## **Come On A My House**

RELEASED: Sept 28, 2006

**CHOREO:** Richard E. Lambery & Alise Halbert

**ADDRESS:** 1106 Venetian Avenue Orlando, FL 32804 PHONE: 407-298-3570 FAX:

lamberty@rexl.org **WEBSITE:** E-MAIL: www.rexl.org Come On A My House (Swing Slow and Cha Cha Cha (Della Reese) Track 1) **MUSIC:** TIME @ BPM:

**RHYTHM:** 

**PHASE** (+):

**FOOTWORK:** Opposite unless indicated [Woman's footwork in Italics] **SEQUENCE:** Introduction A B A (1 - 8) C A B A (1 - 8) Ending

## Introduction

#### Wait; ; Lady Flare; Walk Away 3 Slows and Spot Turn to face; Walk together 3 Slows, Rock 1 - 8Side, Recover; Cross Lunge, -, Unwind, -; Spin to Face, -, Side, -;

- 1 2Wait for two measures, Man standing Akimbo (feet apart, hands on hips) facing COH, Woman behind man and slightly offset to his left on R with L leg bent over Man's left thigh and arms gently around his neck;;
- 3 4[Walks and Spot Turn (1-3-1-34)] Walk forward R toward COH, -, forward L, -; Walk forward R, -, turning to face LOD rock side L, recover R to face WALL and partner; [W: Flaring L leg off of Man's thigh and turning LF walk forward L toward WALL, -, forward R, -; Walk forward L, -, turing to face LOD rock side R, recover L to face COH and partner;
- [Walks and Side Rock (1-3 1-34)] Walk forward L toward WALL and partner and point L 5 - 6toward partner, -, forward R, -; Walk forward L, -, rock side R toward RLOD, recover L; [W: Walk forward R and point R toward partner, -, forward L, -; Walk forward R, -, rock side L toward RLOD, recover R; ]
- 7 8[Cross Lunge, Unwind; Unwind, Side (1-3-5-7-)] Cross lunge R toward LOD and freeze, -, unwind LF to face COH standing up feet parallel and freeze, -; Spin LF to face WALL feet together and freeze, -, side R joining lead hands in LOP facing partner and WALL, -; [W: Cross lunge L toward LOD and freeze, -, unwind RF to face WALL standing up feet parallel and freeze, -; Spin RF to face COH feet together and freeze, -, side L to LOP facing partner, -;]

### Part A

#### New Yorker; Aida; Switch, Recover, Rock Thru, Recover; Rock Side, Recover, Side, Hip <u>1 – 9</u> Bump; Whip with Reverse Twirl; Thru, Spiral, Forward Cha; Rock Side, Recover, Forward Cha; Ronde, -, Touch, -; Knee Pops [W: Hip Swivels];

- 1 [New Yorker (123&4)] Turning to LOP facing RLOD rock thru L, recover R then turn to face partner, side L / close R to L, side L;
- [Aida (123&4)] Thru R, forward L then swivel RF [W: swivel LF] to LOP backing LOD, back 2 R / lock L XIF of R [W: lock R XIF of L], back R;
- [Switch Rock (1234)] Turning LF to face partner and WALL rock side L, recover R, turning 3 to LOP facing RLOD rock thru L, recover R then turn to face partner and WALL;
- 4 [Rocks with Hip Bump (123H)] Rock side L, recover R, rock side L, lift and lower R hip;

- [Whip with Reverse Twirl (123&4)] Turning slightly RF to Sidecar rock back R, raising joined lead hands turning LF to face LOD recover forward L, forward R / lock L XIB of R, forward R to end in LOP facing LOD;
  [W: Turning slightly RF to Sidecar forward L toward DC, forward R sprial LF to face LOD, turning under joined lead hands forward L down LOD / spinning LF close R to L, forward L down LOD;]
- [Forward, Spiral and Cha (123&4)] Thru L, forward R releasing hands spiral LF 3/4 [W: spiral RF], joining lead hands in a V Back-to-Back continue LF turn forward L down LOD / lock R XIB of L [W: lock L XIB of R], forward L;
- [Rock Side, Recover, Forward Cha (123&4)] Turning to face partner and COH rock side R, recover L and joining trailing hands, releasing lead hands and turning to OP facing RLOD thru R / lock L XIB of R [W: lock R XIB of L], forward R in OP facing RLOD;
- 8 [Ronde, Touch (1-3-)] Slowly ronde the L foot CW turning to face Partner and COH and touch L to side of R 8 to 12 inches apart with the left knee angled inward toward right knee no hands;
  - [W: Ronde R CCW to touch R to instep of L with R heel held very high and right knee across left knee right hand on right hip and left hand touching side of head pose;]
- [Knee Pops and Hip Swivels (1234)] Rock side L angling right knee inward toward left knee, rock side R angling left knee inward toward right knee, repeat L, R;
  [W:Close R to L lifting L heel off floor and sending L knee across R knee, close L to R lifting R heel off floor and sending R knee across L knee, close R to L lifting L heel off floor and sending L knee across R knee, small step side L and give a little bootie bump;]

