

Sex Bomb

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MUSIC: Sex Bomb (Berk and the Virtual Band – Jazz Chill 5)
RHYTHM: WCS
PHASE (+): Phase V + 1 (Unphased – Left Side Pass w/ Reverse Underarm Turn)
FOOTWORK: Opposite unless indicated [*W's footwork in square brackets*]
SEQUENCE: INTRODUCTION A B A B B
FADE: **Linear Fade starting at 2:55:000 to 3:04:000 then trim remainder. Slow as need.**
We are dancing it at 93% using a Similarity speed reduction.

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LAST EDITED: August 18, 2017

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WEBSITE: www.rexl.org
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Introduction

1 – 8 Wait; Side w/ Knee Pops (L R); Double Hip Bump L and Right; Hip Swap L, R, L, -; Side w/ Knee Pops 4 (R L R L); ; (Trail Foot) Triple Forward Twice; Check Forward, Lady Hair Comb to Right Handshake;

- 1 Wait for 1 measure in Open Position Facing no hands and lead feet free;
- 2 **[Side w/ Knee Pops (1-3-)]** Side L, pop right knee, side R, pop left knee;
- 3 **[Double Hip Bump L and R (1a2 3a4)]** Shift weight partially onto the L extending the left hip slightly sideways / shift weight back to R extending the right hip slightly sideways, transfer weight side L allow left hip to extend sideways leaving right foot extended side, shift weight partially onto the R extending right hip slightly sideways / shift weight back to L extending the left hip slightly sideways, transfer weight side R allowing right hip to extend sideways leaving left foot extended to the side;
- 4 **[Hip Sways (123-)]** Transfer weight side L allowing left hip to extend sideways and keeping right foot extended side, transfer weight side R allowing right hip to extend sideways and keeping left foot extended side, transfer weight side L allowing left hip to extend sideways and keeping right foot extended side, pop left knee preparing for next measure;
- 5 – 6 **[Side w/ Knee Pops (1-3- 1-3-)]** Side R, pop left knee, side L, pop right knee; side R, pop left knee, side L, pop right knee;
- 7 **[Triple Forward Twice (1a2 3a4)] STARTING WITH TRAIL FOOT:** Triple diagonally forward R / L, R with a slight right side lead, triple forward L / R, L with a slight left side lead;
- 8 **[Check (Lady Hair Comb) (1--)]** Forward R with slight right side lead checking and hold, extend right hand ending in Right Handshake LOD;
[W: Back L with slight left side lead, then using the left hand do a 'hair comb' by passing the fingers of the left from front to back along the right side of the head (using the left wrist to lead the movemnt over the head and toward the back of the head) then down and across the back of the neck continuing down along the left side of the body while sensuously (or if appropriate sensually) at the Man;]

Part A

1 – 8 Left Side Pass w/ Reverse Underarm Turn; -, -, Cheek to Cheek; ; Surprise Whip; ; Sugar Push w/ Forward Check and Head Loop; ; Slow Hip Rocks;

- 1 - 2 **[Left Side Pass w/ Reverse Underarm Turn (12 3a4 5a6)]** Turning LF side L, close R now facing COH, in place L raise joined right hands and allow Woman to spin LF under joined right hands / in place R, forward L toward RLOD placing Womans right hand in Man's left hand; Anchor R / L, R ending in LOP-FCG RLOD,
[W: Forward R, forward L with L side leading, close R commence LF spin under joined lead hands / close L continue LF spin to face RLOD (1 full turn LF), forward R small step then swivel LF to end facing LOD; Back L / close R, in place L ending in LOP-FCG,]

