

Wade In The Water

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MUSIC: Wade In The Water (Track 2 from Songbird by Eva Cassidy)
RHYTHM: West Coast Swing **TIME @ BPM:**
PHASE (+): V
FOOTWORK: Opposite unless indicated [*W: Woman's foot in italics*]
SEQUENCE: **Introduction A B C B C D B C E A D (1 – 15)**
NOTE: Many of the figures split measures. To indicate this the following notation is used:
1 – 2 : figure requires two measures, not split, (8 beats)
1 –)2 : figures requires 1 and 1/2 measures, all of the first measure (4 beats), first half of second (2 beats) (6 beats total)
(2 – 3: figures requires 1 and 1/2 measures, second half of first measure (2 beats), all of second (4 beats) (6 beats total)
(2 –)4: figures requires 2 measures, second half of first measure (2 beats), all of second measure (4 beats), and first half of third measure (2 beats) (8 beats total)

Introduction

1 – 8 Wait; ; Side, Snap, Side, Snap; Side, Snap, Side, Snap; Forward, Point Thru, Thru, Point Forward; Forward, Point Thru, Thru, Point Forward; Lunge / Sit, Freeze; Side Pass Ending;

- 1 – 2 Wait with lead feet free Man facing WALL and Partner, no hands for two measures; ;
3 – 4 [Side Snaps (1-3-5-7-)] Side L leaning left shoulder slightly toward partner, snap fingers, side R leaning right shoulder slightly toward partner, snap fingers; Repeat measure 3;
5 – 6 [Walks and Points (1-3-5-7-)] Blending to SCP facing LOD forward L in SCP, point R thru, step thru R, point L forward in SCP; Repeat measure 5;
7 [Man Lunge / Woman Sit, Freeze (1)] Releasing R hand from Woman's back and moving LOD lunge side and back L leaving R extended toward RLOD body facing DWR, freeze;
[W: Rock back R SIT, freeze;]
8 [Side Pass Ending (12 3&4)] Recover forward R toward RLOD leading Woman to pass in front of Man, turning to face WALL close L to R, triple R / L, R turning to face LOD in LOFP;
[W: Forward L toward LOD turning LF, continue LF turn back R, back triple L / R, L;]

Part A

1 – 8 Tuck and Turn (6); -, -, Underarm Turn (6), -; ; Side Pass Tuck and Turn (6); -, -, Texas Tommy Freeze (10); ; ; Swivels (4);

- 1 -)2 [Tuck and Turn (12 -4 5&6)] Back L, close R to L, touch L to R raising joined lead hands, forward L; Triple in place R / L, R to end in LOFP Man facing LOD,
[W: Forward R, forward L, touch R to L, forward R toward DC then spin RF on R turning under joined lead hands; Continue RF spin triple L / R, L,]
(2-3 [Underarm Turn (12 3&4 5&6)] Back L, forward R out of the slot and raising joined lead hands; Forward L / basketball style turn 1/2 RF recover R, forward L toward RLOD, forward triple R / L, R to end in LOFP Man facing RLOD;
[W: Forward R, forward L; Forward triple R / L, R passing under joined lead hands and turning 1/2 LF on last step, back triple L / R, L;]

- 4-5 [Side Pass Tuck and Turn (12 -4 5&6)] Turning LF side L down LOD, close R to L now facing DW, touch L to R raising joined lead hands, forward L toward LOD; Triple in place R / L, R ending in LOFP Man facing LOD;
[W: Forward R, forward L, swivel on L to face DC and touch R to L, forward R toward LOD spin RF on R turning under joined lead hands; Continue RF spin triple L / R, L]
- (5-7 [Texas Tommy and Freeze (12 3&4 567---)] Back L, forward R out of the slot placing R hand on Woman's left shoulder blade; Forward L / basketball style turn 1/2 RF recover R, forward L toward RLOD wide step now in CP and place Woman's right hand in Man's right hand behind Woman's back, close R to L and spin RF 1/2, forward L toward LOD; Allowing Woman to spin side R while switching Woman's right hand back to Man's left hand to end in LOFP Man facing LOD, freeze, hold, hold;
[W: Forward R, forward L swivel 1/2 RF L; Back R / close L to R, forward R between Man's feet now in CP and pivot 1/2 RF on R, back L continue RF solo pivot to face LOD, forward R continue RF solo pivot 1/2; Side L, freeze in LOP facing Woman facing RLOD, hold, hold;]
- 8 [Swivel (-2-4)] Swivel LF on R pulling L near R and pointing L DC, forward L, swivel RF on L pulling R near L and pointing R DW, forward R;
[W: Swivel RF on L pulling R near L and pointing R DCR, forward R, swivel LF on R pulling L near R and pointing L DWR, forward L;]

