



Easy on Me

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CHOREO: Johanna Burger with Stefan & Nicolette Burger
Frankenstr. 21 b, 67227 Frankenthal, Germany
Homepage: www.cuer.eu Email: choreo@cuer.eu

MUSIC: Dance: Easy on Me (KV Remix)
Artist: DJ Ice Download: casa-musica.com
Sample and buy from Casa Musica:
<https://casa-musica.com/de/single-tracks/48123-easy-on-me-kv-remix-rumba-21-.html>

FOOTWORK: Opposite unless noted TIME: 3:10

RHYTHM: Rumba Ph III+0+1 (circular cross body), DEGREE OF DIFFICULTY: Easy

SEQUENCE: Intro – A B – Bridge – Amod – B – Bridge – C – B – Ending

Intro:

[1-4] wait ;; rev undrm trn ; undrm trn ;
Bfly ld ft free wait 2 ;; XLiF, rec R, sd L, - ; {Swvl fwd R trn, rec L trn, sd R, - ;} Bk R, rec L, sd R, - ;
{Swvl fwd L trn, rec R trn, sd L, - ;}

Part A:

[1-4] ½ bas ; whp ; ny (OP/RloD) ; prog wlk fwd ;
Fwd L, rec R, sd L, - ; Bk R trn, rec L, sd R, - ;
{Fwd L outside M on his L side, fwd R comm ½ L fc trn, sd L, - ;} Swvl thru L, rec swvl R to fc,
sd L to OP fc RLOD, - ; fwd R, fwd L, fwd R, - ;

[5-8] sldg dr ; cuca to fc ; start chs ;;
Rk apt L, rec R, XLiF, - ; Sd R, rec L to fc, cl R, - ; Fwd trn L, rec R, fwd L, - ; Fwd trn R, rec L, fwd R, - ;
{Bk R, rec L, fwd R, - ; Fwd trn L, rec R, fwd L, - ;}

[9-10] fin chs ;;
Fwd L, rec R, bk L, - ; Bk R, rec L, fwd R, - ; { Fwd trn R, rec L, fwd trn R, - ; Fwd L, rec R, bk L, - ;}

Part B:

[1-4] start circular cross body ;; ;
with R hnds jnd fwd L, rec R trng 1/4 LF to fc LOD, sd L, - end M fcg LOD ;
{W bk R, rec L, fwd R, - ; fcg COH} Bk R, rec L comm LF trn leading W across in frnt of M, cont LF trn to fc
DRC cl R, - {W fwd L, fwd R comm LF trn, cont LF trn to fc DRC sd L, -} blend to varsuv pos DRC ;
Fwd L, rec R trng LF 1/8 to fc RLOD, sd L, - {W fwd R, fwd L releasing jnd hnds & trng 1/2 RF DLW,
cont RF trn to fc WALL sd R, -} end M fcg RLOD & W fcg WALL w/R hnds jnd in front of W;
Bk R, rec L comm LF trn leading W to cross in frnt of M, cont LF trn to fc DLW cl R, -
{W fwd L, fwd R comm LF trn, cont LF trn to fc DLW sd L, -} blending to varsuv pos fcg DLW ;

[5-8] fin circular cross body ; shadow ny twice ;; (stacked hnd) u-arm trn ;
Fwd L, rec R trng sl LF, fwd L to fc ptr WALL, - {W fwd R, fwd L releasing jnd L hnds & trng RF to fc DRC,
cont RF trn to fc ptr COH sd R, -} end fcg ptr WALL trail ft free; R hnds jnd Swvl thru R, rec swvl L to fc,
sd R, - ; Swvl thru L, rec swvl R, sd L, - ; stckd hnd (R over L) REPEAT Intro measure 4 ;

Bridge:

[1-4] lrt ;; shadow ny ; (stacked hnd) u-arm trn ;
With joined hnds (L over R) W move hnds over M shoulders, change hnd to R over L plc L stp, R stp, L stp, - ;
R stp, L stp, R stp, - ; {fwd R, fwd L, fwd R, - ; fwd L, fwd R, sd L, - ;} R hnd jnd Swvl thru L, rec swvl R to fc,
sd L, - ; to stacked hnd (R over L) REPEAT Part B meas 8 ;

Part Amod:

- [1-4] **ny (OP/LoD) ; prog wlk fwd ; sldg dr ; cuca to fc ;**
REPEAT Part A meas 3 to OP fc LOD ; REPEAT Part A meas 4 - 6 ; ; ;
- [5-8] **chase ; ; ;**
REPEAT Part A meas 7 - 10 ; ; ;
- [9] **sd, drw, cls ;**
Sd L, drw R to L, cl R, - ;

Part C:

- [1-4] **chs w/ undrm pass ; ; ny twice ; ;**
Fwd trn L, rec R, fwd L, - ; bk R, rec L, sd R, - ; {bk R, rec L, fwd R, - ; fwd L, fwd trn R, sd L, - ;}
swvl thru L, rec swvl R to fc, sd L, - ; swvl thru R, rec swvl L to fc, sd R, - ;
- [5] **sd, drw, cls ;**
REPEAT Part Amod meas 9 ;

Ending:

- [1-4] **lariat ; ; shadow ny ; (stacked hnd) u-arm trn w/sd corte ending ;**
REPEAT Bridge meas 1 - 3 ; ; ; Bk R, rec L, corte sd R, - ; {Swvl fwd L trn, rec R trn, corte sd L, - ;}
& smile to partner ,,

Suggested Head Cues

Easy on Me, Rumba Ph III+0+1
Johanna Burger with Stefan & Nicolette Burger

- Intro: wait ; ; rev undrm trn ; undrm trn ;
- Part A : ½ bas ; whp ; ny to OP/RLoD ; prog wlk fwd ;
Sldg dr ; cuca to fc ; chs ; ; ;
- Part B: (R hnd shk) circular cross body ; ; ; ; shdw ny twice ; ;
(stckd hnd) undrm trn ;
- Bridge: (jnd hnds) lariat ; ; shdw ny ; (stckd hnd) undrm trn ;
- Part Amod: ny to OP LoD ; prog wlk fwd ; sldg dr ; cuca to fc ;
chs ; ; ; sd, drw, cls ;
- Part B: (R hnd shk) circular cross body ; ; ; ; shdw ny twice ; ;
(stckd hnd) undrm trn ;
- Bridge: (jnd hnds) lariat ; ; shdw ny ; (stckd hnd) undrm trn ;
- Part C: chs w/ undrm pass ; ; ny twice ; ; sd, drw, cls ;
- Part B: (R hnd shk) circular cross body ; ; ; ; shdw ny twice ; ;
(stckd hnd) undrm trn ;
- Ending: (jnd hnds) lariat ; ; shdw ny ; (stckd hnd) undrm trn w/sd corte ending
to RLoD ; & 😊