

Catch a Falling Star (ST First Teach)

Monika Gründer, Feb. 2021 ST III

Perry Como: Catch A Falling Star MCPS 7 619941 224203

Teaching: Basic, Open Basic 2x, Lunge Basic 2x, Side Basic, Basic Ending, (Vine)

Sequence as noted

Intro 4 In BFLY WALL wait 4;;;;

A Basic;; Open Basic 2x;;
Basic;;*** Lunge Basic 2x;;

B Side Basic; Open Basic 2x;; Basic Endg;
Side Basic; Lunge Bsc 2x;; Basic Endg;

A+1 A;;; ;;;; +Vine 4;

B+2 B;;; ;;;; +Vine 8;;

A+2 A;;; ;;;; +Vine 8;;

B

A

A***

End Vine 4; Vine 3, - ;