Part B

- 1 - 4 Inside Turn to Whip with Outside Turn and Drift (8); ; Whip to SCP LOD (8); ; Fallaway Rock, Recover, Spiral, Thru (4); Front Limp Three, -, Cross Check (4), -; '&' Cross Check, -, '&' Cross Check (4), -; Syncopated Limp (4);**
- 1 - 2 [Inside Turn to Whip w/ Outside Turn and Drift (12 3&4 56 7-)] Back L, forward R out of the slot placing R hand on Woman's left shoulder blade and raising joined lead hands, forward L / basketball style turn 1/2 RF recover R, forward L toward RLOD wide step now in CP; Close R to L and spin RF 1/2 raising joined lead hands, forward L toward LOD allowing Woman to turn under joined lead hands, replace weight to R extending joined lead hands, allow connection to stretch ending in LOFP Man facing LOD;
[W: Forward R, forward L commence LF turn under joined lead hands, side R toward RLOD continue LF turn / close L to R now facing RLOD, forward R between Man's feet now in CP and pivot 1/2 RF on R; Back L continue RF solo pivot turning under joined lead hands, forward R continue RF pivot 1/4, side L toward RLOD, continue RF turn as connection stretches;]
- 3 - 4 [Whip to SCP (12 3&4 56 7&8)] Back L, forward R out of the slot placing R hand on Woman's left shoulder blade, forward L / basketball style turn 1/2 RF recover R, forward L toward RLOD wide step now in CP; Close R to L and spin RF 1/2, forward L toward LOD continue RF turn, side triple R / L, R to end in SCP facing LOD;
[W: Forward R, forward L swivel 1/2 RF L, back R / close L to R, forward R between Man's feet now in CP and pivot 1/2 RF on R; Back L continue RF turn still in CP, forward R between Man's feet continue RF turn, side triple L / R, L to end in SCP;]
- 5 - 6 [Fallaway Rock and Spiral Thru Front Limp and Cross Check (1234 5&6 7-)] Rock back L in SCP, recover R, side L toward LOD releasing hand hold and spiral RF 3/4 rising *[W: spiral LF]*, forward R taking SCP; Side L / R XIF of L *[W: L XIF of R]*, forward L still in SCP, cross check thru R, hold;
- 7 - 8 [Slow Cross Checks Syncopated Cross Checks (&1- &3- &1&2&3&4)] Side L in SCP / cross check thru R, -, side L in SCP / cross check thru R, -; Side L in SCP / cross check thru R, side L in SCP / cross check thru R, side L in SCP / cross check thru R, side L in SCP / cross check thru R, side L in SCP / cross check thru R, side L in SCP / cross check thru R;

Part C

1 – 8 Fallaway Rock to Throwout with Extra Roll (8) into Triple Traveller with Spin (12); ; ; ; ; Surprise Whip and Freeze (8); ; Underarm Basketball Turn and Drift (4);

- 1 - 2 [Fallaway Rock to Throwout w/ Extra Roll (12 3&4 56 7&8)] Rock back L in SCP, recover R, forward triple L / R, L releasing R hand from Woman's back moving LOD; side R toward LOD and spiral LF, forward L toward LOD, triple forward R / L, R to end right and to right hand right side leading moving LOD;
[W: Rock back R in SCP, recover L commence LF turn, triple R / L, R turning in front of Man; Continue LF turn forward L toward LOD rolling LF, forward R continue LF turn to end backing LOD with left side leading, back triple L / R, L;]
- 3 - 5 [Triple Traveller with Rolls (12 3&4 5&6 7&8 9 10 11 & 12)] Commence RF turn forward L toward LOD then spiral RF, forward R toward LOD, triple L / R, L to end left hand to left hand position left side leading; Turning LF to right hand to right hand position right side leading triple R / L, R, turning RF to left hand to left hand position left side leading triple L / R, L; Turning LF forward R toward LOD spiral LF, forward L toward LOD, triple forward R / L, R to end in LOFP Man facing LOD;
[W: Turning RF forward R toward LOD pivot RF 1/2, back L toward LOD, back triple R / L, R to end in left hand to left hand position; Back triple turning LF L / R, L to right hand to right hand position, back triple turning RF R / L, R to left hand to left hand position; Turning LF forward L toward LOD roll LF 1/2, back R toward LOD, back triple L / R, L;]
- 6 - 7 [Surprise Whip and Freeze (12 3&4 5---)] Back L, forward R out of the slot placing R hand on Woman's left shoulder blade, forward L / basketball style turn 1/2 RF recover R, forward L toward RLOD wide step now in CP; Turning Woman to SCP cross check forward R toward RLOD, freeze, -, -;
[W: Forward R, forward L swivel 1/2 RF L, back R / close L to R, forward R between Man's feet now in CP and pivot 1/2 RF on R; Back L checking leaving R leg extended forward toward RLOD, freeze, -, -;]
- 8 [Underarm Basketball Turn and Drift (1234)] Forward L toward RLOD raising joined lead hands and releasing right hand from Woman's back basketball style turn 1/2 RF, recover forward R now facing LOD, forward L checking, replace weight back R to end in LOFP Man facing LOD;
[W: Forward R basketball style turn LF 1/2 under joined lead hands, recover forward toward LOD continue LF turn 1/2, back R toward LOD, back L to end in LOFP;]

