## With You I'm Born Again

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E-MAIL: lamberty@rexl.org With You I'm Born Again (Billy Preston and Syreeta)
RHYTHM: Waltz
PHASE (+): VI
FOOTWORK: Opposite unless indicated [W's footwork in square brackets]
SEQUENCE: INTRODUCTION A A B C BRIDGE D C E B C BRIDGE ENDING
NOTE: I would like to give special thanks to Bill and Carol Goss who graciously allowed me to release this dance. If you do not find this dance to your liking, please consider their phase VI choreography to a different arrangement of the same song. You might also consider the Phase IV+1 version I have written to this same music.

I aplogize for the very long cuesheet.

## Introduction

## 1-4 Wait; Explode; Syncopated Thru Vine; Thru, Face, Close (to Right Handshake)

1 Wait for 1 measure in Open Facing Position Man facing DLW.
2 [Explode (1--)] Apart L with arm sweep to end in Open Position facing
3 [Syncopated Vine (1\&23)] Thru R toward DLC / side L, XRib but keeping trail hands joined, side and forward L in Open Position facing DLC;
4 [Thru, Face, Close (123)] Thru R, side L turning to face, close R to end in Right Handshake facing LOD;

## Part A

1-8 Man Forward and Headloop Lady; Lady Turn to CP, Slip; Double Reverse Spin; Hesitation Change Drift Apart to LOP; Rock Forward, Recover, Back / Close (Preparation); Dip; Ronde, Fallaway, to LOP; Thru, Side, Draw (1 ${ }^{\text {st: }}$ To Right Handshake, $2^{\text {nd }}:$ To CP / DLC);
1 [Forward to Lady's Headloop (1--)] Forward L, raise joined right hands Man's R elbow out with palm slightly up and Woman's R elbow out with palm down and drape right hands over Woman's head from moving joined hands from the front of her head towards the back then down and releasing hands before they touch her neck, then allow R hand to trail along Woman's shoulder and down the under side of her left arm leaving R arm up almost in a 'frame' position; [W: Hold position on L allowing head loop to happen...]
2 [Woman Forward to Shoulder Shrug, Slip to CP (--3)] Man holds position for counts 1 and 2, -, then slip back R to end in CP facing DLC;
[W: (1-3) Forward $R$ toward Man and between his feet small step, leading with the left elbow raise the left arm up over Man's $R$ arm slipping into a loose $C P$, forward $L$ turning slightly LF to end in CP;]
3 [Double Reverse Spin (12-)] Forward L towards DLC rising commence LF turn, side and around partner R [W: heel turn] now backing LOD, spin LF on ball of R lower at end of '3' in CP DLW;
[W: (123\&) Back $R$ toe to heel and nearly straighten legs leaving feet flat, close $L$ without weight and turn on heel of $R$ to face LOD then transfer weight to the flat of the $L$ foot, continue $L F$ turn side $R$ toe pointing COH body tracking Man's turn / continue LF turn XLif toe heel;]
4 [Change of Direction Drift Apart (12-)] Forward L commence LF turn, side R releasing R hand from Woman's back and drifting apart, draw L near R to end in Left Open Facing Position facing DLC;
$5 \quad$ [Rock Forward, Recover, Back / Close (123\&)] Rock forward L in a Bolero style, recover R, side and back L small step / close R taking Woman into a loose CP;
[W: Rock back $R$, recover L, side and forward $R$ / forward L small step blending to loose CP;]
6
[Dip (1--)] Dip back L and hold, -, -;

7 [Ronde, Fallaway, Side to LOP (123)] Recover forward R between Woman’s feet commencing RF body turn leaving L extended, ronde L CCW turning to a loose SCP then stepping back L, releasing R hand from Woman's back and turning to Left Open Position facing DRW forward R;
[W: Recover back L commence RF body turn, ronde R CW turning to loose SCP then stepping back R, turning to Left Open Position forward L;]
8 [Thru, Side, Draw (12-)] Thru L, side R turning to face Woman and LOD, draw L near R and change to Right Handshake;
NOTE: Second time through, blend to CP facing DLC.

