

Emotion

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MUSIC: Emotion (Destiny's Child) From the Album SURVIVOR
RHYTHM: Bolero
PHASE (+): V

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WEBSITE: WWW.REXL.ORG

FOOTWORK: Opposite unless indicated [*W: Woman's foot in italics*]
SEQUENCE: Introduction A B C A B C (1-12) B C (1-10) Ending

Introduction

1 – 4 Wait in CP Wall; Hip Lift; Shoulder to Shoulder; Hip Lift;

- 1 Wait one measure in CP facing WALL with lead foot free;
- 2 [**Hip Lift (SQQ)**] Side L, -, touch R and lift trail hip, lower trail hip;
- 3 [**Shoulder to Shoulder (SQQS)**] Still in loose CP side R blending to loose Sidecar, -, forward L in Sidecar checking, recover R;
- 4 [**Hip Lift (SQQ)**] Blending to CP facing WALL side L, -, touch R and lift trail hip, lower trail hip;

Part A

1 – 8 Basic Ending; Underarm Turn; New Yorker; Cross Body to Right Handshake; Half Moon; ; New Yorker; Spot Turn;

- 1 [**Basic Ending (SQQ)**] Side R, -, forward L checking, back R;
- 2 [**Underarm Turn (SQQ)**] Releasing trail hand from hold side L raising joined lead hands, -, back R checking allowing Woman to turn under joined lead hands, forward L;
[W: Side R, -, forward and across L then turn RF under joined lead hands, forward R continue RF turn to face Man;]
- 3 [**New Yorker (SQQ)**] Side R, -, turning RF to LOP facing RLOD thru L checking, back R;
- 4 [**Cross Body to Right Handshake (SQQ)**] Turning LF side and forward L toward LOD, -, back R checking and allow Woman to pass in front while placing Woman's Right Hand in Man's Right Hand, forward L toward LOD in Right Handshake;
[W: Turning RF side and forward R toward DLC, -, forward L toward DLC then spin 1/2 LF on ball of L holding R leg behind, back R continue LF turn to face WALL;]
- 5 – 6 [**Half Moon (SQQx2)**] Forward R toward LOD, -, thru L checking, back R; Turning to face COH side L; Turning LF side and forward L toward RLOD, -, back R checking and allow Woman to pass in front, forward L toward RLOD;
[W: Side L then turn LF to face LOD, -, thru R checking, back L; Turning RF side and forward R toward RLOD, -, stepping leftwards across the Man toward DRW forward L then spin 1/2 LF on ball of L holding R leg behind, back R continue LF turn to face COH;]
- 7 [**New Yorker (SQQ)**] Changing to Lead Hands repeat the action from measure 3 of Part A;
- 8 [**Spot Turn (SQQ)**] Turning to face Partner and WALL side L toward LOD, -, across R toward LOD then swivel LF on ball of R to face RLOD, forward L;
[W: Turning to face Partner and COH side R toward LOD, -, across L toward LOD then swivel RF on ball of L to face RLOD, forward R;]

Part B

1 – 8 Hand to Hand; Bolero Walk; Thru & Swivel to Face, -, Fence Line; Aida; Aida Line to Switch Rock, Recover; Thru & Swivel to Face to Spot Turn; Lunge Break; Underarm Turn;

- 1 [**Hand to Hand (SQQ)**] Turning LF to face Partner and Wall side R joining trail hands and releasing lead hands, -, continue LF turn to face LOD small step back L checking, forward R in OP facing LOD;

- 2 **[Bolero Walk (SQQ)]** Forward L, -, forward R, forward L swiveling on each step;
- 3 **[Thru & Swivel to Face, Fence Line (SQQ)]** Thru R then swivel RF to face Partner and WALL, -, thru L toward RLOD checking, back R;
- 4 – 5 **[Aida; Aida Line to Switch Rock (SQQx2)]** Turning LF to face Partner and Wall side L, -, continue LF turn to face LOD thru R, turning RF to face Partner and Wall side L joining Lead Hands in momentary Butterfly; Releasing trail hands swivel 1/4 RF on L to face RLOD then back R in an Aida Line, -, turning LF to face Partner and WALL side L toward LOD checking, side R toward RLOD;
- 6 **[Thru & Swivel to Face to Spot Turn (SQQ)]** Turning RF to face RLOD thru L then swivel LF to face Partner and Wall, -, across R toward LOD then swivel LF on ball of R to face RLOD, forward L;
- 7 **[Lunge Break (SQQ)]** Turning LF to face Partner and Wall side R toward RLOD leaving left leg extended to side, -, bend right knee to match the lowering of the Woman;
[W: Turning RF to face Partner and COH side L toward RLOD, -, back R small step checking, forward L;]
- 8 **[Underarm Turn (SQQ)]** Side L raising joined lead hands, -, back R checking allowing Woman to turn under joined lead hands, forward L;

