

## YOU'VE GOT A FRIEND

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**MUSIC:** CD: To be loved, Track 11 "You've got a friend in me", by Michael Buble, 3:25 min original speed  
**RHYTHM:** Foxtrot  
**PHASE (+):** IV+2 (Nat Weave, Back Tipple Chasse Pivot) + 1 Unphased (The Square)  
**FOOTWORK:** Opposite unless indicated (W's footwork in parentheses)  
**SEQUENCE:** **INTRO A A B B-MOD C D INTERLUDE END**

### MEAS.

### INTRODUCTION

- 1-4 **WAIT 2;; ROCK R&L; ROLL 3 TO REV**  
(1-2) M facing Wall, no hands joined, Trail feet free, wait 2 meas;;  
SS (3) Sd R,-, sd L,-;  
SQQ (4) Roll RF to RLOD R,-, L, R;
- 5-6 **ROCK L&R; ROLL 4 TO PU TCH;**  
(5) Sd L,-, sd R,-;  
QQQQ (6) Roll LF L, R, L, R; to CP LOD

### PART A

- 1-4 **THREE STEP; FEATHER (DLC); REVERSE WAVE;;**  
(1) fwd L,-, fwd R, fwd L;  
(2) Fwd R,-, fwd L, fwd R outside W in CBMP/DLC (W bk L, -, sd & bk R, bk L);  
(3-4) Fwd L starting LF body trn 3/8, -, sd R line of progression, bk L DLW, (W bk R starting LF body trn 3/8, -, cl L to R [heel turn], fwd R diagonally); bk R, -, bk L comm to turn LF, bk R curving LF towards DLC, (W fwd L, -, fwd R, fwd L curving LF towards DLC);
- 5-8 **BK FEATHER; BK THREE STEP; OUTSD CHANGE TO BJO; START NAT WEAWE;**  
(5) Bk L, -, bk R w/rt shldr lead, bk L to CBMP, (W fwd R, -, fwd L w/lft shldr lead, fwd R);  
(6) Bk R,-, bk L, bk R outsd partner, (W fwd L w/heel lead, -, fwd R w/heel lead, fwd L outsd partner);  
(7) Bk L, -, bk R trng LF, sd & fwd L to SCP, (W fwd R, fwd L trng LF, sd & bk R to BJO);  
(8) Fwd R comm RF turn, -, sd L w/ L sd stretch a little under 1/4 RF turn between steps 1&2, w/ R sd leading bk R DLC prep to lead W outsd M slight RF turn between steps 2&3, (W bk L comm to turn RF, -, R ft closes to L heel turn with R sd stretch turning 1/4 RF between steps 1&2, with L sd lead fwd L prep to step outsd partner);
- 9-12 **FIN NAT WEAWE CHK IT; BK TWISTY VINE 4; HOVER TO SEMI; SLOW SD LOCK;**  
QQQQ (9) w/R sd stretch bk L in CBMP, bk R comm LF turn passing thru Cp, w/ L sd stretch sd & fwd L prep to step outsd partner trng 1/4 LF between steps 5 & 6, w/ L sd stretch fwd R in CBMP outsd partner, (W w/L sd stretch fwd R in CBMP outside partner, fwd L comm to turn LF passing through CP, with R sd stretch side R turning LF 1/8 between steps 5 & 6, with R sd stretch bk L turning LF 1/8 between steps 6 & 7 DLW);  
(10) heading to REV sd & bk L comm slight RF upper body turn, sd & fwd R, XLIF of R, comm slight LF upper body turn sd & bk R fc DLW, (W fwd R, comm slight RF upper body turn sd & bk L, XRIB of L, comm slight LF upper body sd & fwd L);

(11) Fwd L w/heel lead, -, sd & fwd R rising to ball of foot, rec L to SEMI CP, (W bk R, -, sd & bk L rising to ball of ft & brushing R to L, rec R to SEMI CP);  
 (12) Thru R, -, sd & fwd L to CP, XRIB of L turning slightly LF DLC, (W thru L start LF turn, -, sd & bk R cont LF turn, XLIF of R);

13-14

**REV TURN;;**

(13) Fwd L comm LF body turn, -, sd R cont turn, bk L twd LOD CP RLOD, (W bk R comm LF turn, -, close L to R heel turn cont turn, fwd R to CP LOD);  
 (14) Bk R cont LF turn, -, sd & fwd L DLW, fwd R CBMP outsd partner, (W fwd L cont LF turn, -, sd R cont turning LF to DLW, bk L to CBMP outsd partner);

