

So nah wie Du (ST Teach 4)

Monika Gründer, Feb. 2021

ST III+I+I (Inside Roll, Sweetheart Runs)

„So nah wie Du“ by Helene Fischer

Teaching: Wrap LOD, Sweetheart Runs

Sequence as noted

Intro 8 BFLY Wait 4;;; Basic;; Vine 8;;

A 8+8 Basic;; Lunge Basic w/Insd Roll; Lunge Basic;
Twisty Basic;; Open Basic 2x;;
Vine 4; Basic;; Vine 4;
Twisty Basic;; Lunge Basic w/Insd Roll; Lunge Basic;

B 16 Open Basic; Basic Endg to WRP; Sweetht Runs;;
Twisty Basic;; Lunge Basic 2x;;
Open Basic; Basic Endg to WRP; Sweetht Runs;;
Twisty Basic;; Lunge Basic 2x;;
o: Lunge Basic; & Lunge Sd CUT

Bridge Vine 4;

A

B1-15 & Lunge Sd (trlft !!!) Stop music here or fade out