



## Trouble is a friend

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MUSIC: Dance: Trouble is a friend Album: Lenka, Track 8 Artist: Lenka  
FOOTWORK: Opposite unless noted Time : 3:35 (slow for more comfort (5%))  
RHYTHM: Cha / Rumba Ph IV (ECTA STEP Level B)  
SEQUENCE: Intro – A – B – Bridge – A – C – Interlude – C – Ending

**Intro:** (OP fc LOD - Cha)  
wait ;; circle cha ;; (Bfly)

**Part A:** (Cha)  
sand step twice ;; time step twice ;;  
back break to triple cha fwd (LOD) ;; new yorker (to fc) ; ½ basic ;  
back break to triple cha fwd (RLOD) ;; circle cha ;; (Bfly)  
sand step twice ;; traveling door twice ;;

**Part B:** (Cha)  
½ basic ; fan ; alemana from fan ;;  
½ basic ; whip ; new yorker ; whip ;

**Bridge:** (Cha)  
time step twice ;;

**Part C:** (Cha)  
½ basic ; fan ; alemana from fan ;;  
½ basic ; whip ; fence line twice ;;  
spot turn twice ;; chase ;; ;  
new yorker ; whip ;

**Interlude:** (Rumba – Cha – Rumba)  
(Rumba) time step 4x ;; ;  
(Cha) basic ;;  
(Rumba) chase double peek-a-boo ;; ; ; ;

**Ending:** (Cha)  
sand step twice ;; traveling door twice ;;  
½ basic ; new yorker in 4 ; reverse spot turn ; back break to open & pt (LOD)