**REPEAT PART A**

**PART B**

1-4

**HOVER TELEMARK; OP NAT; OUTSD SWIVEL TWICE; QUICK WEAVE ENDING IN 4;**

(1) Fwd L, -, diag sd & fwd R rising slightly [hovering] with body turning 1/8 to 1/4 RF, fwd L small step rising on ball of foot to Semi CP DLW;  
 (2) Fwd R comm RF trn, -, fwd & sd L cont RF trn, cont RF trn sd & bk R, (W fwd L,-, fwd R between M's feet, sd & fwd L) to CBMP DRC;  
 (3) Bk L in CBMP XRIF of L w/no weight,-, fwd R tch L to R, - (W in CBMP fwd R swvl RF on ball of R ft end in SCP,-, fwd L swvl LF on ball of L ft end in CBMP,-);  
 (4) Bk L, (W fwd R outsd M) bk R blending to CP and comm to trn LF, sd & fwd L cont trn to fc DLW, fwd R DLW in BJO preparing to blend to CP;

5-8

**HOVER; CROSS HESITATION (DRC); SWAY L&R; QUICK FEATHER FIN IN 4 TO DLW;**

(5) Repeat meas 11 of Part A;  
 SS (6) Thru R, -, comm 1/4 to 3/8 LF turn on R tchng L, -; (W Thru L, -, sd R around M trng LF, cont turn close L to R in BJO);  
 SS (7) blending to CP sway L, -, sway R, -;  
 QQQQ (8) Bk L, bk R trng LF, sd & fwd L, fwd R prep to step outsd W to CBMP, (W fwd R between M feet, fwd L trng LF, sd & bk R, bk prep to step outsd M to CBMP); fc DLW

**PART B MOD**

1-4

**HOVER TELEMARK; OP NAT; OUTSD SWIVEL TWICE; QUICK WEAVE ENDING IN 4;**

Repeat meas 1 - 4 of Part B;;;;

5-8

**HOVER; CROSS HESITATION (DRC); OUTSD CHANGE TO SEMI; START IN & OUT RUNS;**

(5) Repeat meas 5 - 6 of Part B;;  
 (7) Bk L, -, bk R trng LF, sd & fwd L to Semi CP, (W fwd R, -, fwd L trng LF, sd & fwd R to Semi CP);  
 (8) thru R starting RF trn, -, sd & bk DLW L to CP, bk R to BJO, (W thru L, -, fwd R between M ft, fwd L outsd M in BJO) ;

9-10

**FIN IN & OUT RUNS; THRU CHASSE TO BFLY SEMI;**

(9) using CBM bk L trng RF, -, sd & fwd R between W ft cont RF trn, fwd L to Semi CP, (W fwd R starting RF trn, -,fwd & sd L cont RF trn, fwd R to Semi CP) ;  
 SQ&Q (10) Thru R, -, sd L/close R, sd L,;

**PART C**

- 1-4 **THRU FRONT VINE 4; FWD LOCK TRNG; THRU FRONT VINE 4 TO REV; THRU SD TOUCH W/THRU SD CLOSE TURN TO SKATERS DLW;**  
 QQQQ (1) Thru R, sd L comm slight RF upper body turn, XRIB of L comm slight LF upper body turn, sd L;  
 SQQ (2) fwd R, -, XLIB of R, fwd R swiveling LF (W swivel LF) to fc REV;  
 QQQQ (3) Thru L, sd R comm slight LF upper body turn, XLIB of R comm slight RF upper body turn, sd R fc DRW;  
 (4) Thru L, -, sd R, touch L to R slightly swiveling LF to DLW, (W thru R, -, sd L swiveling LF on ball of ft to Skaters Position, close R to L);
- 5-8 **WK OUT 3; WK IN 3; WK OUT 3 W/TRANS ; ROLL 3 TO REV TO CP;**  
 (5) Both w/L ft free wk twd DLW fwd L, -, fwd R, fwd L swiveling LF on ball of ft twd DLC raise R knee;  
 (6) Fwd R, -, fwd L, fwd R swiveling RF on ball of ft twd DLW raise L knee;  
 (7) Fwd L, -, fwd R, fwd L, (W Fwd L, fwd R, fwd L swiveling LF on ball of ft to fc partner, small sd R);  
 (8) Roll RF R, -, L, R (W roll LF L, -, R, L) to REV to end in CP WALL;