## Part B

1-9 Reverse Fallaway, Slip Pivot; Telespin; ; Throwaway Oversway; Change to Oversway Line; Change to Samefoot Lunge Line; -, -, - / Pickup; Double Reverse Spin; Change Of Direction; ;

## NOTE: Second time thru: 7-9: Double Reverse Spin; Split Ronde; Change Of Direction;

1 [Reverse Fallaway, Slip Pivot (1\&23)] Forward L commence LF turn / side and back R toward DLC preparing for Fallaway Position, back L in Fallaway, back R then slip pivot LF to end in CP facing DLC; [W: Back R / back L preparing for Fallaway Position, back R in Fallaway, side and forward L then pivot LF on ball of $L$ to end backing DLC in CP lowering to heel at end of rotation;]
2-3 [Telespin (123; H23;)] Forward L rising commence LF turn, forward and around partner R [W: heel turn] continue LF turn, side and back L towards LOD left side leading; Spin LF on L and turning to CP, forward and around R continue LF turn [W: toe spin] then lower to flat of foot, side and back L toward LOD toes pointed toward DLW left side leading preparing for a Throwaway Oversway;
[W: (123; 1\&23) Back R, close L to $R$ (heel turn), forward $R$ down LOD right side leading; Forward $L$ small step past $M$ in SCAR / around partner $R$ turning LF and to CP, close $L$ to $R$ (toe spin), forward $R$ down LOD right side leading;]
4 [Throwaway Oversway (HHH)] Turning body LF soften $L$ knee, leaving the $R$ leg extended continue the body rotation to face DLW and sway to R;
[W: Turning LF allowing L leg to brush past R and extend back and slightly side with body in CP and swaying to $L$;]
5-6 [Change to Oversway Line and Change to Samefoot Lunge Line (HH3; HHH\&)] Turn the body sharply RF to an Oversway and Change Sway, rise, close R preparing for Samefoot Lunge Line; Lowering into R knee turn body slightly RF and extend L toward LOD into a Samefoot Lunge Line, hold, hold / turn body LF allowing Woman to Pickup to CP facing DLW;
[W: Swiveling on R turn RF to CP with L foot extended in an Oversway Line turn head to $R$ then sharply to $L$, rise, swivel slightly $R F$ on $R$ to allow L foot to point thru; Lowering on $R$ slowly turn head to $R$ and point L thru in a Samefoot Lunge Line, -, - / recover small step to L picking up to CP;] Note: Seriously, I have NO idea what Alise does with her head through all this. Sorry.
7 [Double Reverse Spin (12-)] Repeat action of Measure 3 from Part A, but commence facing DLW and end facing DLW.
8 [Split Ronde (-2(3)\&)] At the end of the Double Reverse Spin do not lower but rather allow Woman to transition; Lowering into R knee 'kick' forward L then ronde L CCW (toe may be on or off the floor), hook $L$ behind $R$ toes of $L$ facing LOD then rise over ball of $L$ and commence to unwind, continue to unwind and blending to CP facing DRC / back and slightly side R toward LOD then pivot LF to end in CP facing WALL (or DLW if you can manage the full turn on the figure);
[W: (\&;-2\&(3)\&) At the end of the Double Reverse Spin do not lower but rather uncrossing the $R$ small step side $R$ to transition; Lowering into $R$ knee 'kick' forward $L$ then ronde $L$ CCW (toe may be on or off the floor), hook $L$ behind $R$ toes of $L$ facing RLOD then rise over ball of $L$ / uncrossing side $R$ body facing DLW, rising brush $L$ to $R$ / forward L then pivot to end in CP backing WALL or DLW to match Man's rotation;]
NOTE: Only dance the Split Ronde the second time through Part B.
9 [Change of Direction (12-)] Forward L commence LF turn no rise, side R turning to face DLC no rise, draw $L$ near $R$ to end in CP facing DLC;
NOTE: First time thru Part B, Change of Direction is measure 8 and 9.

## Part C

## 1-8 Open Telemark; Big Top; Forward, Right Chasse; Open Impetus; Pickup, Viennese Cross; Hover Corte; Back, Chasse to Right; Contra Check, Recover, SCP;