- 2 – 3 **[Cheek to Cheek (12 3a4 5a6)]** Back L, recover R commence RF turn; Lift L knee up and touch L hip to Woman's R hip, across L turning LF to face Partner and RLOD, anchor R / L, R ending in LOP-FCG RLOD;
[W: Forward R, forward L and commence LF turn; Lift R knee and touch R hip to Man's L hip, across R turning RF to face Partner and LOD, anchor L/ R, L ending in LOP-FCG LOD;]
- 4 – 5 **[Surprise Whip (12 3a4 56 7a8)]** Back L turning 1/4 RF to face COH and raising R arm to create frame for Woman, close R allowing Woman to place her back in your R arm, close L / in place R, turning 1/4 RF side L across the slot without turning Woman to end in CP facing LOD; Turning Woman RF to SCP check forward R toward LOD, recover L raising joined lead hands, allowing Woman to turn RF under joined lead hands anchor R / L, R ending in LOP-FCG LOD;
[W: Forward R, pivoting 1/2 RF on R to face LOD step back L with R pointed toward RLOD and placing your L shoulder blade in Man's R hand, back R small step / close L, forward R between Man's feet and commencing a RF pivot; Pivot 1/2 RF on R then check back L in SCP facing LOD, recover forward R, turning RF under joined lead hands side L / XRif, side L ending in LOP-FCG RLOD;]
- 6 – 7 **[Sugar Push w/ Forward Check and Head Loop (12 3a4 5-7-)]** Back L, keep lead hands joined and join trail hands close R, in place L / in place R, forward L, -; forward R checking, -, raise joined trail hands up and across Woman's face then over her hand releasing trail hands as they touch her right shoulder then maintaining a gentle contact slide ("trail") Man's right hand to her left shoulder blade taking a loose CP facing LOD, -;
[W: Forward R, forward L small step, close R / in place L, back R, -; Back L checking, -, allow Man to loop joined trail hands over your head by dropping the left elbow and keeping it close to your own body so as not to whack the Man in the face as the joined trail hands go over head ending in CP, -;]
- 8 **[Slow Hip Rocks (1-3-)]** With an undulating hip motion rock back L, recover R, rock back L, recover R;
- 9 - 16 Underarm Turn; -, -, Sugar to Turkey Walks w/ Hip Circles; ; ; Sugar Push; -, -, Sugar to Single Cubans; ; Spot Turn, Side, Close;**
- 9 - 10 **[Underarm Turn (12 3a4 5a6)]** Back L turning 1/4 RF to face WALL, close R raising joined lead hands, in place L passing joined lead hands over Woman's head / in place R, turning 1/4 RF side L across the slot; Lowering joined lead hands anchor R / L, R ending in LOP-FCG RLOD;
[W: Forward R, forward L with CBM, side R along the slot commencing to turn LF under joined lead hands / XLif continuing to turn LF under joined lead hands, back R now facing LOD having made 1/2 turn LF under joined lead hands; Anchor L / R, L ending in LOP-FCG;]
- 10 – 12 **[Sugar to Turkey Walks w/ Hip Circles (12 QQQQ QQQQ)]** Back L turning 1/4 RF to face COH, close R raising joined lead hands; Moving toward RLOD and allowing Woman to pass in front of you under joined lead hands side L, close R Woman now in front of Man very slightly to his right side both facing COH and touching lead hands to Woman's left shoulder and releasing hands, side L, close R; Side L, close R, side L turning to face LOD, close R and joining lead hands ending in LOP-FCG LOD;
[W: Forward R, forward L with CBM; Side R along the slot commencing to turn LF under joined lead hands, close R in front of Man slightly to his right side both facing COH, continue moving sideways toward LOD side R, close L; Side R, close L, side R turning LF to face RLOD, close R joining lead hands ending in LOP-FCG;]
- 13 – 14 **[Sugar Push (12 3a4 5a6)]** Back L, keep lead hands joined and join trail hands close R, in place L / in place R, forward L releasing trail hands; Anchor R / L, R to end in OP-FCG facing LOD, -
[W: Forward R, forward L small step; Close R / in place L, back R, -, anchor L / R, L to end in OP-FCG facing RLOD;]
- 14 – 15 **[Sugar to Single Cubans (12 3a4 5a6)]** Back L, keep lead hands joined and join trail hands in a low BFLY close R; XLif / recover R, side L, XRif / recover L, side R;
[W: Forward R, forward L small step joining trail hands in low BFLY; XRif / recover L, side R, XLif / recover R, side L;]
- 16 **[Spot Turn, Side, Close (12 34)]** Releasing trail hands and turning RF toward WALL thru L *[W: Turns LF]*, dropping lead hands continue RF turn to face COH, continue RF turn side L to face LOD, close R ending in LOP-FCG lead hands joined;