Part D

1 – 8 Underarm Turn with Ronde (8); ; Underarm Turn with Slide (8); ; Fallaway Rock, Recover, Man's Inside Turn to Open (8); ; Lunge and Freeze (4); Side, Tap, Syncopated Side Taps (4);

- 1 - 2 [Underarm Turn with Ronde (12 3&4 -7&8)] Back L, forward R out of the slot and raising joined lead hands, forward L / basketball style turn 1/2 RF recover R, forward L toward RLOD and ronde R CW; Continue CW ronde of R, -, triple in place R / L, R to end in LOFP Man facing RLOD;
[W: Forward R, forward L, forward triple R / L, R passing under joined lead hands and turning 1/2 LF on last step then ronde L CCW; Continue CCW ronde of L, -, small back triple L / R, L;]
- 3 – 4 [Underarm Turn with Slide (12 3&4 5---)] Back L, forward R out of the slot and raising joined lead hands, turning RF to face COH rock side L / recover R, L XIF of R moving toward LOD; Side R and slide toward LOD to end in loose CP Man facing COH;
[W: Forward R, forward L, forward triple R / L, R passing under joined lead hands and turning 1/2 LF on last step; Continue LF turn 1/4 then step side L toward LOD and slide;]

- 5 – 6 [Fallaway Rock Man's Inside Turn to Open (12 3&4 56 7&8)] Rock back L in SCP, recover R, raising joined lead hands rock side L / recover R, close L to R leading Woman to circle Man while Man moves joined lead hands left then behind his head then over his head to a Man's wrap position; Joining trailing hands in front of Man rock side R, recover L and spin 1/2 LF, continue LF turn triple in place R / L, R to end in OP Man facing COH;
[W: Rock back R in SCP, recover L, run R / L, R in a tight circle LF around Man to end behind Man and facing LOD; Forward L behind Man's back, turning to face COH close R to L, triple in place L / R, L;]
- 7 [Lunge/Freeze (1---)] Rock apart L and freeze;
- 8 [Side, Tap, Syncopated Side Taps (12 &3&4)] Side R toward Partner, tap L to R, side L / tap R to L, side R / tap L to R;
- 9 - 16 Rock Apart, Recover, Triple Change Sides (Man passes behind) (4); Rock Apart, Recover, Triple Change Sides (Man passes in front) (4); Rock Apart, Recover, Triple Change Sides (Man passes behind) (4); Rock Apart, Recover, Triple Change Sides (Man passes in front) (4); Sugar Push Both Spin (6); -, -, Inside Turn (2); Lunge / Sit, Freeze (4); Side Pass Ending (4);**
- 9 [Rock Apart, Recover, Triple Change Sides (12 3&4)] Rock side L, recover side and slightly back R, triple L XIF of R / side R, L XIF of R Man passing behind Woman to end in LOP facing COH;
[W: Rock side R, recover side and slightly forward L, triple R XIF of L / side L, R XIF of L;]
- 10 [Rock Apart, Recover, Triple Change Sides (12 3&4)] Rock side R, recover side and slightly forward L, triple R XIF of L / side L, R XIF of L Man passing in front of Woman to end in OP Man facing COH;
[W: Rock side L, recover side and slightly back R, triple L XIF of R / side R, L XIF of R to end in LOP facing COH;]
- 11 – 12 Repeat the action of Measures 9 and 10 from Part D.
- 13 -)14 [Sugar Push Both Spin (12 -4 5&6)] Rock apart L, recover R turning RF to face Partner and LOD, touch L to R, turning LF step forward L toward DCR; Continue LF turn triple R / L, R to end in LOFP Man facing LOD,
[W: Rock apart R, recover L turning LF to face Partner and RLOD, touch R to L, turning RF step forward R toward DC; Continue RF turn triple L / R, L to end in LOFP,]
- (14 – 15 [Inside Turn, Lunge/Sit Freeze (123---)] Back L, forward R out of the slot and raising joined lead hands; Lunge side and back L leaving R extended toward RLOD body facing DWR, freeze;
[W: Forward R, forward L swivel 1/2 LF L under joined lead hands; Back R sit, freeze;]
- NOTE: Second time thru Part D hold this position as music fades.
- 16 Repeat the action from Measure 8 of the Introduction.

