

The Sweetest Taboo

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MUSIC: The Sweetest Taboo (Sade – The Best of Sade: shorten fade music)
RHYTHM: Samba
PHASE (+): Phase V (soft)
FOOTWORK: Opposite unless indicated [*W's footwork in square brackets*]
SEQUENCE: INTRODUCTION A B A B* C D A B ENDING
FADE: Linear fade to silence starting at 3:00.0000 to 3:09.5000 and trim the rest of the song

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WEBSITE: www.rexl.org

LINKS: See below

Introduction

1 – 4 After the wind noises Hip Circle; Walk Together 2 & Twist Shoulders; Volta; Whisk w/ Underarm Turn & Whisk;

- N/A Wait for the wind noises facing Partner and WALL about 2 meters apart with trail feet free.
- 1 **[Hip Circle (1234)]** As the music starts make a gentle hip circle or figure 8;
- 2 **[Walk Together 2 Twist Shoulders (1234)] TRAIL FOOT FREE:** Forward R, forward L, twist the shoulders slightly twice;
- 3 **[Volta (1a2a3a4)]** Joining hands in Butterfly thru R small step / side L small step, thru R small step / side L small step, thru R small step, side L small step, thru R small step having progressed LOD throughout;
- 4 **[Whisk w/ Underarm Turn & Whisk (1a2 3a4)]** Side L raising lead hands and releasing trail hands / XRib, recover L, side R / XLib, recover R blending to CP WALL;
[W: Side R turning to face LOD / thru L leaving right foot in place, turning RF 5/8 recover R (toes pointing DRW), side L continue RF turn 1/8 to face RLOD / XRib, recover L blending to CP;]

Part A

1 – 8 Marchessi; Lazy Samba Turns; Traveling Bota Fogos; Traveling Bota Fogo to Wrap; Marchessi; Apart, Touch, Together, Touch; Marchessi; Apart, Touch, Pickup, Touch;

- 1 **[Marchessi (1a2a3a4a)]** In CP WALL forward L heel / replace R, back L toe / replace R, forward L heel / replace R, forward L heel / replace R;
[W: Back R toe / replace L, forward R heel / replace L, back R toe / replace L, back R toe / replace L;]
NOTE: You may drop the joined lead hands low and to the side. The joined hands would move forward and backward with the lead foot 6 to 8 inches (15 to 20 cm).
- 2 **[Lazy Samba Turns (1a2 3a4)]** Forward L turn LF 1/8 to face DLW / close R, in place L, back R turn LF 1/8 to face LOD / close L, in place R;
- 3 **[Traveling Bota Fogos (1a2 3a4)]** Forward L (in CP) / side R, turning to Banjo recover L, forward R in Banjo / side L to face, recover R turning to Sidecar;
- 4 **[Traveling Bota Fogo to Wrap (1a2 3a4)]** Forward L (in Sidecar) / side R to face, turning to Banjo recover L releasing trail hand from Woman's back and raising joined lead hands, forward R allowing Woman to turn LF under joined lead hands / close L, in place R to end in Wrap Position LOD;
[W: Back R in Sidecar / side L turning to face, recover R facing RLOD and raising joined lead hands, forward L commence LF turn under joined lead hands / side R small step continue LF turn, XLif continue LF turn to end in Wrap Position LOD;]
- 5 **[Marchessi (1a2a3a4a)]** Forward L heel / replace R, back L toe / replace R, forward L heel / replace R, forward L heel / replace R;
NOTE: The hand movement is not possible in the wrapped position and should be omitted.
- 6 **[Stationary Walks (1a2 3a4)]** Close L / back R toes, replace L, close R / back L toes, replace R;
- 7 **[Marchessi (1a2a3a4a)]** Forward L heel / replace R, back L toe / replace R, forward L heel / replace R, forward L heel / replace R;