1 [Open Telemark (123)] Forward L rising commence LF turn, side and around partner R [W: heel turn] now backing LOD, continue LF turn side and forward L toward DLW left side leading turning to SCP; [W: Back $R$ toe to heel and nearly straighten legs leaving feet flat, close $L$ without weight then turn on heel of $R$ to face DLW then transfer weight to the flat of the $L$ foot, continue $L F$ turn step side and forward $R$ towards DLW right side leading in SCP;]
2 [Big Top (1(2)\&3)] Thru R down LOD having turned $1 / 8$ to L from previous ending alignment and commence strong LF turn and rising slightly then swivel LF on ball of R foot to face COH , continuing LF rotation allow Woman to take second step / step back L towards WALL and allowing partner to blend to CP, continue LF turn back R toward LOD continue LF turn to end in CP facing DLW;
[W: (123) Thru L commence strong LF turn and commence to rise, side and back $R$ rising continue LF turn brushing $L$ to $R$ and turning to CP, continue LF turn forward $L$ well to partner's $R$ side and pivot LF on ball of $L$ to end in CP backing DLW;]
3 [Forward, Right Chasse (12\&3)] Forward L commence LF turn, side R toward DLW / close L, side R ending in BANJO backing DLW;
4 [Open Impetus (123)] Back L in BANJO commence RF turn, close R heel turn to face DLC rising at end of turn, continue body turn and step side and forward $L$ toward DLC left side leading in SCP;
[W: Forward R outside partner in BANJO commence RF turn, side and around partner L rising and brush $R$ to $L$, continue $R F$ turn side and forward $R$ towards DLC right side leading turning to SCP;]
5 [Pickup, Viennese Cross (123\&)] Thru R and pickup to CP facing DLC, forward L commence LF turn, side R continue LF turn / XLif to end in CP backing LOD;
[W: Thru L and pickup to CP, back R commence LF turn, side L / close R;]
Note: Head may open.
6 [Hover Corte (123)] Back R down LOD commence LF turn, side L pointing DLW body facing WALL and rising [W: brush $L$ to $R$ ], continue body turn then to face DLW then recover side and back R moving toward RLOD preparing to step back partner outside in BANJO;
[W: Forward L commence LF turn, side and back $R$ rising brush $L$ to $R$, side and forward $L$ left side leading preparing to step forward outside partner in BANJO;]
7 [Back, Chasse to Right (12\&3)] Back L down RLOD in BANJO, side R moving RLOD / close L, side R to face DRW in CP with medium to strong Left sway; Note: Woman may open head
8 [Contra Check (123)] Lowering well into R knee forward $L$ checking and correct sway, replace weight to R rising, turning to SCP forward L toward DLC;

## Bridge

## 1-2 Pickup, Viennese Cross; Hover Corte;

1-2 [Pickup, Viennese Cross; Hover Corte (123; 123)] Repeat the action from Measures 5 and 6 of Part C.

## Part D

## 1-8 Back Whisk; Chasse; Maneuver; Overturned Spin Turn; Natural Turning Lock to SCP; Forward

 Hover to BANJO; Outside Spin; Rudolf, Fallaway, Slip Pivot;1 [Back Whisk (123)] Back L down RLOD in Banjo, back and side R blending to CP facing WALL, XLib small step in SCP facing LOD;
[W: Forward R in Banjo, side and slightly back L toe turned in, XRib small step in SCP facing LOD;]
[Chasse (12\&3)] Thru R, side L partner turning to face / close R, side and forward L towards DLW preparing to step forward in Banjo;
3 [Maneuver (123)] Forward R in Banjo, side L turning to face RLOD in CP, close R;
[Overturned Spin Turn (123)] Back L pivot 3/8, forward R down LOD between partner's feet heel to toe and leaving $L$ extended back, turning RF side and back $L$ across LOD to end backing LOD;
[W: Forward R between partner's feet pivot 3/8, continue RF turn step back and slightly side across the LOD L rising brush $R$ to $L$, turning RF side and forward $R$ between partner's feet to end in CP facing LOD;]
5 [Natural Turning Lock (1\&23)] Back R with R side leading pointing DRC / turning RF XLif pointing COH [W: XRib], side and forward R between partner's feet pointing DLC continue RF turn rising [W: brushes $R$ to $L]$, side and forward L in SCP facing DLC;
6 [Forward Hover to Banjo (123)] Thru R commence LF turn, side L pointing LOD rising and leaving R extended back [W: brushes $L$ to $R$ ], recover back R with right side leading in Banjo backing RLOD and preparing for partner to step outside;
[W: Thru L commence LF turn, side and back R rising brush $L$ to $R$, side and forward $L$ left side leading preparing to step forward outside partner in BANJO;]
$7 \quad$ [Outside Spin (123)] Commencing strong RF turn back $L$ small step toe in Banjo toe pointing WALL and instep of right foot, continue RF turn forward R down RLOD still in Banjo, spinning on R foot blend to CP then step side and slightly back L lowering to stop rotation CP $\backslash \mathrm{LOD}$;
[W: Forward R outside partner heel lead commence strong RF turn, closing $L$ to $R$ spin RF on balls of feet, blending to CP step side and forward $R$ between partner's feet in CP backing LOD;]
8 [Rudolf Ronde, Fallaway, Slip Pivot (123)] Diagonally forward R wide step toward DLW no rise and turn body RF to WALL, back L in Fallaway turning body LF then rise over L foot with foot flat and turning nearly to CP, back R wide step slip pivot to CP $\backslash \mathrm{DLC}$;
[W: Side and back $L$ wide step toeing in to end with $L$ foot pointing DLC and as Man's body turns RF sweep the $R$ leg side and up to an attitude position with the $R$ knee neither in front nor in back of the $R$ hip and the $R$ knee bent at approximately a 45 degree angle with the knee lower than the hip and the foot lower than the knee and the inside of the thigh calf and foot pointed toward the floor then continue to turn the hips RF with the $R$ leg held in the air, as the Man's body turns LF place the $R$ foot back in Fallaway Position toes pointing COH then body continues to turn LF, side and forward $L$ wide step to end in CP backing DLC;]