Part E

- 1 - 8 Sugar Out Out In In (4); Sugar Push (6); -, -, Whip (8); ; -, -, Wrapped Whip and Freeze (10); ; ; Kick / Step, Kick / Step, Kick / Ball, Change;**
- 1 [Sugar Out Out In In (12&3&4)] Back L, close R to L, side L / side R, step L under body / close R to L;
[W: Forward R, forward L, side R / side L, step R under body / close L to R;]
- 2 -)3 [Sugar Push (12 -4 5&6)] Back L, close R to L, touch L to R, forward L; Triple in place R / L, R to end in LOFP Man facing LOD,
[W: Forward R, forward L, touch R to L, back R; Back triple L / R, L,]
- (3 -)5 [Whip (12 3&4 56 7&8)] Back L, forward R out of the slot placing R hand on Woman's left shoulder blade; Forward L / basketball style turn 1/2 RF recover R, forward L toward RLOD wide step now in CP, spinning on L close R to L to face LOD, forward L releasing right hand from Woman's back; Triple R / L, R to end in LOFP Man facing LOD,
[W: Forward R, forward L swivel 1/2 RF L; Back R / close L to R, forward R between Man's feet now in CP and pivot 1/2 RF on R, back L, back R; Triple back L / R, L,]

- (5- 7) [Wrapped Whip and Freeze (12 3&4 56 &7---)] Back L, forward R out of the slot raising joined lead hands and joining trailing hands low; Forward L / basketball style turn 1/2 RF recover R, forward L toward RLOD now in Wrapped Position facing RLOD, releasing trailing hands spin on L then close R to L to face LOD, forward L; Forward R wide / side L weight between feet and freeze in LOFP Man facing LOD lead hands joined, -, -, -;
[W: Forward R, forward L; Forward R / close L to R, back R now in Wrapped Position, back L, back R; Back L wide step / side R weight between feet and freeze, -, -, -;]
- 8 [3 Kicks Ball Change (&1&2 3&4)] Kick L forward / close L to R, kick R forward / close R to L, kick L forward, back L small step (ball), replace weight to R;

Wade In The Water (Traditional Negro Spiritual as interpreted by Eva Cassidy)	
<p>Refrain: Wade in the Water Wade in the Water, Children Wade in the Water God's gonna trouble the Water</p> <p>Who's that yonder dressed in red Wade in the Water Must be the Children that Moses led And God's gonna trouble the Water</p> <p>Who's that yonder dressed in white Wade in the Water Must be the Children of the Israelites Oh, God's gonna trouble the Water</p> <p>Who's that yonder dressed in blue Wade in the Water Must be the Children that's coming through God's gonna trouble the Water</p> <p>If you don't believe I've been redeemed Wade in the Water Just see the Holy Ghost looking for me God's gonna trouble the Water</p>	<p>In commenting on different versions of this song observers have noted that it was sung in encouragement and celebration of the spirit of Africans in bondage as they participated in the Christian rite of baptism by immersion.</p> <p>The underlying meaning is instructions to runaway slaves on how to avoid being tracked by bloodhounds, literally to wade in the water.</p> <p>The references to Red, White and Blue in this modern version are taken as references to the colors of the flag of the United States.</p> <p>Moses is Harriet Tubman, an escaped slave responsible for freeing over 300 slaves using the “underground railroad”.</p> <p>In some versions of the song the river is explicitly the Jordan, however the likely a coded reference to the Ohio River, which when crossed would put a runaway slave into free territory.</p> <p>The phrase “God’s gonna trouble the Water” is taken from John 5:4 “For an angle went down at a certain time into the pool and troubled the water. Then whosoever first stepped in after the troubling of the water was made whole of whatsoever disease he had.”</p>