# Part B

# 1-4 Cucaracha Hip Roll With Twisty Hitch; Quick Cucaracha Twice; Cucaracha Hip Roll With Twisty Hitch; Quick Cucaracha Twice;

- [Cucaracha Hip Roll W/ Twisty Hitch (123&4)] Joining hands in Butterfly Position rock side L rolling hips CCW, recover R turning slightly to Banjo and show a little bootie, back L in Banjo / close R to L and swivel RF to Sidecar, forward L in Sidecar; [W: Rock side R rolling hips CCW and showing a little bootie, recover R turning slightly to Banjo, forward R in Banjo / close L to R and swivel RF to Sidecar, back R in Sidecar;]
- 2 [Quick Cucaracha (1&23&4)] Turning to face partner and COH rock side R / recover L, close R to L, rock side L / recover R, close L to R;
- [Cucaracha Hip Roll W/ Twisty Hitch (123&4)] Rock side R rolling hips CW, recover L turning slightly to Sidecar and show a little bootie, back R in Sidecar / close L to R and swivel LF to Banjo, forward R in Banjo;
  [W: Rock side L rolling hips CW and showing a little bootie, recover L turing slightly to Sidecar, forward L in Sidecar / close R to L and swivel LF to Banjo, back in Banjo;]
- 4 [Quick Cucaracha (1&23&4)] Turning to face partner and WALL rock side L / recover R, close L to R, rock side R / recover L, close R to L;

# 5-9 Basic To Alemana Turn; ; Natural Opening Out in 4; Slow Opening Out and Recover; Underarm Change Side and Spot Turn;

5-6 [Basic To Alemana Turn (123&4 x 2)] Rock forward L, recover R, side L / close R to L, side L raising joined lead hands; Turning to face DC rock back R, recover forward L then turn to face COH, forward R / lock L XIB R, forward R in loose Banjo; [W: Rock back R, recover L, side R / close L to R, side R; Turning to face DWR RF then step forward L outside of Man's L side, turn 1/2 RF then step forward R toward DC, continue RF step side L toward LOD / close R to L, forward L toward WALL;]

- 7 [Natural Opening Out in 4 (1234)] Rock side L, recover R, close L to R, close R to L; [W: Swivel RF 3/8 on L then rock back R, recover L to face RLOD, swivel LF 1/4 on L then rock side R facing partner, recover L;]
- 8 [Slow Opening Out and Recover (1-3-)] Rock side L, HOLD, recover R, swivel Woman to loose Banjo;
  - [W: Swivel RF 3/8 on L then rock back R, HOLD, recover L to face RLOD, swivel LF 1/4 on L touching R to L to end in loose Banjo;]
- 9 [Underarm Change Sides and Spot Turn (1234)] Releasing R hand from Woman's back and raising joined lead hands rock back L turning Woman LF joined lead hands, recover R to face LOD, swivel RF on R then rock side L toward LOD, recover side R in LOP facing partner and WALL;

[W: Forward R outside partner turning under joined lead hands, forward L toward LOD, swilve LF on L then rock side R toward LOD, recover side L to face partner;]

Note: Either or both may do a hairsweep on steps 3 and 4. (*Dig your hair*) Note: Optional FLICK of free foot after 4<sup>th</sup> step. (*HEY!*)

### 10 - 13 New Yorker; Quick New Yorkers; New Yorkers; Quick New Yorkers;

- Repeat the action from Measure 1 of Part A to end in BLFY facing WALL.
- [Quick New Yorkers (1&23&4)] Releasing lead hands turn to face LOD in OP rock thru R / recover L to face partner and Wall, side R joining lead hands, releasing trailing hands turn to face RLOD rock thru L / recover R to face partner and WALL, side L joining trailing hands;
- [New Yorker (123&4)] Releasing lead hands and turning to OP facing LOD rock thru R, recover L then turn to face partner, side R / close L to R, side R end in BFLY facing WALL;
- [Quick New Yorkders (1&23&4)] Releasing trailing hands turn to face RLOD in LOP rock thru L / recover R to face partner and Wall, side L joining trailing hands, releasing lead hands turn to face LOD rock thru R / recover L to face partner and WALL, side R joining lead hands;