## Repeat Part C

## Part E

## 1-8 Pickup (Lady Locks); Drag Hesitation; Back, Back / Lock, Back; Open Impetus; Running Natural

 Weave; Back to Left Whisk; Twist to Pivot; Hesitation Change;1 [Pickup Lock (123)] Thru R, side and forward L towards DLC, turning body to face DLC CLOSE R; [W: Thru L, commencing to turn to CP side and back $R$ with right side leading, continue turn lock XLif;]
2 [Drag Hesitation (123)] Forward L commence LF turn no rise, side and back R continue LF turn to back LOD, draw L near R preparing to step back in BANJO;
3 [Back, Back / Lock, Back (12\&3)] Back L down LOD in Banjo, back R / lock XLif, back R preparing for Banjo;
4 [Open Impetus (123)] Repeat action from Measure 4 from Part C.
5 [Running Natural Weave (123\&)] Thru R toward DLC, side and back L across the line of movement commencing RF turn and allowing W to turn to CP , turning RF side and back R toward DLC with right side leading preparing to step back in BANJO / back L toward DLC outside partner in BANJO; [W: Thru L, forward R between Man's feet turning to CP, side and forward L pointing DLC body facing LOD preparing to step forward outside partner in BANJO / forward R in BANJO;]
NOTE: Woman takes all four steps moving DLC while body changes from facing COH to LOD.
$6 \quad$ [Left Whisk (123)] Back R, side L pointing DLC and turning to CP knees well bent, XRib placing R foot so that the right knee is directly behind the left knee and 'pushes' the left knee out of the way leaving left foot in place with right foot flat and body turned to face DLC with sway to right;
[W: Forward L, side and back $R$ turning to CP, XLib of $R$ staying well into Man's right arm and supporting left side to prevent being 'heavy' in the man's right arm and allowing right leg to 'flick' across left as an accent;]
[Twist to Pivot (--3)] As you commence a RF turn allow weight to shift to split weight with weight on heel of $L$ and toes of $R$ then twist RF in Banjo on counts 1 and 2 turning $3 / 4$ to end in Banjo backing DLW with weight on L foot, -, slip R forward between Woman's feet stepping toward LOD and pivot RF in CP to end backing DLC in CP;
[W: Running forward in Banjo R, L / R making 3/4 turn RF then side side and back Lacross the LOD and pivot $R F$ to end in CP facing DLC;]
8 [Hesitation Change (12H)] Continue RF turn from previous pivots stepping side and back L across the LOD and continue RF turn, side R toward DLW, draw L to R end in CP facing DLC;
[W: Forward R between Man's feet continue RF turn from previous pivot, side and back Lacross LOD, draw $R$ near $L$ to end in CP backing $D L C ;$ ]

