

FAVORITE THINGS

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Record: BG-100 (Flip, Snowy Foxtrot) Phase VI Speed: 44 rpm 7/1/97
Sequence: INTRO, A, INTER 1, A, INTER 1, B, C, INTER 2, C MOD, INTER 2, ENDING

INTRO

1-4 WAIT 2 MEAS:-: EXPLODE: PICK-UP:

- 1-2 Wait 2 meas fc ptr & wall both hands joined low L ft free;-;
1,-,- 3 Explode to OP fc LOD by stepping away L with slight rise in R leg using the L arm to move up in front of body & up end out to sd;
1,-,- 4 Pick-up to CP DC lead with joined hnd sd R (W fwd L to fold in front of M);

PART A

1-4 THREE REVERSE TURNS:-: BACK CLOSED CHANGE:

- 1,2,3 1 Fwd L comm LF trn, sd R cont LF trn in front of W, XLIF of R (W bk R comm LF trn, sd L cont LF trn, cl R to L);
1,2,3 2 Bk R comm LF trn, sd L cont LF trn, cl R to L (W fwd L comm LF trn, sd R cont LF trn in front of M, XLIF of R);
1,2,3 3 Fwd L comm LF trn, sd R cont LF trn in front of W, XLIF of R (W bk R comm LF trn, sd L cont LF trn, cl R to L);
1,2,3 4 Bk R, sd & bk L with L shoulder lead, cl R to L;

5-8 TWO NATURAL TURNS:-: NATURAL TURN TRANSITION TO SKATERS: FENCE

LINE WITH ARMS:

- 1,2,3 5 Bk L bring R sd bk to comm RF trn, sd R cont trn, cl L to R fc LOD R shoulder lead (W fwd R comm RF trn, sd L cont trn, cl R to L);
1,2,3 6 Fwd R comm RF trn, sd L cont trn, cl R to L (W bk L bring R sd bk to comm RF trn, sd R cont trn, cl L to R) fc RLOD;
1,-,3 7 With canter action bk L trn RF,-, sd R to shadow behind W with L hnds joined (W fwd R comm RF trn, sd L cont trn, cont trn to step sd R to shadow);
1,-,- 8 Both XLIF of R DW in a fence line slowly raise R arms back of hnd twd wall;

9-12 CONTINUE ARMS.-. RECOV: BALANCE FORWARD: FWD. FWD. LOCK:

W STEP LIFT:

- ,-,3 9 Cont to develop R arm,-, push off L ft to recov R in skaters;
1,2,3 10 Sd L, XRIF of L, recov L;
1,2,3 11 Fwd & sd R, Fwd L with L shoulder lead, lk RIB of L;
1,2,- 12 Step fwd L, pt R bk (W lift R leg bk with inside of leg down twd floor with slight knee bend),-;

13-17 RUN 3: TWO TANDEM REVERSE TURNS:-:W STEP LIFT :FACE TRANSITION:

- 1,2,3 13 Run fwd 3 R, L, R;
1,2,3 14 Fwd L comm LF trn L hnds still joined overhead R arms sweep down & fwd twd LOD, sd R fc COH, cont LF trn XLIF of R;
1,2,3 15 Bk R cont LF trn joined hnds over head R arms sweep down & fwd twd RLOD, cont LF trn sd L fc wall, cont trn to skaters LOD cl R;
1,2,- 16 Step fwd L, pt R bk (W lift R leg bk with inside of leg down twd floor with slight knee bend),-;
1,2,- 17 Fwd R to fc ptr & wall, small sd L, tch R to L (W fwd R, fwd L to fc ptr, cl R to L);
W(1,2,3)

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INTERLUDE 1

1-4 EXPLODE: FACE: EXPLODE: PICK-UP:

- 1,-,- 1 Explode to LOP fc RLOD by stepping away R with slight rise in L leg using the R arm to move up in front of body & up end out to sd;
1,-,3 2 Recov L to fc ptr & wall to double hand hold,-, cl R to L;
1,-,- 3 Explode to OP fc LOD by stepping away L with slight rise in R leg using the L arm to move up in front of body & up end out to sd;
1,-,- 4 Pick-up to CP DC lead with joined hnd sd R (W fwd L to fold in front of M);

REPEAT PART A

REPEAT INTERLUDE 1 TO PICK-UP DW

PART B

1-4 HOVER: LADY TURN HOVER TRANSITION: WHEEL 3: STEP RONDE. BEHIND.