- 8 **[Apart, Touch, Pickup, Touch (1234)]** Releasing hands and allowing the Woman to step freely apart L joining trail hands, touch R, together R to CP LOD R, touch L;
[W: Releasing hand apart R joining trail hands, touch L, forward L to pickup to CP, touch R;]

Part B

- 1 - 8 Reverse Turns Twice (ending WALL); ; Bota Fogo to SCP & BJO Man Transition; Contra Bota Fogos; Circular Volta (Slow and Fast); ; Maypole Volta (Slow and Fast) to end CP WALL; ;**
- 1 - 2 **Reverse Turns (1a2 3a4 1a2 3a4)]** Forward L commence LF turn / side R, XLif having turned to face RLOD, back R commence LF turn / side L, close R having turned to face DLW; Forward L turning to face LOD / side R continue LF turn, XLif having turned to face RLOD, back R commence LF turn / side L to face WALL, close R;
[W: Back R commence LF turn / side L, close R to CP LOD, forward L commence LF turn / side R, XLif having turned to face RLOD; Back R turning to back LOD / side L, close R having turned to CP LOD, forward L commence LF turn / side R continue LF turn, close L to end in CP facing COH;]
- 3 **[Bota Fogo to SCP & BJO Transition (1a2 3a4a)]** Forward L / side R, turning to SCP recover L, thru R heel / replace L, back R toe / replace L allowing Woman to turn to loose Banjo DLW;
[W: Back R / side L, turning to SCP recover R, thru L / side R turning to face COH, replace L turning to loose Banjo DRC;]
- 4 **[Contra Bota Fogos (1a2 3a4)] RIGHT FOOT FREE FOR BOTH:** Forward R in Banjo / side L turning to face, replace R in Sidecar DRW, forward L in Sidecar / side R turning to face, replace L in Banjo DLW;
- 5 - 6 **[Circular Voltas Slow / Fast (1-a3-a 1a2a3a4a)]** Turning RF throughout XRif small step, - / side L small step, XRif small step, - / side L small step; XRif small step / side L small step, XRif small step / side L small step, XRif small step / side L small step, XRif small step / side L small step;
[W: (1-a3-a 1a2a3a4) Turning RF throughout XRif small step, - / side L small step, XRif small step, - / side L small step; XRif small step / side L small step, XRif small step / side L small step, XRif small step / side L small step, XRif small step / side L small step; NOTE: WOMAN TAKES ONE LESS STEP THAN MAN AND TRANSITIONS TO TRAIL FEET FREE.]
- 7 - 8 **[Maypole Voltas Slow / Fast (1-a3-a 1a2a3a4)] TRAIL FREE FREE:** Releasing trail hands and raising joined lead hands allowing the Woman to turn LF under joined lead hands while turning RF throughout XRif small step, - / side L small step, XRif small step, - / side L small step; XRif small step / side L small step, XRif small step / side L small step, XRif small step / side L small step, XRif small step blending to CP WALL;
[W: Turning LF under joined lead hands throughout XLif small step, - / side R small step, XLif small step, - / side R small step; XLif small step / side R small step, XLif small step / side R small step, XLif small step / side R small step, XLif small step / side R small step, XLif small step blending to CP;]

NOTE: Second time thru add 'side L small step [W: side R small step]' making the timing 1-a3-a 1a2a3a4a blending to LOP-FCG WALL and leaving the trail feet free to continue into the Traveling Volta.

Repeat Part A

Repeat Part B (as noted) INTO Part C (Traveling Voltas)

Part C

- 1 - 8 Traveling Volta (moving LOD); Traveling Forward Locks; Samba Walk into 3 Samba Runs to face COH; ; Traveling Volta (moving LOD); Shadow Bota Fogos; Maypole to Wrap; Apart, Touch, Pickup, Touch;**
- 1 **[Traveling Volta (1a2a3a4)] TRAIL FEET FREE in LOP-FCG WALL:** Thru R small step / side L small step, thru R small step / side L small step, thru R small step / side L small step, thru R join trail hands and having progressed LOD throughout;
- 2 **[Traveling Forward Locks (1a2 3a4)]** Forward L down LOD with left side leading / lock Rib, forward L down LOD, releasing lead hands and turning to V Back-to-back thru R / lock Lib, forward R in OP LOD trail hands joined;