## Part C

- Hitch 4 with Arms (face RLOD); Forward / Lock, Forward, Forward / Lock, Forward;
  Hitch 4 with Arms (face WALL); Forward / Lock, Forward, Forward / Lock, Forward;
  Hitch 4 with Arms (face LOD); Forward / Lock, Forward, Forward / Lock, Forward;
  Jump Together, Close, Pose; Knee Pops [W: Hip Swivels];
- [Hitch 4 (1234)] Turning LF to face RLOD forward L arms down, close R to L throw arms up, back L arms down, close R to L throw arms up;
  [W: Turning RF to face RLOD forward R arms down, close L to R throw arms up, back R arms down, close L to R throw arms down;]
- 2 [Forward Lock Forward Twice (1&23&4)] Forward L left side leading and extending L arm forward / lock R XIB of L, forward L, forward R right side leading and extending R arm / lock L XIB of R, forward R;
- 3 4 Repeat measures 1 and 2 of part C facing WALL. [W: face COH]
- 5-6 Repeat measures 1 and 2 of part C facing LOD. [W: face LOD]
- [Jump Together, Close, Pose(12)] Turning to face COH jump forward L, close L to R throw arms up, place L to side of R no weight with left knee angled toward right knee, hold; [W: Turning to face WALL jump forward R, close L to R, touching R to instep of L with R heel held very high and right knee across left knee right hand on right hip and left hand touching side of head pose and hold;]
- [Spot Turn in 4 (1234)] Rock forward L turn RF 1/2, recover forward R toward WALL, turn 1/4 RF rock side L toward WALL, recover R now facing RLOD;
  [W: Rock forward R turn LF 1/2, recover forward L toward COH, turn 1/4 LF rock side R toward COH, recover L now facing RLOD;]

- 9-16 Hitch 4 with Arms (face RLOD); Forward / Lock, Forward, Forward / Lock, Forward; Hitch 4 with Arms (face WALL); Forward / Lock, Forward, Forward / Lock, Forward; Hitch 4 with Arms (face LOD); Forward / Lock, Forward, Forward / Lock, Forward; Jump Together, Close, Extend Hand, /W: Take Hand]; Apart, Recover, Change Side in 2;
- 9-14 Repeat measures 1-6 of Part C.
- [Jump Together, Close(12)] Turning to face COH jump forward L, close L to R throw arms up, extend left hand palm up to Woman, Woman takes Man's left hand in her right;
- [Rock Apart, Recover, Change Sides in 2 (1234)] Rock apart L, recover R, forward L turning RF 1/2, continue RF turn recover R to end in LOFP Man facing WALL;
  [W: Rock apart R, recover L, forward R turning 1/2 LF, continue LF turn recover L;]

## **Ending**

- 1-10 Rumba Rag Doll Cucaracha Three Times; ; ; Quick Cucarachas; Lunge and Hold; Circle Away 2 and Cha; Circle Together 2 and Cha; Forward Basketball Turn in 4; Man Basketball turn His back and POSE [W: Walk up, Hook Leg and Shimmy].
- 1 [Rag Doll Cucaracha (123-)] With an exaggerated rag doll action rock side L, recover R, close L to R, hold;
- 2 3 [Rag Doll Cucaracha (123-)] With an exaggerated rag doll action rock side R, recover L, close R to L, hold; Repeat action of Measure 1 from Ending.
- 4 Repeat the action from Measure 2 from Part B.
- [Lunge (1)] Lunge side R toward LOD right knee well bent and left leg extended toward RLOD looking slightly downward and left hand on left hip and right hand on forehead, HOLD;
- 6-7 [Circle and Cha Twice (123&4 123&4)] Circle away L, R, forward L / R, L to face WALL; Circle together R, L, forward R / L, R to face Partner and COH no hands;
- 8 [Basketball Turn in 4 (1234)] Lunge forward L, turning RF 1/2 recover forward R toward WALL, lunge forward L, turning RF 1/2 recover forward R toward COH and Partner;
- 9 [Turn Away and Pose (123-)] Lunge forward L, turning RF 1/2 recover forward R toward WALL, side L to stand Akimbo and hold; [W: Walk forward R, side L and look at Man's back;]
- [Leg Crawl and Shimmy (1)] As Man holds Woman steps forward R to stand very close behind Man and slightly offset to his left then lifts left leg and hangs it over the Man's thigh and gently and loosely hangs her arms around his neck, then shimmy playfully.