## **Happy**

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MUSIC: Happy (Pharrell Williams) Full Song (Cutting instructions below with alternate sequence)

**RHYTHM:** Jive (Slow music as needed. 7% seems comfortable to us)

**PHASE** (+): Phase V

**FOOTWORK:** Opposite unless indicated [W's footwork in square brackets]

SEQUENCE: A B A B C A B C (9-16) B C CLAP

## **Introduction**

## <u>1</u> <u>Wait FOUR pickup notes;</u>

1 Wait SCP facing LOD with lead feet free for FOUR pickup notes.

## Part A

# 1-8 Right Turning Fallaway Twice; ; ; Fallaway Throwaway; -, -, Basic Rock; ; Chicken Walks (2 Slows 4 Quicks); ;

- 1-3 [Right Turning Fallaway Twice (12 3&4; 12 3&4)] Rock back L to SCP, recover R, turning to CP facing WALL and turning RF side L / close R, side L to face RLOD; Moving toward LOD side R / close L, side R to SCP RLOD, rock back L, recover R; Turning to CP facing COH and turning RF side L / close R, side L to face LOD, moving toward RLOD side R / close L, side to SCP LOD;
- 4-5 [Fallaway Throwaway (34; 1&2 3&4)] Rock back L, recover R, forward triple L/R, L to face LOD and releasing right hand from Woman's back, chasse in place R/L, R to end in LOP-FCG LOD; [W: Rock back R to SCP, recover L, forward triple R/L, R and swivel LF 1/2 on ball of right foot on the last step of the triple, back triple L/R, L to end in LOP-FCG RLOD;]
- 5-6 [Basic Rock (34; 1&2 3&4)] Rock apart L, recover R; Chasse in place L/R, L, chasse in place R/L, R;
- 7 8 [Chicken Walks (1-3; 1234)] Back up L, -, R, allowing Woman to swivel as she steps; Back up L, R, L, R allowing Woman to swivel as she steps; [W: Forward swivel walk R, -, L, -; Forward swivel walk R, L, R, L;]

## <u>9-16</u> <u>Link to Whip Throwaway;</u>; <u>Lindy Catch;</u>; <u>Four Sailor Shuffles;</u>; <u>Change of Places Left to Right</u> with Continuous Chasse;

- 9 10 [Link to Whip Throwaway (12 3&4; 12 3&4)] Rock apart L, recover R, small forward triple L/R, L turning RF 1/4 to end CP WALL; Hook Rib turning RF, continue RF turn side L small step to face DLC, completing turn chasse R/L, R turning RF to face partner and LOD in LOP-FCG; [W: Rock apart R, recover L, forward triple R/L, R turning RF to face COH; Side L continue RF turn, XRif to face DRW, triple L/R, L turning RF to end in LOP-FCG facing RLOD;]
- 11 12 [Lindy Catch (12 3&4; 12 3&4)] Rock apart L, recover R, forward triple L/R, L turning RF around Woman and placing right hand on Woman's right hip and left hand on Woman's left hip to end in Tandem facing RLOD; XRib, side L, forward triple R/L, R moving RF around Woman to end in LOP-FCG LOD; [W: Rock apart R, recover L, forward triple R/L, R; Rock forward L, recover R, back triple L/R, L to end in LOP-FCG;]
- 13 14 [Four Sailor Shuffles (1&2 3&4; 1&2 3&4)] XLib / side R, side L, XRib / side L, side R; Repeat;
- 15 16 [Change of Places Left to Right w/ Continuous Chasse (12 3&4; 1&2&3&4)] Rock apart L, recover R, chasse L/R, L raising joined lead hands and turning RF 1/4 to face WALL; Side R / close L, side R / close L, side R to end in Butterfly facing WALL; [W: Rock apart R, recover L, triple R/L, R turning 3/4 LF under joined lead hands; Side L/close R, side L/close R, side L/close R, side L/close R, side L;]

### Part B

#### 1-8 Chasse Roll; Rock Four w/ Claps; To Reverse Chasse Roll to Face; Point, Close Four;

- 1-2 [Chasse Roll (12 3&4; 1&2 3&4)] Rock back L in SCP, recover R, releasing hold and turning RF chasse L/R, L to back to back; Continue RF turn chasse R/L, R to face, moving down LOD chasse L/R, L to end in a V Back to Back facing RLOD;
- 3-4 [Rock Four with Clap (1-3; 1-3)] Rock back R, clap, recover L, clap; Repeat;
- 5-6 **[To Reverse Chasse Roll to Face (12 3&4; 1&2 3&4)]** Rock back R, recover L, turning LF chasse R / L, R to back to back; Continue LF turn chasse L / R, L to face, moving toward RLOD chasse R / L, R to end in OP-FGC facing partner and WALL;
- 7 8 **[Point Close Four; (1234; 1234)]** Point L toward partner, close L, point R toward partner, close R; Repeat;