SIDE:

- 1,2,3 1 Fwd L, fwd & sd R, fwd L in SCP DC;
1,2,- 2 Rk fwd R, recov bk L, pt R bk (W fwd L, fwd R to trn LF to fc ptr, recov L)
(W 1,2,3) to join R hnds;
1,2,3 3 Wheel fwd R, L, R in CW direction (W wheel fwd R, L, R) end fc RLOD;
1,2,3 4 Step sd L to fc chg to joined L hnds as ronde R to XIB of L, XRIB of L, sd L end fc LOD rejoin R hnds;

5-8 WHEEL 3: STEP RONDE. BEHIND. SIDE: BK HOVER TRANSITION TO SHADOW:

OPEN IN & OUT RUN:

- 1,2,3 5 Wheel fwd R, L, R in CW direction (W wheel fwd R, L, R) end fc RLOD;
1,2,3 6 Step sd L to fc chg to joined L hnds as ronde R to XIB of L, XRIB of L, sd L end fc LOD rejoin R hnds;
1,-,3 7 Bk R, draw L to R, fwd L in shadow R hnds joined DW (W fwd R, fwd L
(W 1,2,3) trn RF to shadow pos behind M, fwd R);
1,2,3 8 Fwd R comm RF trn across W, sd & fwd L across W to trn to L half OP, fwd R (W fwd L, fwd R btwn M's feet, fwd L);

9-12 OPEN IN & OUT RUN: THRU. SIDE. BEHIND: ROLL 3: OPEN IN & OUT RUN:

- 1,2,3 9 Fwd L, fwd R btwn W's feet, fwd L (W fwd R comm RF trn across M, sd & fwd L across M to trn to half OP, fwd R);
1,2,3 10 Thru R, sd L, XRIB of L to touch palms of lead hnds;
1,2,3 11 Push off the palms to roll LF in 3 sd L, R, L to end in half OP fc LOD;
1,2,3 12 Fwd R comm RF trn across W, sd & fwd L across W to trn to L half OP, fwd R (W fwd L, fwd R btwn M's feet, fwd L);

13-17 OPEN IN & OUT RUN: THRU. SIDE. BEHIND: CANTER ROLLS TWICE:-:

CANTER TRANSITION TO SKATERS:

- 1,2,3 13 Fwd L, fwd R btwn W's feet, fwd R (W fwd R comm RF trn across M, sd & fwd L across M to trn to half OP, fwd R);
1,2,3 14 Thru R, sd L, XRIB of L to touch palms of lead hnds;
1,-,3 15 Push off the palms to step sd & fwd L pivot LF 1/2,-, place R ft under body & cont trn LF to fc LOD;
1,-,3 16 Fwd L pivot LF 1/2,-, place R ft under body & cont trn LF to fc LOD;
1,-,3 17 Fwd L,-, drawing R past L to step fwd R end in Skaters pos L hnds joined fc LOD (W run R, L, R);
W(1,2,3)

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PART C

1-4 FOUR SKATER REVERSE TURNS:-:-:

- 1,2,3 1 Both fwd L comm LF trn, sd R cont LF trn, XLIF of R to fc DRC;
1,2,3 2 Cont LF trn to step bk R, sd L cont LF trn, fwd R still in skaters;
1,2,3 3 Both fwd L comm LF trn, sd R cont LF trn, XLIF of R to fc DRC;
1,2,3 4 Cont LF trn to step bk R, sd L cont LF trn, fwd R still in skaters;

5-8 RUN 3: THREE SKATER NATURAL TURNS:-:-:

- 1,2,3 5 Both run fwd in skaters, L, R, L;
1,2,3 6 Both fwd R comm RF trn, sd & fwd L cont RF trn, cl R to L fc RLOD;
1,2,3 7 Cont RF trn to step bk L, sd R cont RF trn, fwd L still in skaters;
1,2,3 8 Both fwd R comm RF trn, sd & fwd L cont RF trn, cl R to L fc RLOD;

9-12 HEEL PULL (W CANTER TO OPEN): OPEN CROSS RUNS 6:-: CROSS FRONT.

RECOV. SIDE:

- 1,-,3 9 Bk L, draw R to L, place wgt on R trn RF to end OP fc COH (W bk L, draw R past L, sd R twd LOD);
1,2,3 10 Both XLIF of R to fc DC, sd R, XLIF of R;
1,2,3 11 Sd R, XLIF of R, sd R;
1,2,3 12 Both balance XLIF of R, recov R, sd L still in OP fc COH;

13-16 CROSS FRONT. RECOV. RONDE: HOOK TURN: LADY UNDERARM TURN:

BALANCE RIGHT:

