

ELMER'S CHA

Choreography: Monika Gründer, Aktienstr. 18, D - 47057 Duisburg - E-Mail: monikagruender@gmx.de
Music: „Elmer's Tune” - Ross Mitchell, His Band & Singers - Album: “Gold Latin”, Track 5 - 2:11 min. Slow down: - 5%
Rhythm & Phase: CH, Phase III + 1(Triple Cha Fwd & Bk) + 1(Triple Cha Rolls)
Timing: 1,2,3&4 throughout, unless noted - reflects actual weight changes
Footwork: opposite unless noted (Woman's footwork in parentheses)
Sequence: Intro – A – B – Amod – C – B – A(1-4) – End

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INTRODUCTION

1-4 WAIT 2 MEAS ; ; APART & POINT ; STEP TO OPEN & TOUCH ;

- 1-2 {**Wait 2**} In OP FCG M fcg ptr & WALL wait ; Wait ;
3 {**Apt & Pt (1,-,-,-)**} Stp apt L, -, pt R twd ptr, - ;
4 {**Stp to OP & Tch (1,-,-,-)**} Stp fwd R twd ptr trng LF to OP LOD, -, tch L to R, - ;

PART A

1-4 SLIDING DOOR ; ROCK APART, RECOVER, FORWARD CHA ; FORWARD, TURN IN, BK CHA ; ROCK BACK, RECOVER, FORWARD CHA ;

- 1 {**Sliding Door**} In OP LOD rk apt L, rec sd R, release hnds and while chg sds & W crossg in front of M XLif/sd R, XLif to LOP LOD ;
2 {**Rk Apt, Rec, Fwd Cha**} In LOP LOD rk sd R, rec sd L, fwd R/cl L, fwd R ;
3 {**Fwd, Trn In, Bk Cha**} Fwd L start trng LF, fwd R trng LF to OP RLOD, bk L/cl R, bk L ;
4 {**Rk Bk, Rec, Fwd Cha**} Rk bk R, rec fwd L, fwd R/cl L, fwd R to OP RLOD ;

5-8 CIRCLE AWAY & TOGETHER TO BFLY ; ; TRAVELING DOOR TWICE TO OPEN RLOD ; ;

- 5-6 {**Circle**} Releasg hnds move away from ptr in a LF circular pattern fwd L, fwd R, fwd L/cl R, fwd L to fc LOD ; Finishg the circular pattern move fwd R, fwd L, fwd R/cl L, fwd R to BFLY COH, - ;
7-8 {**Trav Door 2x**} Rk sd L, rec sd R, XLif/sd R, XLif (*W Xif too*) ; Rk sd R, rec sd L, XRif/sd L, XRif trng to OP RLOD ;

9-12 SLIDING DOOR ; ROCK SIDE, RECOVER, FORWARD CHA ; FORWARD, TURN IN, BK CHA ; ROCK BACK, RECOVER, FORWARD CHA ;

- 9-12 Repeat meas 1-4 of Part A to end in OP LOD ; ; ;

13-16 CIRCLE AWAY & TOGETHER TO LEFT OPEN FACING ; ; LARIAT TO BFLY ; ;

- 13-14 {**Circle to LOP**} Repeat meas 5-6 of Part A endg in LOP FCG WALL & W slightly to M's R sd ; ;
15-16 {**Lariat**} Leadg W to circle CW w/jnd ld hnds rk sd L w/partial weight and hip action, rec R, sip L/R, L ; Rk sd R w/partial weight and hip action, rec L, sip R/L, R to BFLY WALL, - ;
(*W does a CW circle around ptr fwd R, fwd L, fwd R/L, R ; Fwd L, fwd R, fwd L/R, L to fc ptr ;*)

PART B

1-4 SIDE, CLOSE MAN THEN LADY ; TWICE TO BFLY ; VINE 4 ; SIDE DRAW CLOSE ;

- 1-2 {**Sd, CI M then W (1,2,3,4) 2x**} In BFLY WALL stp sd L, cl R, -, - (*W -, -, sd R, cl L to R*) ; Repeat meas 1 ;
note: 2nd time thru Part B you may change to “Sd, CI Lady then Man; 2x;”
3 {**Vine 4 (1,2,3,4)**} Sd L, XRib, sd L, XRif (*W sd R, XLib, sd R, XLif*) ;
4 {**Sd Draw CI (1,-,3,-)**} Sd L, draw R to L, cl R to L stay in BFLY WALL, - ;

5-8 CUCARACHA TWICE ; ; VINE 8 TO OPEN ; ;

- 5-6 {**Cuca 2x**} In BFLY WALL rk apt L w/partial weight & hip action, rec sd R, cl L/R, L ; Rk apt R w/partial weight & hip action, rec sd L, cl R/L, R ;
7-8 {**Vine 8 (1,2,3,4; 1,2,3,4)**} Repeat meas 3 of Part B ; Repeat meas 3 of Part B to OP LOD ;
note: may be danced as Open Vine 8;

PART A MOD

1-4 SLIDING DOOR ; ROCK SIDE, RECOVER, FORWARD CHA ; FORWARD, TURN IN, BK CHA ; ROCK BACK, RECOVER, FORWARD CHA ;

- 1-4 Repeat meas 1-4 of Part A ; ; ;

- 5-8 **CIRCLE AWAY & TOGETHER TO OPEN ; ; SLIDING DOOR ; CUCARACHA TO BFLY :**
 5-6 {Circle} Repeat meas 5-6 of Part A but end in OP RLOD ; ;
 7 {Sliding Door} From OP RLOD repeat meas 1 of Part A to LOP RLOD ;
 8 {Cuca to Fc} Rk apt R w/partial weight & hip action, rec sd L start trng LF, cl R/L, R trng to BFLY WALL ;