Part C

1 - 14 Butterfly Opening Out Twice; ; Basic Ending; Right Pass; New Yorker to New Yorker in 4; ; Riff Turn; New Yorker; Reverse Underarm Turn; Left Pass; Horseshoe Turn; ; Twice; ;

- 1 – 2 **[Butterfly Opening Out Twice (SQQx2)]** Blending to Butterfly facing WALL side R leaving left leg extended to side, -, bend right knee to match the lowering of the Woman while raising joined trail hands and lowering joined lead hands and swaying to left body slightly rotated to right, level the hold; Rising close L while turning body to face WALL, -, bend left knee and extend right leg to side matching the Woman's lowering while raising joined lead hands and lowering joined trail hands and swaying to right body slightly rotated to left, level the hold;
[W: Turning RF to face Partner and COH side L joining trail hands in Butterfly, -, continue RF turn 1/4 back R small step checking and raising joined trail hands while lowering joined lead hands, forward L leveling hold; Turning LF to face Partner and COH side R small step, -, continue LF turn 1/4 back L small step checking and raising joined lead hands while lowering joined trail hands, forward R leveling hold;]
- 3 **[Basic Ending (SQQ)]** Side R, -, forward L checking, back R;
[W: Turning RF to face Partner and COH side L, -, back R checking, forward L;]
- 4 **[Right Pass (SQQ)]** Turning RF 1/4 to face RLOD side and back L while raising joined lead hands and lowering joined trail hands maintaining the open hold of the Butterfly, -, back R small step checking releasing trail hands and moving joined lead hands across in front of your own face leading the Woman to turn LF under joined lead hands, turning RF 1/4 to face COH side L to end in LOP Facing;
[W: Side and forward R toward DLC shaping to look at Man, -, stepping leftward forward L toward DRC spin 1/2 LF holding right leg behind, back R ending facing Man and WALL;]
- 5 – 6 **[New Yorker to New Yorker in 4 (SQQ QQQQ)]** Side R, -, turning RF to LOP facing LOD thru L checking, back R; Turning LF to face Partner and COH rock side L, recover R, turning to LOP facing LOD thru L checking, back R;
- 7 **[Riff Turn (QQQQ)]** Turning LF to face Partner and COH side L raising joined lead hands up and toward RLOD, close R allowing Woman to turn under joined lead hands, side L raising joined lead hands up and toward RLOD, close R allowing Woman to turn under joined lead hands;
[W: Forward R toward RLOD, spin 3/4 RF while closing L, forward R toward RLOD, spin 3/4 RF while closing L;]
- 8 **[New Yorker (SQQ)]** Releasing lead hands and joining trail hands side L, -, turning LF to OP facing RLOD thru R checking, back L;
- 9 **[Reverse Underarm Turn (SQQ)]** Turning RF to face Partner and COH side R join lead hands in a momentary Butterfly, -, releasing trail hands and turning RF to face toward LOD thru L checking raising joined lead hands and allowing Woman to turn under, back R
[W: Turning LF to face Partner and WALL side L, -, turning 1/4 LF to face LOD thru R then swivel 1/2 LF to face RLOD;]

- 10 **[Left Pass (SQQ)]** Back L facing DLC extending joined lead hands to side toward COH and then slightly forward around Woman allowing her to wrap slightly into the lead arms, -, turning 1/4 LF back R checking and allowing Woman to pass Man, forward L continue LF turn 1/4 to face DRW;
[W:Side and forward R toward Man's left side and turn body rightward toward DRC, -, stepping leftward forward L toward DRW leaving right leg extended back then spin 1/2 LF on ball of L, back R;]
- 11 – 12 **[Horseshoe Turn (SQQx2)]** Forward R toward RLOD raising joined lead hands up and to the side (not thru), -, thru L checking, back R checking; Curving LF around Woman over the next three steps forward L, -, R, L ending in LOP facing LOD;
[W: Turning LF side and forward L toward RLOD, -, thru R checking, back L checking; Curving RF over the next three steps and passing under the joined lead hands forward R, -, L, R ending in LOP facing LOD;]
- 13 – 14 **[Horseshoe Turn (SQQx2)]** Repeat the action of Measures 11 and 12 from Part C to end in LOP facing RLOD; ;

Repeat Part A blending to face on the side step (first step) of Measure 1.

Repeat Part B

Repeat Part C measures 1 - 12

Repeat Part B commenced facing COH instead of WALL

Repeat Part C measures 1 – 10 commenced facing COH instead of WALL

Ending

1 – 4 Shoulder to Shoulder; Side, Close, Side, Close; Side to Highline Slow Change Sway; Embrace.

- 1 **[Shoulder to Shoulder (SQQ)]** Turning to face Partner and COH side R blending to Butterfly Sidecar, -, forward L in Sidecar checking, recover R;
- 2 **[Side, Close, Side, Close (QQQQ)]** Side L, close R, side L, close R blending to end in CP facing COH;
- 3 – 4 **[Side to Highline Slow Change Sway, Embrace (SS; S.)]** Side L with a left sway and slowly change to Oversway; Slightly soften hold to embrace.