

ICE CREAM

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MUSIC: Ice Cream by Sarah McLachlan (Closer – The Best of Sarah McLachlan 2:44 in length)
RHYTHM: Viennese Waltz **TIME @ BPM:**
PHASE (+): Unphased, treat as a Phase III or IV
FOOTWORK: Opposite unless indicated [*W: Woman's foot in italics*]
SEQUENCE: **Introduction A B Bridge A B Bridge Ending**
NOTES: There are multiple versions of the music on Itunes. Be sure to get one that is 2:44 in length, not shorter or the intro and ending won't match.

Introduction

1 – 8 Wait Pickup Notes.... Side Apart to L Shoulder to Shoulder; Circle Walk L; R; L to face COH; Explode to LOP facing COH; Together and Apart; ; Side Canter Woman Turn, Side, Close to face;

- Wait for the pickup notes in OP-FCG no hands joined Man facing WALL both with R foot free.
- 1 **[Side Apart (1)]** Side R moving RLOD [*W: Side R moving LOD*] to end L shoulder to L shoulder Man facing WALL;
- 2 - 4 **[Circle Walk L; R; L; (1 1 1)]** Circling LF 1/2 turn over three steps forward L; R; L to end facing COH;
[W: (1 1 1-3) Circling LF 1/2 turn forward L; R; L, - close R to end facing WALL;
- 5 **[Explode to LOP facing COH (1)]** Explode apart R to end in LOP facing COH lead hands joined lead feet pointed towards each other;
[W: Turning 1/2 LF explode side R towards RLOD to end in LOP facing COH;]
- 6 – 7 **[Together and Apart (1 1)]** Together L turning to face each other; Apart R to LOP facing COH;
- 8 **[Side Canter Woman Turn, Side, Close to face (1-3)]** Side L, -, close R to end in OP no hands facing COH with L foot free for both;
[W: (123) Turning to face LOD forward R, side L to face Partner and Wall, close R to end in OP no hands facing WALL;]

9 - 16 Side Apart to R Shoulder to Shoulder; Circle Walk R; L; R to face WALL; Explode to OP facing WALL; Together and Apart; ; Side Touch Woman Pickup to CP facing DLW;

- 9 **[Side Apart (1)]** Side L moving RLOD [*W: Side L moving LOD*] to end R shoulder to R shoulder Man facing COH;
- 10 – 12 **[Circle Walk R; L; R; (1 1 1)]** Circling RF 1/2 turn over three steps forward R; L; R to end facing WALL;
[W: (1 1 1-3) Circling RF 1/2 turn forward R; L; R, - close L to end facing COH;
- 13 **[Explode to OP facing WALL (1)]** Explode apart L to end in OP facing WALL trail hands joined trail feet pointed towards each other;
[W: Turning 1/2 RF explode side L towards RLOD to end in OP facing WALL;]
- 14 – 15 **[Together and Apart (1 1)]** Together R turning to face each other; Apart L to OP facing WALL;

- 16 **[Side Touch Woman Turn, Side, Cross to Pickup (1)]** Side R allow Woman to pass in front of you to end in CP facing DLW with lead foot free;
[W: (123) Turning to face LOD forward L, side R to face Partner and DRC, close L to end in CP;]
NOTE: Woman may dance a LF Roll 3 to pickup as follows:
[W: Forward L toward LOD and pivot 1/2 LF, back R continue LF pivot 1/2 to face LOD, forward L continue LF pivot 1/2 and preparing to blend to CP;]

Part A

1 – 8 2 Reverse Turns to face WALL; ; ; ; Balance L and R; ; Underarm Turn; Side Hesitation;

- 1 – 4 **[2 Reverse Turns to face WALL (123)x4]** In CP facing DLW forward L down LOD commence LF turn, side R, LXIF now facing DRC; Back R down LOD commence LF turn, side L, close R; Repeat action to end in CP facing WALL; ;
- 5 - 6 **[Balance L and R (123)x2]** Blending to Butterfly side L, RXiB, recover L; Side R, LXiB, recover R;
- 7 – 8 **[Underarm Turn; Side Hesitation (123 1)]** Side L raising joined lead hands and releasing trail hands, RXiB allowing Woman to turn under joined lead hands, recover L; Side R, draw L near R to end in Butterfly facing WALL, -;
[W: Turn 1/4 RF step forward R down LOD, - continue RF turn side R, continue RF turn forward L toward RLOD; Continue RF turn side L to face COH and Partner, draw R near L to end in Butterfly;]

9 - 18 Waltz Away and Together; ; Waltz Away; Thru Twinkle; Cross Swivel Twice; ; Thru Twinkle; Thru, Face, Close to Butterfly; Solo Roll 3; Pickup to CP Facing DLW;

- 9 - 11 **[Waltz Away and Together (123)x2]** Opening up to OP facing LOD forward L down LOD, turning to face DLC in back to back side R down LOD, close L; Turing to face LOD forward R down LOD, side L turning to face partner and WALL, close R; Repeat Measure 9 from Part A;
- 12 **[Thru Twinkle (123)]** Turning to OP facing LOD thru R, side L turning to face Partner and WALL, close R joining lead hands;
- 13 - 14 **[Cross Swivel Twice (1 1)]** Turning to LOP facing RLOD thru L then swivel LF turning to face Partner and WALL; Turning to OP facing LOD thru R then swivel RF turning to face Partner and WALL;
[W: Turning to LOP facing RLOD thru R then swivel RF turning to face Partner and COH; Turning to OP facing LOD thru L then swivel LF turning to face Partner and COH;]
- 15 – 16 **[Thru Twinkle; Thru, Face, Close to Butterfly (123)x2]** Turning to LOP facing RLOD thru L, side L turning to face Partner and WALL, close L; Turning to OP facing LOD thru R, side L turning to face Partner and WALL, close R to end in Butterfly facing WALL;
- 17 - 18 **[Solo Roll 3; Pickup to CP facing LOD (123)x2]** Turning to OP facing LOD commence LF roll down LOD L, R, L to end in OP facing LOD no hands; Thru R, side L, close R to end in CP facing DLW;
[W: Turning to OP facing LOD commence RF roll down LOD R, L, R to end in OP facing LOD no hands; Thru L commence LF turn in front of Man, side R turning to face DRC, close L to end in CP;]