PART C

- 1-4 **BREAK INTO TRIPLE CHA FORWARD & BACK ; ; ; ;**
 1-2 {Brk into Triple Cha Fwd (1,2,3&4; 1&,2,3&,4;)} Swvlg LF on R rk bk L to OP LOD, rec fwd R, fwd L/cl R, fwd L ; Fwd R/cl L, fwd R, fwd L/cl R, fwd L ;
 3-4 {Triple Cha Bk (1,2,3&4; 1&,2,3&,4;)} In OP LOD rk fwd R, rec bk L, bk R/cl L, bk R ; Bk L/cl R, bk L, bk R/cl L, bk R ;
- 5-8 **ROCK BACK, RECOVER INTO HAND TO HAND TWICE ; ; SPOT TURN IN 3 & HOLD ; FENCE LINE IN 3 & HOLD :**
 5-6 {Hnd-Hnd 2x} Rk bk L, rec fwd R to BFLY WALL, sd L/cl R, sd L ; Swvlg RF on L rk bk R to LOP RLOD, rec fwd L to BFLY WALL, sd R/cl L, sd R ;
 7 {Spot Trn 3 (1,2,3,-)} Releasg trlhnds stp thru L w/strong RF trn, cont trng RF to fc ptr sd & fwd R, sd L to BFLY WALL, hold pos ;
 8 {Fence Line 3 (1,2,3,-)} In BFLY WALL rk thru R w/soft knee, rec L, sd R, hold pos ;
- 9-12 **BREAK INTO TRIPLE CHA ROLLS ; ; ROCK BACK, RECOVER INTO TRIPLE CHA ROLLS TO REVERSE ; ;**
 1-2 {Brk into Triple Rolls (1,2,3&4; 1&,2,3&,4;)} Swvlg LF on R rk bk L to OP LOD, rec fwd R trng RF to fc ptr, sd L/cl R, sd L trng ½ RF to Bk-Bk pos ; Sd R/cl L, sd R trng ½ RF to fc ptr, sd L/cl R, sd L trng ¼ RF to LOP RLOD ;
 3-4 {Rk Bk, Rec, into Triple Rolls (1,2,3&4; 1&,2,3&,4;)} Rk bk R, rec fwd L trng LF to fc ptr, sd R/cl L, sd R trng ½ LF to Bk-Bk pos ; Sd L/cl R, sd L trng ½ LF to fc ptr, sd R/cl L, sd R to BFLY WALL ;
- 13-16 **HAND TO HAND TWICE ; ; REVERSE UNDERARM TURN ; START CRAB WALKS :**
 5-6 {Hnd-Hnd 2x} Swvlg LF on R rk bk L to OP LOD, rec fwd R trng RF to BFLY WALL, sd L/cl R, sd L ; Swvlg RF on L rk bk R to LOP RLOD, rec fwd L to BFLY WALL, sd R/cl L, sd R ;
 7 {Rev Undrm Trn} Releasg trlhnds XLif of R leadg W to trn LF undr jnd ldhnds, rec bk R, sd L/cl R, sd L to BFLY WALL (W stp thru R trng LF, rec sd L cont trng LF to fc ptr, sd R/cl L, sd R) ;
 8 {Start Crab Walks} In BFLY WALL XRif of L, sd L, XRif/sd L, XRif (W XLif of R, sd R, XLif/sd R, XLif) ;

ENDING

- 1-4 **SLIDING DOOR ; CUCARACHA TO FACE ; CUCARACHA IN 4 ; STEP SIDE & STOMP 3 TIMES ;**
 1-2 Repeat meas 7-8 of Part Amod ; ;
 3 {Cuca in 4 (1,2,3,4)} In BFLY WALL rk sd L w/partial weight & hip action, rec R, cl L, sip R ;
 4 {Stp Sd, Stomp 3x (1,2&,3)} Stp sd L, w/definite sounds cl R/sip L, sip R, - ;

Suggested Cues:

Intro – A – B – Amod – C – B – A(1-4) – End

- Intro In OP FCG Wait 2 meas;; Stp Apt & Pt; Stp to OP & Tch;
- A Slidg Door; Rk Sd, Rec, Fwd Cha; Fwd, Trn In & Bk Cha; Rk Bk, Rec, Fwd Cha;
 Circle Away & Tog;; Trav Door 2x to OP RLOD;;
 Slidg Door; Rk Sd, Rec, Fwd Cha; Fwd, Trn In & Bk Cha; Rk Bk, Rec, Fwd Cha;
 Circle Away & Tog;; Lariat to BFLY;;
- B Sd, Cl M then Lady; 2x; Vine 4; Sd Draw Cl;
 Cuca 2x;; Slow Vine 8 to OP;;
- Amod Slidg Door; Rk Sd, Rec, Fwd Cha; Fwd, Trn In & Bk Cha; Rk Bk, Rec, Fwd Cha;
 Circle Away & Tog to OP;; Slidg Door; Cuca to BFLY;
- C Brk into Triple Cha Fwd & Bk;;;
 Hnd-Hnd 2x;; Spot Trn 3 & Hold; Fence Line 3 & Hold;
 Brk into Triple Cha Rolls;; Rk Bk, Rec, into Triple Cha Rolls;;
 Hnd-Hnd 2x;; Rev Undrm Trn; Start Crab Walks;
- End Slidg Door; Cuca to BFLY; Cuca in 4; Stp Sd & Stomp 3x;