Part B

- 1 - 8 Back, Tap, Forward, Tap; Underarm Turn into Triple Traveler w/ Rolls; ; ; -, -, Left Side Pass; ; Press, Recover;**
- 1 **[Back, Tap, Forward, Tap (12 34)]** Back L with a left shoulder lead, tap R in front of and across L, forward R with a right shoulder lead, tap L in back of and across R;
[W: Forward R, tap L, back L, tap R;]
- 2 – 3 **[Underarm Turn (12 3a4 5a6)]** Back L turning 1/4 RF to face WALL, close R raising joined lead hands, in place L passing joined lead hands over Woman's head / in place R, turning 1/4 RF side L across the slot; Lowering joined lead hands and placing Woman's right hand in Man's right hand with right side leading anchor R / L, R ending in Right Handshake RLOD;
[W: Forward R, forward L with CBM, side R along the slot commencing to turn LF under joined lead hands / XLif continuing to turn LF under joined lead hands, back R now facing LOD having made 1/2 turn LF under joined lead hands; Anchor L / R, L ending in Right Handshake;]
- 3 – 6 **[Triple Traveler w/ Rolls (12 3a4 5a6 7a8 12 3a4)]** Spin RF on ball of R then continue RF spin back L progressing toward RLOD, forward R toward RLOD having made a full turn; Continue RF turn to Left Handshake forward L with left side leading / close R, forward L, turning LF to Right Handshake forward R / close R, forward R; Turning RF to Left Handshake forward L / close R, forward L, spin LF on ball of R then continue LF spin back R progressing RLOD, forward L toward RLOD having made a full turn; Anchor R / L, R joining lead hands ending in LOP-FCG RLOD;
[W: Spin RF on ball of L then continue RF spin forward R progressing toward RLOD, back L toward RLOD having made a full turn; Continue RF turn to Left Handshake back R with right side leading / close L, back R, turning LF to Right Handshake back L / close R, back L; Turning RF to Left Handshake back R / close L, back R, spin LF on ball of R then continue LF spin forward L, back R toward RLOD having made a full turn; Anchor back L / R, L joining lead hands ending in LOP-FCG;]
- 6 – 7 **[Left Side Pass (12 3a4 5a6)]** Back L turning 1/4 LF to face WALL, close R keeping joined lead hands low; In place L / in place R, turning 1/4 LF to face LOD forward L, anchor R / L, R ending in LOP-FCG facing LOD;
[W: Forward R, forward L with CBM; Side R along the slot commencing to turn LF / XLif continuing to turn LF, back R now facing RLOD having made 1/2 turn LF, anchor L / R, L ending in LOP-FCG;]
- 8 **[Press Recover (1—4)]** Forward L in a Press Line, hold, hold, recover R;
[W: Forward R in a Press Line, hold, hold, recover L;]
- 9 - 16 In, Tap, Out, Tap; Quick Press, Recover into Sugar Push w/ Coaster; ; Underarm Turn Ending Along the Slot; Side Close Twice; Left Side Pass w/ Tuck and Turn; -, -, Forward Triple; Check (Lady Hair Comb);**
- 9 **[In, Tap, Out, Tap (12 34)]** Forward L, tap R near L, back R, tap L near R;
[W: Forward R, tap L, back L, tap R;]
- 10 – 11 **[Quick Press, Recover into Sugar Push w/ Coaster (12 12 3a4 5a6)]** Press forward L, recover R, back L, keep lead hands joined and join trail hands close R; In place L / in place R, forward L releasing trail hands, forward R small step releasing trail hands / close L, back R commence RF turn;
[W: : Press forward R, recover L, forward R, forward L small step; Close R / in place L, back R, -, (Coaster) back L, close R, forward L with CBM in LOP-FCG Woman facing RLOD;]
- 12 **[Underarm Turn Ending (1a2 3a4)]** Raising joined lead hands back L turning RF to face WALL / passing joined lead hands over Woman's head close R, in place L, lowering joined lead hands anchor R / L, R and turning slightly RF ending in LOP-FCG DRW;
[W: Side R along the slot commencing to turn LF under joined lead hands / XLif continuing to turn LF under joined lead hands, back R now facing LOD having made 1/2 turn LF under joined lead hands, continue RF turn 1/8 side L small step / close R, in place L ending in LOP-FCG Woman facing DLC;]
- 13 **[Side Close Twice (12 34)]** Progressing toward LOD side L, close R, side L, close R;