**PART D**

- 1-4 **HOVER TELEMAR; OP NAT; BK R TIPPLE CHASSE PIVOT; BK FEATHER;**  
 (1-2) Repeat meas 1-2 of Part B;;  
 SQ&Q (3) Bk L comm RF trn, -, cont RF trn sd R toe pointing DLC/cl L to R, cont slight RF trn fwd R LOD between W's feet and pivot 3/8 RF to CP DRW, (W fwd R outsd partner comm RF trn, -, cont RF trn sd L/cl R to L, bk L and pivot 3/8 RF to CP fc DLC);  
 (4) Cont RF trn bk L LOD,-, bk R w/R sd leading, bk L, (W fwd R LOD,-, fwd L, fwd R outside partner) to BJO DRC;
- 5-8 **BK L TIPPLE CHASSE PIVOT; BK THREE STEP; SWAY L & R; SLOW IMPETUS to SEMI;**  
 SQ&Q (5) Bk R LOD comm LF trn to CP, -, cont LF trn sd L/cl R to L, cont slight LF trn sd & fwd L LOD pivot 3/8 LF to CP DRC, (W fwd L outsd partner comm LF trn, -, cont LF trn sd R/cl L to RL, bk R and pivot 3/8 LF to CP fc DLW);  
 (6) Bk R,-, bk L, bk R (W fwd L heel lead,-, fwd R heel lead rising to toe, fwd L) in CP RLOD;  
 SS (7) Repeat meas 7 of Part B; *slow down*  
 (8) Bk L trng RF, -, cl R to L [heel trn], cont trn fwd L tight SCP DLW (W fwd R between M feet pivoting 1/2 RF, -, sd & fwd L cont trn around M, cont trn fwd R to tight SCP DLW) ;

**INTERLUDE**

- 1-4 **SLOW OP IN & OUT RUNS;; START THE SQUARE;;**  
 (1-2) In SCP release hands fwd R comm RF trn across W, -, sd & bk L across LOD cont RF trn, bk R, (W fwd L, -, fwd R, fwd L end fcg LOD); bk L comm to turn, -, sd & fwd R, fwd L, (W fwd R comm RF trn across M, -, sd & turn L cont RF trn, fwd R) end fcg Semi LOD;

- (3) Fwd R comm RF trn, -, sd & fwd L cont RF trn to fc COH placing L arm around W's shoulder, fwd R, (W fwd L, -, sd & fwd R trng LF to L half open COH, fwd L);  
(4) both fcg COH in L half open fwd L, -, sd & fwd R trng LF to half open RLOD placing R arm around W's shoulder, fwd L, (W fwd R comm RF trn, -, sd & fwd L cont RF trn to fc RLOD, fwd R);

5-7

**FIN THE SQUARE;; OP NAT; HOLD,**

- (5) Fwd R comm RF trn, -, sd & fwd L cont RF trn to fc WALL placing L arm around W's shoulder, fwd R, (W fwd L, -, sd & fwd R trng LF to L half open WALL, fwd L);  
(6) both fcg WALL in L half open fwd L, -, sd & fwd R trng LF to half open LOD placing R arm around W's shoulder, fwd L, (W fwd R comm RF trn, -, sd & fwd L cont RF trn to fc LOD, fwd R);  
(7) blending to SEMI CP repeat meas 2 of Part B; hold,

**END**

1-5

**BK FEATHER; BK THREE STEP; OUTSD CHANGE TO BJO; NAT WEAVE;;**

- (1-5) Repeat meas 5-9 of Part A;;;

6-8

**HOVER TO SEMI; SLOW SD LOCK DLC; TELEMARK TO SEMI;**

- (6-7) Repeat meas 11-12 of Part A;;  
(8) Fwd L comm LF trn, -, cont trng LF sd & fwd R around W, cont trng LF to fc DLW sd & fwd L, (W bk R comm trng LF, -, cont trng LF on R-heel cl L, cont trng LF sd & fwd R); end in SCP/DLW

9-12

SS

**SLOW WHIPLASH; SLOW OUTSD SWIVELS; PROM SWAY & HOLD;;**

- (9) Thru R, -, lowering into the right knee sharply point L slightly fwd & side leading W to BJO hold, - (W thru L, -, lowering into left knee sharply turn LF to BJO pointing R slightly bk & sd hold, -);  
(10) Repeat meas 3 of Part B;  
(11-12) Sd & fwd L trng to SEMI CP and stretch body upward to look over joined lead hands, -, relax L knee, -; hold until last beat of music, -, trn head to look at partner, -;