- 1,2,- 13 Both balance XRIF of L, recov L, ronde R CW to XIB of L;
1,2,3 14 With wgt on both feet unwind 1 & 1/4 RF to fc LOD lead hnds joined & high L ft free (W unwind 3/4 to fc ptr R ft free);
1,2,3 15 Balance sd L, XRIB of L, recov L (W underarm trn RF fwd R, cont RF trn L, R to fc ptr) in BFLY;
1,2,3 16 Balance sd R, XLIB of R, recov R to pick-up;

INTERLUDE 2

1-4 3 FIFTH POSITION BREAKS:-:-: LADY TURN TO SKATERS TRANSITION:

- 1,2,3 1 Fwd L with body trn L, rock sd & fwd R partial wgt, recov L trn body bk to fc LOD (W bk R with body trn L, XLIB of R, recov R to pick-up);
1,2,3 2 Fwd R with body trn RF, rock sd & fwd L partial wgt, recov R body bk to fc LOD (W bk L with body trn R, XRIB of L, recov L to pick-up);
1,2,3 3 Fwd L with body trn L, rock sd & fwd R partial wgt, recov L trn body bk to fc LOD (W bk R with body trn L, XLIB of R, recov R to pick-up);
1,2,3 4 Fwd R with body trn RF, rock sd & fwd L, recov R to skaters pos LOD
1,2,- 5 (W bk L with with body trn RF, cont RF trn sd R, pt L in skaters);

C MODIFIED

1-4 FOUR SKATER REVERSE TURNS:-:-:

- 1,2,3 1 Both fwd L comm LF trn, sd R cont LF trn, XLIF of R to fc DRC;
1,2,3 2 Cont LF trn to step bk R, sd L cont LF trn, fwd R still in skaters;
1,2,3 3 Both fwd L comm LF trn, sd R cont LF trn, XLIF of R to fc DRC;
1,2,3 4 Cont LF trn to step bk R, sd L cont LF trn, fwd R still in skaters;

5-8 RUN 3: THREE SKATER NATURAL TURNS:-:-:

- 1,2,3 5 Both run fwd in skaters, L, R, L;
1,2,3 6 Both fwd R comm RF trn, sd & fwd L cont RF trn, cl R to L fc RLOD;
1,2,3 7 Cont RF trn to step bk L, sd R cont RF trn, fwd L still in skaters;
1,2,3 8 Both fwd R comm RF trn, sd & fwd L cont RF trn. cl R to L fc RLOD;

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9-11 HEEL PULL LADY CANTER TO OP: OPEN CROSS RUNS 6:-:

- 1,-,3 9 Bk L, draw R to L, place wgt on R trn RF to end OP fc COH (W bk L, draw R past L, sd R twd LOD);
1,2,3 10 Both XLIF of R to fc DC, sd R, XLIF of R;
1,2,3 11 Sd R, XLIF of R, sd R;

12-13 FENCE LINE WITH ARMS: RECOV LADY ARM & LOOK AT PTR:-:

- 1,-,- 12 XLIF of R in OP in fence line free arm rolls down & bk (W down & fwd);
1,-,-, 13 Recov R draw L to R (W recov R to raise free arm over head & look at ptr then sweep arm bk down to look away from ptr);

14-18 CROSS FRONT, RECOV. SIDE: CROSS FRONT, RECOV. RONDE: HOOK TRN: LADY UNDERARM TURN: BALANCE RIGHT:

- 1,2,3 14 Both balance XLIF of R, recov R, sd L still in OP fc COH;
1,2,- 15 Both balance XRIF of L, recov L, ronde R CW to XIB of L;
1,2,3 16 With wgt on both feet unwind 1 & 1/4 RF to fc LOD lead hnds joined & high L ft free (W unwind 3/4 to fc ptr R ft free);
1,2,3 17 Balance sd L, XRIB of L, recov L (W underarm trn RF fwd R, cont RF trn L, R to fc ptr) in BFLY;
1,2,3 18 Balance sd R, XLIB of R, recov R to pick-up;

REPEAT INTERLUDE 2

ENDING

1-4 WOMAN TURNING HOVER: BOLERO WHEEL 3: LADY TURN TO SKATERS:

EXTEND THE FENCE LINE WITH ARMS AS MUSIC FADES:

- 1,2,3 1 Fwd L, bk R with hover action, recov fwd L (W fwd L, fwd R with LF trn twd ptr, fwd L) to bolero BJO;
1,2,3 2 Wheel 3 both fwd with R, L, R;
1,2,- 3 As music slows continue wheel L, R, to fc LOD in skaters (W fwd L to trn RF rolling to skaters, sd R in skaters);
4 Slowly XLIF of R for both in shadow fence line and raise the R arm slowly twd the wall with the back of hand up until music fades;