- 14 – 15 **[Left Side Pass w/ Tuck and Turn (12 3a4 5a6)]** Side L raising joined lead hands, close R, in place L, in place R, allowing Woman to pass under joined lead hands forward L turning LF to face LOD; As Woman completes her turn side R across the slot / close L, in place R to end in LOP-FCG LOD,
[W: Forward R toward LOD, forward L, rock side R / recover L, forward and across R passing under joined lead hands and commence RF turn; Side L continue RF turn / RXif continue RF turn, side and back L ending in LOP-FCG backing LOD,
- 15 **[Forward Triple (7a8)]** Triple forward with a slight left side lead L / R, L;
[W: Back R / XLif, back R;]
- 16 **[Check (Lady Hair Comb) (1---)]** Forward R with slight right side lead checking and hold;
[W: Back L with slight left side lead, then using the left hand do a 'hair comb' by passing the fingers of the left from front to back along the right side of the head (using the left wrist to lead the movemnt over the head and toward the back of the head) then down and across the back of the neck continuing down along the left side of the body while sensuously (or if appropriate sensually) at the Man;]

Repeat Part A

Repeat Part B

Repeat Part B

LINKS:

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SEX BOMB – LAMBERTY – WCS V + 1 – SEX BOMB – Cut / Slowed**Intro (8 meas)**

OP-FCG LOD wait 1 meas ; Side w/ Knee Pops Left / Right ;
 Double Hip Bumps ; Hip Sways ; Side w/ Knee Pops 4 (Right / Left) ;;
 (TRAIL FOOT) Triple Forward Twice ; Forward Check Hair Comb ;

Part A (16 meas)

Left Side Pass w/ Reverse Underarm Turn ~ Cheek to Cheek ;;;
 Surprise Whip ;; Sugar Push Dbl Hand Hold Check ~ Head Loop ;;
 Hips Rocks ;
 Underarm Turn ~ Sugar to Turkey Walks 8 ;;;
 Sugar Push ~ Sugar to Single Cubans ;;; Spot Turn, Side, Close ;

Part B (16 meas)

Back, Tap, Forward, Tap ; Underarm Turn to Triple Traveller w/ Rolls ;;; ~
 Left Side Pass ;; Press Recover ;
 In, Tap, Out, Tap ; Quick Press Recover INTO Sugar Push w/ Coaster ;;;
 INTO Underarm Turn Face Center ; Side Close Twice ;
 Left Side Pass Turn and Turn ~ Forward Triple Forward Check Hair Comb ;;;

Part A (16 meas)

Left Side Pass w/ Reverse Underarm Turn ~ Cheek to Cheek ;;;
 Surprise Whip ;; Sugar Push Dbl Hand Hold Check ~ Head Loop ;;
 Hips Rocks ;
 Underarm Turn ~ Sugar to Turkey Walks 8 ;;;
 Sugar Push ~ Sugar to Single Cubans ;;; Spot Turn, Side, Close ;

Part B (16 meas)

Back, Tap, Forward, Tap ; Underarm Turn to Triple Traveller w/ Rolls ;;; ~
 Left Side Pass ;; Press Recover ;
 In, Tap, Out, Tap ; Quick Press Recover INTO Sugar Push w/ Coaster ;;;
 INTO Underarm Turn Face Center ; Side Close Twice ;
 Left Side Pass Turn and Turn ~ Forward Triple Forward Check Hair Comb ;;;

Part B (16 meas)

Back, Tap, Forward, Tap ; Underarm Turn to Triple Traveller w/ Rolls ;;; ~
 Left Side Pass ;; Press Recover ;
 In, Tap, Out, Tap ; Quick Press Recover INTO Sugar Push w/ Coaster ;;;
 INTO Underarm Turn Face Center ; Side Close Twice ;
 Left Side Pass Turn and Turn ~ Forward Triple Forward Check Hair Comb ;;;