- 3 – 4 **[Samba Walk into 3 Samba Runs (1a2 34& 12& 34&)]** Forward L / replace R, back L small step, thru R blending to Half Open, forward and across L turning RF to Cuddle Position RLOD / forward R continue RF turn to Left Half Open LOD; Thru L in Left Half Open, forward R between Woman's feet blending to Cuddle Position LOD / forward L continue RF turn to Half Open LOD, thru R in Half Open, forward and across L turning RF to Cuddle Position RLOD / side R continue RF turn to face COH;
- 5 **[Traveling Volta (1a2a3a4)]** Blending to BFLY COH XLif small step / side R small step, XLif small step / side R small step, XLif small step / side R small step, XLif small step allowing the Woman to move slightly more toward LOD having progressed LOD throughout;
- 6 **[Shadow Bota Fogos (1a2 3a4)]** Releasing trail hands and raising joined lead hands forward R toward DLC / turning RF to face LOD side L allowing Woman to pass under joined lead hands, turning RF to DLW replace R, forward L toward DLW raising joined lead hands / turning LF to face LOD side R allowing Woman to pass under joined lead hands, turning LF to DLC replace L keeping joined lead hands high;
[W: Having moved slightly ahead of the Man on the volta forward L toward DLW / turning LF to face LOD side R passing under joined lead hands, turning LF to face DLC replace L, forward R toward DLC / turning RF to face LOD side L, replace R still facing LOD;]
- 7 **[Maypole Volta to Wrap (1a2a3a4)]** Keeping joined lead hands raised and allowing the Woman to turn LF under joined lead hands while turning RF throughout XRif small step / side L small step, XRif small step / side L small step, XRif small step / side L small step, XRif small step blending to BFLY WALL;
[W: Turning LF under joined lead hands throughout XLif small step / side R small step, XLif small step / side R small step, XLif small step / side R small step, XLif small step blending to BFLY facing COH;]
- 8 **[Apart, Touch, Pickup, Touch (1234)]** Releasing lead hands apart L, touch R, together to CP LOD R, touch L;
[W: Releasing trail hand apart R, touch L, forward L to pickup to CP, touch R;]

Part D

- 1 – 8 3 Opening Outs & Pivot to SCP; ; Copas to Face; ; Bota Fogo to SCP, -, Side Samba Walk; Shadow Bota Fogos; Criss Cross Voltas (no hands); ;**
- 1 – 2 **[3 Opening Outs & Pivot (1a2 34& 12& 34&)]** Close L / turning body to face DLC side R, replace L, turning body to face LOD close R / turning body to face DLW side L, replace R; Turning body to face LOD close L / turning body to face DLC side R, replace L, turning body RF to CP forward R between Woman's feet and pivot RF R, L / R to SCP LOD;
[W: Side R / turning LF to RSCP XLib, replace R, turning RF side L to CP / continue RF turn to SCP XRif, replace L; Turning LF to CP side R / turning LF to RSCP XLib, replace R, turning RF side L to CP allowing Man to step between Woman's feet and commence RF pivot, continue RF pivot R / L to SCP LOD;]
- 3 – 4 **[Copas (1a2 3a4 1a2 3a4)]** Releasing hold forward L / back R, replace L, turning LF 1/4 to face COH forward R / back L, replace R; Turning LF 1/4 to face RLOD forward L / back R, replace L, turning LF 1/4 to face WALL forward R / back L, replace R;
[W: Turns RF.]
- 5 **[Bota Fogo to SCP Side Samba Walk (1a2 3a4)]** Blending to CP WALL forward L / side R, turning to SCP recover L, thru R / side L drifting apart slightly to loose SCP, replace R;
- 6 **[Shadow Bota Fogos (1a2 3a4)]** Allowing Woman to cross in front forward L toward DLW / turning LF to face LOD side R, turning LF to face DLC replace L, allowing Woman to cross in front forward R toward DLC / turning RF to face LOD side L, turning RF to face DLW replace R;
[W: Forward R toward DLC / turning RF to face LOD side L, turning RF to face DLW replace R, forward L toward DLW / turning LF to face LOD side R, turning LF to face DLC replace L;]
- 7 – 8 **[Criss Cross Voltas (1a2a3a4 1a2a3a4)]** Releasing hands and allowing Woman to cross in front and curving LF XLif small step / side R small step, XLif small step / side R small step, XLif small step / side R small step, XLif small step now COH having progressed LOD throughout; Allowing Woman to cross in front and curving RF XRif small step / side L, XRif small step / side L, XRif small step / side L, XRif small step having progressed LOD throughout;