**NOTE**: Finger points and / or snaps may be added.

#### 9-16 Pretzel Turn to Face; ; ; Shoulder Shove to SCP: -, -, Jive Walks; ; Merengue Four; Pattycake;

- 9 11 [Pretzel Turn (12 3&4; 1&2 34; 1&2 3&4)] Blending to loose SCP facing LOD rock back L, recover R to face, moving toward LOD chasse L / R, L then releasing right hand from Woman's back spin RF 1/2 on ball of L turning to Back to Back position; Continue moving toward LOD chasse R / L, R, cross rock XLif, recover R; Moving toward RLOD chasse L / R, L then spin LF 1/2 on ball of L turning to face Woman and WALL, chasse R / L, R to end in LOP-FCG facing WALL;
- 12 13 [Shoulder Shove to Semi (12 3&4; 1&2)] Rock apart L, recover R, lowering joined lead hands triple L / R, L turning toward DRW and pressing Man's left and Woman's right shoulders together; Back triple R / L, R turning to SCP facing LOD,
- 13 14 [Jive Walks (34; 1&2 3&4)] Rock back L, recover R; Forward Triple moving down LOD L / R, L, R / L R:
- [Merengue Four (1234)] Dropping hold and turning to face Partner and Wall in OP-FCG side L, close R, side L, close R;
- [Pattycake (1234)] Crossing arms slap opposite shoulders (left hand => right shoulder, right hand => left shoulder), slap same thighs as hands, clap, placing palms towards partner slap partner's palms;

Repeat Part A Repeat Part B

### Part C

# 1 - 8 American Spin to Handshake; -, -, Miami Special; ; Stop and Go; ; Windmill; -, -, Basic Rock with Slide;

- 1 2 [American Spin (12 3&4; 1&2)] Rock apart L, recover R, forward triple small steps L / R, L bracing with left palm; Chasse in place R / L, R to Right Handshake facing WALL; [W: Rock apart R, recover L, forward triple small steps R / L, R bracing with right palm against Man's left palm and spin RF 3/4 on ball of R at end of triple; Continue RF turn chasse L / R, L to Right Handshake;]
- 2 3 [Miami Special (34; 1&2 3&4)] Turning to face LOD rock back L, recover R turning to face WALL; Forward triple L / R, L raising joined right hands turning RF 3/4 leading Woman to turn LF under joined right hands then moving joined hands in a high loop over the Man's head, chasse R / L, R releasing hands and allowing Woman's right hand to slide down Man's left arm and continue RF turn to end in LOP LOD; [W: Turning to face LOD rock back R, recover L; Forward triple R / L, R turning LF under joined right hands, back triple L / R, L continue RF turn to LOP LOD;]

- 4-5 [Stop and Go (12 3&4; 12 3&4)] Turning LF to face Partner rock apart L, recover R, raising joined lead hands forward triple L/R, L allowing Woman to turn LF under joined lead hands and placing right hand on Woman's left shoulder blade and lowering joined lead hands; Rock forward R, recover L raising joined lead hands, back triple R/L, R removing right hand from Woman's left shoulder blade and allowing Woman to turn RF under joined lead hands to end in LOP-FCG facing COH; [W: Turning RF to face Man rock apart R, recover L, forward triple R/L, R turning LF 1/2 under joined lead hands; Rock back L small step, recover R, forward triple L/R, L turning RF 1/2 under joined lead hands to end in LOP-FCG facing WALL;]
- 6-7 **[Windmill (12 3&4; 1&2)]** Rock apart L, recover R to Butterfly Sidecar tilting lead hands down, commence LF turn forward triple L/R, L making 1/4 turn; Continue LF turn 1/4 chasse R/L, R levelling hands to end in Butterfly facing WALL;
- 7 8 **[Basic Rock with Slide (34; 1&2 3-)]** Dropping trail hands rock apart L, recover R; Chasse in place L / R, L, lowering into L knee side R sliding along floor then rising to a straight leg drawing L near R;

#### 9-16 Jerk; Swim; Plunge; Hand Jive;

- 9 10 **[Jerk (1-3; 1-3)]** Releasing hands raise arms to shoulder make fists with both hands and bend elbows at 90 degrees so that the under side of each arm is pointed towards partner with the fists over the elbows then side L and pulse arms back twice, -, close R and pulse arms forward twice; Repeat with arms already up;
- 11-12 [Swim (1---)] Side L and split weight between feet as you 'swim' towards partner with the right arm, -, left arm; Repeat with feet already apart with split weight;
- 13 14 [**Plunge**] Grab the bridge of the nose with either hand and raise the other arm straight up beside the head then wiggling your tushy slowly bend the knees while waving the raised hand; Continuing to hold the bridge of the nose and wave the free hand straight the legs;
- 15 16 **[Hand Jive]** Make fists with both hands and extend your fists at arms length in front of you then rocking on the L bump the thumb side of the fists together once, twice with an extra hip bump, rocking on to the R swing arms low behind the back and bump the thump side of the fists together once, twice with an extra hip bump; Opening the hands flat fingers together palms down cross the hands over each other with a double pulse first with one hand on top, -, then switch to the other hand on top crossing hands again with a double pulse, -;

Repeat Part A
Repeat Part B
Repeat Part C Measures 9 – 16
Repeat Part B
Repeat Part C

## **Ending**

## <u>Clap.</u>

Cutting instructions (in case dance is longer than you would like.)

Starting Song Length: 3:53

Remove from: 02:25.49 to 03:25.50

Ending Song Length: 2:53

Suggested speed: Slow down by 7% (much more and it seems to drag.)

Short Sequence: Wait A B A B C B C Clap.