

Make You Feel My Love

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Rhythm: Phase III + 2 (Left Side Pass, Right Side Pass) Bolero (AVG)

Music: "Make You Feel My Love" from Album 19 by Adele, Track 9, Length: 3:32, Available on iTunes

Time/Speed: Original Speed

Footwork: Opposite for woman except where notated

Sequence: Intro – A – A – B – A – C – B – A – End

INTRODUCTION

1-4 **WAIT 1 MEASURES IN OPEN FACING WALL; FORWARD BREAK; LADY TURNS TO BOLERO BANJO WHEEL 3; LUNGE BREAK;**

1-2 In opn FCG trl ft free wt 1 measure; sd & fwd R,--, fwd L, bk R;

3-4 Sd L stg RF trn,--, fwd R cont RF trn, fwd L cont RF trn to FCG (fwd R swvl ¼ LF to BL BJO,--, fwd L stg RF trn; fwd R cont RF trn to FCG); sd & fwd R,--, xtnd L ft, rise (sd & bk L,--, bk R, fwd L);

5-8 **SPOT TURN TO HANDSHAKE; SHADOW NEW YORKER TO STACKED HANDS; DOUBLE HAND UNDERARM TURN; BREAK BACK WITH MAN'S HEADLOOP TO HALF OPEN FACING LINE;**

5-6 Sd L,--, X R in frnt of L swvl ½ LF, rec R cont LF trn to FCG HNDSHK; sd R,--, slp fwd L, bk R jn L hnds undr R hnds;

7-8 Sd L,--, X R bhd L, fwd L (sd R,--, X L in frnt of R trng ½ RF, fwd R cont RF trn to fc); sd R,--, swvl ¼ LF to L opn bk L drop L hnds bhd M hd, fwd R;

PART A

1-4 **BOLERO WALKS; TO FACE; HALF BASIC; HIP LIFT;**

1-2 Fwd L,--, fwd R, fwd L; fwd R,--, fwd L, fwd R to FCG;

3-4 sd L,--, slp bk R, fwd L; sd R,--, lift L hip, lower L hip;

5-8 **CRAB WALKS;; SPOT TURN; BREAK BACK TO HALF OPEN (1st TIME THROUGH) LUNGE BREAK (ALL OTHER TIMES);**

5-6 Sd L,--, X R in frnt of L, sd L; X R in frnt of L,--, sd L, X R in frnt of L;

7 Sd L,--, X R in frnt of L swvl ½ LF, rec R cont LF trn to FCG;

8 (1st) Sd R,--, swvl ¼ LF to L opn bk L, fwd R;

8 Sd & fwd R,--, xtnd L ft lowering, rise (sd & bk L,--, bk R, fwd L);

PART B

1-4 **LEFT SIDE PASS WITH LADY SYNCOPAED TWIRL TO HANDSHAKE; SHADOW NEW YORKER TO STACKED HANDS; DOUBLE HAND UNDERARM TURN; DOUBLE HAND REVERSE UNDERARM TURN;**

1-2 Fwd L ld W to trn RF,--, slp bk R, fwd L trng LF to COH in HNDSHK (swvl ¼ RF o L ft fwd R, --, fwd L stg LF trn & fwd R cont LF trn, sd L cont LF trn & sd R cont LF trn to COH in HNDSHK); sd R,--, slp fwd L, bk R jn L hnds undr R hnds;

3-4 Sd L,--, X R bhd L, fwd L (sd R,--, X L in frnt of R trng ½ RF, fwd R cont RF trn to fc); sd R,--, X L in frnt of R, bk R (sd L,--, X R in frnt of L trng ½ LF, fwd L cont LF trn to fc);

5-8 LEFT SIDE PASS WITH LADY SYNCOPATED TWIRL TO HANDSHAKE; SHADOW NEW YORKER TO STACKED HANDS; DOUBLE HAND UNDERARM TURN; BREAK BACK WITH MAN'S HEADLOOP TO HALF OPEN FACING LINE;