Part B

1 – 8 Reverse Turn to face DLW; ; Attitude; Canter to face DLC; Natural Turn to face DLC; ; Attitude; Canter to face DLW;

- 1 – 2 [Reverse Turn to face LOD (123)x2] Repeat measures 1 and 2 from Part A.
- 3 – 4 [Attitude; Canter (1 12-)] Side and forward L turning body to face LOD and leaving R extended side and back, rise by straightening the legs remaining on flat of L foot, -; Lowering side and forward R, draw L, close L to end in CP facing DLC;
[W: Side and back R turning to face RLOD, bending L knee at 90 degree angle raise the L foot behind you while holding L knee out to the side as high as you comfortably can, -;]
- 5 – 6 [Natural Turn to face DLC (123)x2] Forward R donw LOD commence RF turn, side L, close R to end in CP backing DLC; Back L down LOD commence RF turn, side R, close L to end in CP facing DLC;
- 7 – 8 [Attitude; Canter (1 12-)] Side and forward R turning body to face LOD and leaving L extended side and back, rise by straightening the legs remaining on flat of R foot, -; Lowering side and forward L, draw R, close R to end in CP facing DLW;
[W: Side and back L turning to face RLOD, bending R knee at 90 degree angle raise the R foot behind you while holding R knee out to the side as high as you comfortably can, -;]

9 - 16 Reverse Turn 1/2; Cross Body with Inside Turn; ; Side Hesitation; Dip; Recover to Ronde; Behind, Side, Thru; Side, Draw, Touch (Lady Close);

- 9 [Reverse Turn 1/2 (123)] Repeat Measure 1 from Part A.
- 10 - 12 [Cross Body with Inside Turn;; Side Hesitation (123 123 1)] Back R down LOD commence LF turn, side R, close L to end facing DLW and having release R hand from Woman's back; Forward L toward DLW and starting to cross behind Woman, forward R, forward having curved LF and changed sides with Woman now in LOP facing LOD; Turning to face COH side R, draw L near R to end in LOP-FCG facing COH, -;
[W: Forward L, forward R, forward L pivot 1/2 LF turning under joined lead hands; Back R continue LF pivot 1/2, forward R down LOD continue LF pivot 1/2, back R continue LF pivot 1/4 to face WALL; Side L down LOD, draw R, -;]
- 13 [Dip (1)] Blending to CP facing COH dip back L and hold;
- 14 [Recover to Ronde (1)] Recover forward R between Partner's feet staying low in knees then ronde L foot CCW turning to SCP facing RLOD, -, -;
[W: Recover side and back L staying low in knees then ronde R foot CW turning to SCP facing RLOD, -, -;]
- 15 – 16 [Behind, Side, Thru; Side, Draw, Touch (123 1)] Back L in Fallaway Position, releasing R hand from Woman's back side R, turning to LOP facing LOD thru L; Turning to face Partner and COH side R, draw L near R, touch L to end in LOP-FCG facing COH both the L free;
[W: Back R in Fallaway Position, side L, turning to LOP facing LOD thru R; Turning to face Partner and WALL side L, draw R, close R to end in LOP-FCG facing WALL both with L free;]

Bridge

1 – 8 Side Apart to R Shoulder to Shoulder; Circle Walk R; L; R to face WALL; Explode to OP facing WALL; Together and Apart; ; Side Touch Woman Turn, Side, Cross to Pickup to CP facing DLW;

- 1 - 8 Repeat the action from Measures 9 – 16 of the Introduction.

Ending

1 - 13 Attitude L; Attitude R; Attitude L; Canter Woman Turn in 3 to Escort facing LOD; Walk 8 R; L; R; L; R; L; R; L; R; L; Side R and Caress.

- 1 Repeat Measure 3 from Part B.
- 2 Repeat Measure 7 from Part B.
- 3 Repeat Measure 3 from Part B.
- 4 **[Canter Woman Turn in 3 to Escort facing LOD (1-3)]** Side and forward R turning body to face LOD, - close L allowing Woman to turn RF to end in Escort Position facing LOD both with R foot free;
[W: Back R commence RF turn, side L turning to face LOD, close L to end in Escort;]
- 5 – 12 **[Walk 8 R; L; R; L; R; L; R; L; (1)x8]** Forward and slightly rightwards R; Forward and slightly leftwards L; Repeat each measure for a total of 8 walks; ; ; ; ;
- 13 **[Side R and Caress (1)]** Side and slightly forward R and slightly across Woman's L leg and leaving L leg extended side and back then turn slightly towards Partner then with L hand caress appropriately outside of Woman's R hand.
[W: Turning slightly towards Partner side and slightly back toward DLW leaving L leg extended with your L leg to RLOD of Man's R leg then with your R hand caress appropriately inside of Man's L hand.]

NOTE: Woman turns body before stepping. Man steps before turning.