT HAND STAR RLOD;;
- Thru R comm LF trn, rec L cont LF trn to fc ptr, pt sd R, -; Thru R comm LF trn, rec L cont LF trn to fc RLOD, fwd R to L HND STAR fc RLOD, -;

INTER

- 1 - 4 UMBRELLA TURN;;;
- 1-4 Rk fwd L, rec R, bk L, -; Rk bk R, rec L, fwd R, -; Rk fwd L, rec R, bk L, -; Rk bk R, rec L, fwd R trn ¼ LF chg hnds to LOP fc ptr & WALL, -; [W (1-4): Rk bk R, rec L, fwd R trn ½ LF, -; Rk bk L, rec R, fwd L Trn ½ RF, -; Rk bk R, rec L, fwd R trn ½ LF, -; Rk bk L, rec R, fwd L Trn ¼ RF to LOP fc ptr, -;]

TAG

- 1 - 2 REV TWIRL TO WRAP; LUNGE APART & LOOK;
- 1-2 From BFLY ld hnds high and trl hnd low keep both hnds sd R, cl L, sm sd R to WRP POS WALL, -; Rel trl hnds lng apt L twd LOD trn upper body ¼ RF twd ptr & look at her raise free arm, -, -, -; [W (1-2): Sd L comm LF trn, fwd R trn to WRP POS WALL, cl L, -; Rel trl hnds lng apt R twd RLOD trn upper body ¼ LF twd ptr & look at him raise free arm, -, -, -;]

SUGGESTED HEADCUES

Sequence: INTRO A B C INTER A* TAG

INTRO (BFLY WALL, Ld feet free ptd sd) Wait 2 meas;; Alternative Basics;;

PART A New Yorker Skaters LOD; Prog Walk 6;; M Spot Trn / L to Fan;
Alemana;; Lariat ½ M trn to FC COH; Flare to Fence Line with Arm Sweep;
Op Brk; Spot Trn to CP; Cross Body;;
Rev Undrm Trn into; Nat Top 3; Cucaracha;* Rev Twirl 3;

PART B New Yorker in 4; New Yorker; Aida; Slow Switch & Rec to FC;
Rev Undrm Trn to R HDSHK; Shdw Whip; Flirt into Facing Fan R HDSHK RLOD;;

PART C Trade Places Twice;; OP Brk L Spiral M Head Loop L ½ OP fc LOD; Prog Walk 3;
Lady Roll across; Maneuver, Pivot 2 Lady Ronde; Bk Sd Cl; Sd Walk 3 to BFLY SCAR;
Ck Fwd L Develop; Aida M bkg up; Switch Rk; Dbl Spot Trn to L HND STAR;;

INTER Umbrella Turn;;;

TAG Rev Wrap 3 to WALL; Lunge Apt & Look,-