- 5-6 Fwd L ld W to trn RF,--, slp bk R, fwd L trng LF to COH in HNDSHK (swvl ¼ RF o L ft fwd R, --, fwd L stg LF trn & fwd R cont LF trn, sd L cont LF trn & sd R cont LF trn to COH in HNDSHK); sd R,--, slp fwd L, bk R jn L hnds undr R hnds;
- 7-8 Sd L,--, X R bhd L, fwd L (sd R,--, X L in frnt of R trng ½ RF, fwd R cont RF trn to fc); sd R,--, swvl ¼ LF to L opn bk L drop L hnds bhd M hd, fwd R;

PART C

1-4 RIGHT SIDE PASS; FORWARD BREAK; RIGHT SIDE PASS; FOORWARD BREAK;

- 1-2 Fwd & sd L,--, X R bhd L, fwd R trn RF to COH (fwd R,--, fwd L stg LF trn, bk R cont LF trn to COH); sd & fwd R,--, fwd L, bk R;
- 3-4 Fwd & sd L,--, X R bhd L, fwd R trn RF to FCG (fwd R,--, fwd L stg LF trn, bk R cont LF trn to FCG); sd & fwd R,--, fwd L, bk R;

5-8 LADY TURNS TO BOLERO BANJO WHEEL 3; LUNGE BREAK; SPOT TURN TO LOW BUTTERFLY; HIP LIFT;

- 5-6 Sd L stg RF trn,--, fwd R cont RF trn, fwd L cont RF trn to FCG (fwd R swvl ¼ LF to BL BJO,--, fwd L stg RF trn; fwd R cont RF trn to FCG); sd & fwd R,--, xtnd L ft, rise (sd & bk L,--, bk R, fwd L);
- 7-8 Sd L,--, X R in frnt of L swvl ½ LF, rec R cont LF trn to FCG low BFLY; sd R,--, lift L hip, lower L hip;

END

1-2 RIGHT SIDE PASS; SIDE CORTE;

- 1-2 Fwd & sd L,--, X R bhd L, fwd R trn RF to COH (fwd R,--, fwd L stg LF trn, bk R cont LF trn to COH); sd R,--,--;

HEAD CUES

INTRO WT 1; FWD BRK; LDY TRNS TO BL BJO WHL 3; LUN BRK; SPT TRN TO HNDSHK;
SHDW NY TO STACKED HNDS; DBL HND UNDRM TRN; BRK BK W/ M HD LOOP TO ½ OPN;

A BL WLKS; TO FC; ½ BAS; HIP LIFT; CRB WLKS;; SPT TRN; BRK BK TO ½ OPN;

A BL WLKS; TO FC; ½ BAS; HIP LIFT; CRB WLKS;; SPT TRN; LUN BRK;

B L PASS LDY SYNC TWRL TO HNDSHK; SHDW NY TO STACKED HNDS; DBL HND UNDRM TRN;
DBL HND REV UNDRM TRN; L PASS LDY SYNC TWRL TO HNDSHK; SHDW NY TO STACKED HNDS;
DBL HND UNDRM TRN; BRK BK W/ M HD LOOP TO ½ OPN;

A BL WLKS; TO FC; ½ BAS; HIP LIFT; CRB WLKS;; SPT TRN; LUN BRK;

C R PASS; FWD BRK; R PASS; FWD BRK; LDY TRNS TO BL BJO WHL 3; LUN BRK; SPT TRN TO LOW BFLY;
HIP LIFT;

B L PASS LDY SYNC TWRL TO HNDSHK; SHDW NY TO STACKED HNDS; DBL HND UNDRM TRN;
DBL HND REV UNDRM TRN; L PASS LDY SYNC TWRL TO HNDSHK; SHDW NY TO STACKED HNDS;
DBL HND UNDRM TRN; BRK BK W/ M HD LOOP TO ½ OPN;

A BL WLKS; TO FC; ½ BAS; HIP LIFT; CRB WLKS;; SPT TRN; LUN BRK;

END R PASS; SD CORTE;