Blending to CP WALL Repeat Part A
Repeat Part B

Ending

1 Dip and Hold.

1 Blending to CP Dip and on the words 'Biggest Heart' Woman place L hand on Man's chest (ideally over his heart if it can be found) and throws head back.

LINKS:

Listen to whole song:

<https://www.youtube.com/watch?v=kcPc18SG6uA>

Purchase: https://www.amazon.com/The-Sweetest-Taboo/dp/B01AIRJ1MM/ref=sr_1_2?s=dmusic&ie=UTF8&qid=1504357604&sr=1-2&keywords=the+sweetest+taboo+sade

THE SWEETEST TABOO – HALBERT – SB V – THE SWEETEST TABOO – Sade**Intro (5 meas)**

FCG WALL & Partner 2 meters apart wait for the wind noises with trail feet free;
 Hip wiggles ; Walk Together 2 Twist Shoulders ; Volta to Line ;
 Whisk/ Lady Underarm Turn and Whisk ;

Part A (8 meas)

Marchessi ; Lazy Samba Turns ; Traveling Bota Fogos (4) to Wrap ;;
 Marchessi ; Stationary Walk ; Marchessi ; Apart Touch Pickup Touch ;

Part B (8 meas)

Reverse Turns Twice to Face WALL ;;
 Bota Fogo to SCP & to BJO Man Transition ; Contra Bota Fogos ;
 Circular Volta Slow and Fast ;; Maypole Volta Slow and Fast to Face Wall ;;

Part A (8 meas)

Marchessi ; Lazy Samba Turns ; Traveling Bota Fogos to Wrap ;;
 Marchessi ; Stationary Walk ; Marchessi ; Apart Touch Pickup Touch ;

Part B (8 meas)

Reverse Turns Twice to Face WALL ;;
 Bota Fogo to SCP & to BJO Man Transition ; Contra Bota Fogos ;
 Circular Volta Slow and Fast ;; Maypole Slow and Fast to Face Wall ;;

Part C (8 meas)

Traveling Volta to Line ; Traveling Forward Locks ;
 Samba Walk into 3 Samba Runs to face COH ;;
 Traveling Volta to Line ; Shadow Bota Fogos ;
 Maypole to Wrap ; Apart Touch Pickup Touch ;

Part D (8 meas)

3 Opening Outs & Pivot to SCP ;; Copas to Face ;;
 Bota Fogo to SCP & Side Samba Walk ; Shadow Bota Fogos ;
 Criss Cross Voltas no hands ;;

Part A (8 meas)

Marchessi ; Lazy Samba Turns ; Traveling Bota Fogos (4) to Wrap ;;
 Marchessi ; Stationary Walk ; Marchessi ; Apart, Touch, Pickup, Touch ;

Part B (8 meas)

Reverse Turns Twice to Face WALL ;;
 Bota Fogo to SCP & to BJO Man Transition ; Contra Bota Fogos ;
 Circular Volta Slow and Fast ;; Maypole Slow and Fast to Face Wall ;;

Ending (1 meas)

Dip.