## Repeat Part B

Repeat Part C
Repeat Bridge

## Ending

1-4 Outside Spin; Syncopated Pivot to Spin and Twist Run Around; ; ; Embrace.
1 [Outside Spin (123)] Repeat the action from Measure 7 of Part D.
2-3 [Syncopated Pivot to Spin and Twist Run Around (1\&23\&; --3)] Forward R commence RF pivot / back and slightly side L across the LOD continue RF pivot, forward R down LOD rising, side and around L across the LOD stepping toe then heel [W: heel turn] / hook R loosely behind ball of foot with L foot flat; Unwind RF for beats $1 \& 2$ ending with weight on $L$ foot in Banjo, forward R outside partner in Banjo; [W: (1\&23\&; 1\&23) Back L commence RF pivot / forward R down LOD continue RF pivot, back and slightly side $L$ toe to heel across the LOD and nearly straighten legs leaving feet flat, close $R$ without weight then turn on heel of $L$ to face LOD then transfer weight to the flat of the $R$ foot / forward $L$ with left side leading preparing to step in Banjo; Forward $R$ in Banjo / forward $L$ with left side leading preparing to step in Banjo, forward R in Banjo, forward L with partner outside in Banjo;]
4 [Face and Embrace (-)] Swiveling RF to a loose CP side L then using left hands caress as you embrace and hold.
[W: Swiveling RF to a loose CP side and slightly forward $R$ between Man's feet then using left hand caress as you embrace and hold.]
NOTE: Ending alignment will depend on the amount of turn you generate during the twist and Run Around. Not having danced this with Alise yet I believe we will end facing approximately COH or perhaps DLC, but... I really don't know so good luck.

Notes on the timing of particular elements.

1. Part A
a. The Head Loop is on "Bring" $\left(1^{\text {st }}\right)$ and "Give" $\left(2^{\text {nd }}\right)$
b. The Slip Pivot is after "Softness" $\left(1^{\text {st }}\right)$ and "Sweetness" $\left(2^{\text {nd }}\right)$
c. Woman's steps in the Double Reverse Spin are on "Comfort, Me, All / This" ( $\mathbf{1}^{\text {st })}$ and "Now, You, Is / No" ${ }^{\text {nd }}{ }^{\text {nd }}$ )
d. The forward step of the Change of Direction is on "Mad" ( $\left.1^{\text {st }}\right)$ and "Weak" $\left(2^{\text {nd }}\right)$
e. The Bolero style Rock, Recover Preparation is on "Woman, Don't, Know / With" ( $1^{\text {st }}$ ) and "Lying, Safe, With / In" ( $2^{\text {nd }}$ )
f. The Dip is on "You" ( $\left.1^{\text {st }}\right)$ and "Arms" $\left(2^{\text {nd }}\right)$
g. The Ronde is on "Again" ( $1^{\text {st }}$ and $2^{\text {nd }}$ )
2. Part B
a. The Reverse Fallaway is on "I / Was, Half, - " ("Not is after the slip) ( $\left.1^{\text {st }}\right)$ and "I / Was, Half, Not" ( $\left.2^{\text {nd }}\right)$
b. The Forward of the Telespin is on "Whole"
c. The Follower's 'sidecar' run of the Telespin is on "Instead"
d. The reaching step of the Throwaway is on "With"
e. The Throwaway is on "None"
f. The Change to Oversway is on "Reaching"
g. The man Closes to prepare the Samefoot Lunge Line on "This"
h. Lower into Samefoot Lunge Line on "World"
i. Woman recover / transition on "In"
j. The Double Reverse Spin is on the word "Need"
k. The Change of Direction is on "One" ( $\left.1^{\text {st }}\right)$
3. The Split Ronde is on "One" ( $\left.2^{\text {nd }}\right)$ and Change of Direction has no word.
4. Part C
a. The Forward step of the Telemark is on "Show" ( $1^{\text {st }}$ )
b. The Thru step of the Big Top is on "Kind" ( $1^{\text {st }}$ )
c. The Viennese Cross is "Woman, Don't, You / Know;"
d. The Hover Corte is back on "With" and Side to hover is after "Born". Recover on the "A-"
e. Back into the Chasse on "-gain" of again
5. Bridge
a. The Viennese Cross is on "Lying / Safe, With / You"
b. The Hover Corte is back on "I'm" and Side to hover is on "Born". Recover on the "A-"
6. Part D
a. The Back step of the Back Whisk is on "-Gain"
7. Part C ( $2^{\text {nd }}$ and $3^{\text {rd }}$ times)
a. The Hover Corte is back on "With" and the Side to hover is BEFORE "Born". Recover ON the "Born".
b. Back into the Chasse on "Gain" of again.
8. Part E
a. The thru step of the Pickup is on "Give"
b. The Running Natural Weave is "Lying, Safe, Within / Your"
9. Bridge ( $2^{\text {nd }}$ time)
a. The Viennese Cross is "Lying, Safe, With / You"
b. The back step of the Hover Corte is on "Born". Recover after "A-" but before "-gain"
10. Ending
a. Start the Outside Spin on "-gain" and ... Good luck with the rest.
